P153397 Internal – Youth & Technology

Q103: On average, how many hours each day do you spend on social media platforms (e.g., scrolling, posting)? If you are not sure, please provide your best estimate. If you spend less than one hour on social media each day, please enter 1.

			Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	100%	100%	100%	100%	100%	100%	100%	100%	100%	
NET: Below average usage (3 hours or less)	38%	38%	38%	40%	37%	43% HI	35% i	34% i	25%	
NET: Average usage (4-6 hours)	39%	40%	37%	39%	39%	39%	40%	38%	33%	
NET: Above average usage (7+ hours)	23%	22%	24%	21%	24%	18%	25% f	28% F	42% FGH	
1 hour or less	6%	5%	7%	5%	7%	7%	6%	5%	7%	
2 hours	17%	17%	17%	19%	15%	21% gHI	15% i	13% i	7%	
3 hours	15%	16%	14%	15%	15%	15%	15%	15%	11%	
4 hours	15%	15%	15%	16%	15%	17%	13%	14%	15%	
5 hours	14%	16%	13%	14%	14%	13%	18% i	15%	10%	
6 hours	9%	10%	9%	9%	10%	10%	10%	9%	8%	
7 hours	4%	4%	3%	3%	5%	3%	5%	5%	5%	
8 hours	7%	6%	7%	7%	6%	7%	7%	6%	6%	

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Q103: On average, how many hours each day do you spend on social media platforms (e.g., scrolling, posting)? If you are not sure, please p your best estimate. If you spend less than one hour on social media each day, please enter 1.

		A	ge	Gender		Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
9 hours	2%	2%	1%	1%	2%	1%	1%	2%	4%	
10 hours or more	11%	10%	12%	10%	12%	7%	12% f	15% F	27% FGH	
Prefer not to say	3%	2%	3%	3%	2%	4% H	1%	1%	2%	

Table Base: USES SOCIAL MEDIA

Q105: Which of the following are reasons why you use social media? Please select all that apply.

			Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1003	N=473	N=530	N=497	N=481	N=488	N=239	N=514	N=181	
Total (Unweighted)	N=1001	N=414	N=587	N=460	N=516	N=496	N=224	N=505	N=185	
Entertainmen t source (e.g., videos, memes)	76%	82% C	71%	73%	79% d	76%	74%	76%	72%	
To pass time	69%	72%	66%	70%	68%	73% hl	69%	66%	61%	
To feel connected to people that I know	53%	51%	54%	47%	59% D	54%	53%	51%	46%	
Information source (e.g., news, trends)	51%	52%	49%	50%	51%	52%	52%	50%	43%	
Communicati on tool	46%	44%	47%	45%	46%	53% GHI	40%	39%	34%	
To feel connected to the rest of the world	44%	41%	46%	45%	43%	44%	42%	43%	37%	
Inspiration source (e.g., style ideas, room design)	42%	43%	41%	34%	50% D	38%	48% F	46% F	39%	

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Q105: Which of the following are reasons why you use social media? Please select all that apply.

			Age		Gender	Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Force of habit	34%	37%	31%	31%	37%	36% i	33%	32%	27%
To keep up with my network (e.g., day-to-day activities, major milestones)	33%	31%	36%	33%	33%	34%	36%	32%	27%
To express myself	33%	29%	36% b	30%	37% d	30%	36%	36% f	42% F
Social pressure (e.g., fear of missing out, all my friends are on social media)	20%	22%	18%	17%	24% D	20%	19%	20%	21%
To fit in with other people my age	18%	20%	17%	20%	17%	20%	16%	17%	15%
To show off	6%	3%	8% B	6%	6%	5%	6%	6%	9%
Other reason(s) not listed here	3%	3%	2%	3%	2%	3%	2%	2%	2%

Table Base: USES SOCIAL MEDIA

Q106: Which one of the following best describes how you feel about your overall social media usage (e.g., time spent, level of participation)?

			Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1003	N=473	N=530	N=497	N=481	N=488	N=239	N=514	N=181	
Total (Unweighted)	N=1001	N=414	N=587	N=460	N=516	N=496	N=224	N=505	N=185	
I wish I was more engaged.	13%	10%	15%	13%	12%	10%	18% F	15% f	18% F	
I am satisfied with my current level of engagement.	49%	45%	51%	51%	46%	48%	48%	49%	54%	
I wish I was less engaged.	32%	35%	29%	26%	38% D	35% I	30%	29%	22%	
My level of engagement is unimportant to me.	7%	9% C	5%	9% E	5%	8%	5%	7%	6%	

Table Base: USES SOCIAL MEDIA

Q107: Which of the following steps, if any, have you ever taken to limit your social media usage (e.g., time spent, level of participation)?

			Age		Gender	Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1003	N=473	N=530	N=497	N=481	N=488	N=239	N=514	N=181
Total (Unweighted)	N=1001	N=414	N=587	N=460	N=516	N=496	N=224	N=505	N=185
Unfollow or mute an account	42%	42%	42%	38%	45% d	44% I	45% i	40%	34%
Delete a social media app (i.e., from a smartphone or tablet)	40%	45% C	35%	39%	39%	41%	39%	38%	37%
Disable out-of-app notifications (e.g., emails, push notifications)	36%	36%	35%	35%	35%	39% gh	31%	32%	33%
Disable in-app notifications (e.g., event reminders, post alerts)	32%	35%	29%	33%	30%	34%	33%	30%	27%

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Q107: Which of the following steps, if any, have you ever taken to limit your social media usage (e.g., time spent, level of participation)?

			Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Set self-imposed time limits on use	32%	34%	29%	31%	32%	32%	31%	32%	29%	
Temporarily deactivate a social media account	30%	30%	30%	26%	33% d	28%	26%	32%	40% FGh	
Use timer tools to set time limits on use	19%	19%	20%	17%	21%	19%	20%	20%	16%	
Permanently deactivate a social media account	17%	18%	16%	18%	15%	17%	16%	16%	14%	
Other step(s) not listed here	4%	5%	3%	5%	3%	3%	4%	5%	5%	
N/A - I have never taken steps to limit my social media usage.	17%	15%	19%	18%	16%	20% hi	14%	15%	12%	

Table Base: USES SOCIAL MEDIA

Jealousy

			Age		Gender	Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Yes	52%	54%	50%	45%	59% D	56% HI	50%	48%	46%	
No	48%	46%	50%	55% E	41%	44%	50%	52% F	54% F	

Confidence

			Age		Gender	Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Yes	65%	64%	66%	63%	67%	61%	65%	69% F	80% FGH	
No	35%	36%	34%	37%	33%	39% HI	35% I	31% 	20%	

Addicting

			Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Yes	82%	86% C	78%	79%	85% D	82% i	84% i	82% i	75%	
No	18%	14%	22% B	21% E	15%	18%	16%	18%	25% fgh	

Inspiring

		A	ge	Ger	der		Race & I	Ethnicity	
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Yes	84%	83%	84%	80%	87% D	82%	85%	86%	92% Fgh
No	16%	17%	16%	20% E	13%	18% 	15% i	14% i	8%

Anxiety

			Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Yes	52%	54%	50%	43%	60% D	55%	51%	49%	52%	
No	48%	46%	50%	57% E	40%	45%	49%	51%	48%	

Connection

			Age		Gender	Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Yes	91%	91%	90%	88%	92% d	88%	94% f	93% F	95% F	
No	9%	9%	10%	12% e	8%	12% gHI	6%	7%	5%	

Isolation

		A	ge	Ger	ider	Race & Ethnicity			
	Total A	Total 18-22 23-27 C			woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any) I
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
No	57%	55%	59%	57%	57%	57%	60%	57%	53%
Yes	43%	45%	41%	43%	43%	43%	40%	43%	47%

Depressing

			Age		Gender Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
No	51%	45%	57% B	53%	48%	49%	55%	53%	51%
Yes	49%	55% C	43%	47%	52%	51%	45%	47%	49%

Insecurity

		A	ge	Ger	nder		Race &	Ethnicity	
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Yes	54%	53%	54%	47%	60% D	57%	54%	51%	48%
No	46%	47%	46%	53% E	40%	43%	46%	49%	52%

Нарру

		A	ge	Ger	nder		Race & l	Ethnicity	
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any) I
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Yes	76%	75%	78%	75%	78%	73%	78%	79% f	86% Fg
No	24%	25%	22%	25%	22%	27% hl	22% i	21%	14%

Overwhelming

			Age Gender					Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)		
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181		
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186		
Yes	54%	55%	53%	46%	61% D	56%	52%	52%	52%		
No	46%	45%	47%	54% E	39%	44%	48%	48%	48%		

Frustration

		A	ge	Gen	ider	Race & Ethnicity			
	Total 18-22 23-27 C			Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any) I
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
No	57%	55%	59%	57%	59%	55%	60%	60%	55%
Yes	43%	45%	41%	43%	41%	45%	40%	40%	45%

Safe

			Age		Gender	Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
No	55%	58%	52%	47%	62% D	58% 	51%	52%	44%	
Yes	45%	42%	48%	53% E	38%	42%	49%	48%	56% F	

Anger

		A	ge	Ger	nder	Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any) I
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
No	69%	67%	70%	69%	69%	69%	70%	69%	65%
Yes	31%	33%	30%	31%	31%	31%	30%	31%	35%

Boredom

			Age		Gender		Race &	Ethnicity	
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Yes	57%	60%	54%	54%	59%	60% G	49%	55%	57%
No	43%	40%	46%	46%	41%	40%	51% F	45%	43%

Entertaining

			Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Yes	94%	95%	93%	92%	96% D	94%	94%	94%	94%	
No	6%	5%	7%	8% E	4%	6%	6%	6%	6%	

Empowering

			Age		Gender	Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Yes	57%	53%	60% b	57%	57%	52%	58%	61% F	68% Fg	
No	43%	47% C	40%	43%	43%	48% HI	42% i	39%	32%	

My emotional health (e.g., mood, self-esteem)

			Age		Gender	Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Net: Positive impact	45%	42%	48%	51% E	40%	42%	51% f	48%	51% f	
Very positive impact	15%	13%	17%	20% E	11%	14%	13%	16%	22% fg	
Somewhat positive impact	30%	29%	31%	31%	29%	27%	37% F	33%	30%	
Net: Negative impact	37%	39%	36%	31%	44% D	42% GHI	30%	34%	30%	
Somewhat negative impact	31%	31%	30%	23%	38% D	35% GHI	25%	27%	22%	
Very negative impact	7%	8%	5%	8%	6%	7%	5%	6%	7%	
No impact	17%	19%	16%	18%	17%	17%	20%	18%	19%	

My behavioral health (e.g., attention span, coping mechanisms)

			Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Net: Positive impact	39%	36%	40%	45% E	33%	33%	45% F	44% F	48% F	
Very positive impact	13%	11%	15% b	17% E	10%	9%	17% F	17% F	16% F	
Somewhat positive impact	25%	26%	25%	28%	22%	24%	28%	27%	32% f	
Net: Negative impact	42%	43%	40%	38%	45% d	46% gHI	38% I	37% 	26%	
Somewhat negative impact	31%	31%	31%	26%	35% D	35% GHI	26%	26%	20%	
Very negative impact	11%	13%	9%	11%	11%	11%	12% i	11% i	6%	
No impact	20%	20%	20%	17%	22%	21%	17%	19%	26% g	

My physical health (e.g., activity level, diet)

			Age		Gender		Race &	Ethnicity		
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Net: Positive impact	38%	31%	43% B	39%	37%	35%	40%	41%	44% f	
Very positive impact	14%	9%	18% B	16% e	11%	11%	14%	16% f	20% F	
Somewhat positive impact	24%	22%	26%	23%	26%	23%	26%	24%	24%	
Net: Negative impact	34%	38% c	30%	32%	35%	37% I	34% i	31%	24%	
Somewhat negative impact	27%	29%	24%	24%	29%	28% i	27%	25%	20%	
Very negative impact	7%	8%	6%	8%	6%	8% i	7%	6%	4%	
No impact	28%	31%	26%	29%	28%	29%	26%	28%	32%	

My social health (e.g., social skills, relationships)

			Age		Gender	Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Net: Positive impact	61%	61%	61%	63%	59%	62%	58%	60%	62%
Very positive impact	20%	17%	23% b	23% e	17%	18%	18%	22%	30% FG
Somewhat positive impact	41%	43%	38%	40%	42%	44% hI	40%	37%	32%
Net: Negative impact	23%	22%	25%	22%	24%	26% hl	22%	21%	17%
Somewhat negative impact	18%	18%	18%	16%	20%	20%	18%	16%	14%
Very negative impact	5%	5%	6%	6%	5%	7%	4%	4%	4%
No impact	16%	17%	15%	15%	17%	12%	20% F	20% F	21% F

Myself overall

			Age		Gender		Race &	Ethnicity	
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Net: Positive impact	52%	51%	53%	57% E	47%	51%	52%	53%	58%
Very positive impact	18%	16%	19%	23% E	13%	15%	19%	20%	27% F
Somewhat positive impact	34%	35%	34%	34%	34%	35%	33%	33%	32%
Net: Negative impact	29%	27%	30%	25%	32% d	32% HI	27% 	25% i	17%
Somewhat negative impact	24%	22%	27%	20%	28% D	26% I	25% 	23%	13%
Very negative impact	4%	5%	4%	5%	4%	6% gH	2%	3%	4%
No impact	19%	22% C	17%	18%	21%	17%	21%	22%	25% f

My generation overall

			Age		Gender	Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Net: Positive impact	33%	28%	37% B	34%	32%	31%	34%	34%	40% f
Very positive impact	12%	11%	13%	14%	10%	10%	14%	14%	13%
Somewhat positive impact	21%	17%	24% B	20%	22%	21%	20%	20%	27%
Net: Negative impact	59%	64% C	54%	58%	59%	64% gHI	54% 	54% 	41%
Somewhat negative impact	29%	31%	28%	29%	30%	31% i	27%	27%	23%
Very negative impact	30%	33% c	26%	30%	29%	33% I	27% i	27% i	18%
No impact	9%	8%	9%	8%	10%	5%	11% F	12% F	19% Fgh

Society overall

			Age		Gender	Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Net: Positive impact	32%	28%	36% B	31%	32%	29%	36% f	35% f	37% f
Very positive impact	13%	11%	15%	17% E	10%	10%	15%	16% F	18% F
Somewhat positive impact	19%	17%	21%	15%	23% D	19%	21%	19%	19%
Net: Negative impact	60%	67% C	55%	62%	59%	67% GHI	53%	54%	48%
Somewhat negative impact	31%	35% C	28%	32%	31%	35% gH	26%	27%	27%
Very negative impact	29%	32%	27%	30%	29%	32% 	27%	27%	21%
No impact	8%	5%	10% B	7%	8%	4%	11% F	11% F	15% F

The internet

			Age		Gender		Race & I	Ethnicity	
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Net: Agree	17%	18%	17%	17%	18%	12%	20% F	23% F	28% F
Strongly agree	7%	7%	7%	9%	6%	5%	8%	9% F	11% F
Somewhat agree	10%	10%	10%	9%	12%	7%	13% F	13% F	17% F
Net: Disagree	83%	82%	83%	83%	82%	88% GHI	80%	77%	72%
Somewhat disagree	25%	27%	23%	20%	30% D	28% hl	24%	22%	18%
Strongly disagree	58%	55%	60%	62% E	52%	61%	56%	55%	54%

Social media in general

			Age	Ge	nder		Race &	Ethnicity	
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Net: Agree	40%	42%	38%	43%	38%	42%	39%	39%	40%
Strongly agree	11%	13%	10%	13%	10%	7%	12% f	15% F	14% F
Somewhat agree	29%	29%	29%	30%	28%	34% gHi	26%	24%	25%
Net: Disagree	60%	58%	62%	57%	62%	58%	61%	61%	60%
Somewhat disagree	32%	32%	32%	29%	35% d	32%	31%	31%	26%
Strongly disagree	28%	26%	30%	29%	27%	26%	30%	30%	34% f

Smartphones

		18-22 B 23-27 Man C D 006 N=474 N=532 N=497 006 N=415 N=591 N=461 21% 22% 21% 8% 7% 7%				ender Race & Ethnicity					
	Total A		I	I	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)		
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181		
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186		
Net: Agree	21%	21%	22%	21%	23%	18%	22%	25% F	27% F		
Strongly agree	7%	8%	7%	7%	8%	5%	7%	9% F	10% f		
Somewhat agree	14%	13%	15%	14%	15%	13%	15%	15%	17%		
Net: Disagree	79%	79%	78%	79%	77%	82% HI	78%	75%	73%		
Somewhat disagree	25%	25%	24%	23%	26%	24%	32% fl	25%	20%		
Strongly disagree	54%	54%	54%	57%	51%	58% Gh	46%	50%	54%		

Netflix

		A	ge	Ger	nder		Race &	Ethnicity	
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Net: Agree	17%	17%	16%	16%	17%	15%	16%	18%	19%
Strongly agree	6%	5%	7%	7%	6%	5%	9%	8% f	7%
Somewhat agree	10%	11%	9%	9%	11%	10%	7%	10%	12%
Net: Disagree	83%	83%	84%	84%	83%	85%	84%	82%	81%
Somewhat disagree	28%	32% C	25%	29%	27%	31% 	28% i	26%	19%
Strongly disagree	55%	52%	58% b	55%	56%	54%	56%	57%	62%

Messaging apps (e.g., WhatsApp, WeChat)

			Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Net: Agree	19%	15%	23% B	18%	22%	17%	20%	21%	26% F	
Strongly agree	8%	7%	9%	9%	8%	6%	10%	11% F	13% F	
Somewhat agree	11%	8%	14% B	9%	13%	11%	10%	10%	12%	
Net: Disagree	81%	85% C	77%	82%	78%	83% I	80%	79%	74%	
Somewhat disagree	29%	30%	28%	30%	28%	33% HI	30%	25%	23%	
Strongly disagree	52%	55% C	49%	52%	50%	50%	50%	53%	51%	

YouTube

			Age		Gender		Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)		
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181		
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186		
Net: Agree	15%	15%	16%	16%	15%	13%	19% f	18% f	18%		
Strongly agree	6%	7%	5%	7%	5%	6%	5%	6%	6%		
Somewhat agree	9%	8%	10%	8%	10%	7%	15% F	11% f	11%		
Net: Disagree	85%	85%	84%	84%	85%	87% gh	81%	82%	82%		
Somewhat disagree	22%	23%	22%	17%	28% D	25% hI	22%	19%	15%		
Strongly disagree	62%	62%	62%	67% E	57%	62%	58%	63%	67%		

X, formerly Twitter

			Age		Gender	Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Net: Agree	50%	58% C	43%	49%	51%	54% HI	46%	45%	40%	
Strongly agree	22%	26% C	19%	22%	21%	23% 	22% i	21% i	14%	
Somewhat agree	28%	32% C	24%	26%	30%	31% h	24%	24%	26%	
Net: Disagree	50%	42%	57% B	51%	49%	46%	54%	55% F	60% F	
Somewhat disagree	26%	23%	29%	25%	26%	25%	28%	27%	26%	
Strongly disagree	24%	19%	29% B	26%	23%	21%	25%	27% f	34% Fg	

TikTok

			Age		Gender		Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)		
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181		
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186		
Net: Agree	47%	52% C	42%	55% E	39%	49% 	49% 	44% 	33%		
Strongly agree	25%	28%	23%	34% E	16%	27% I	24% 	23%	15%		
Somewhat agree	22%	24%	19%	21%	22%	22%	25%	21%	18%		
Net: Disagree	53%	48%	58% B	45%	61% D	51%	51%	56%	67% FGH		
Somewhat disagree	21%	19%	22%	18%	23%	24% gh	16%	18%	18%		
Strongly disagree	33%	28%	37% B	27%	38% D	27%	35% f	38% F	50% FGH		

Instagram

			Age		Gender		Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)		
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181		
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186		
Net: Agree	34%	36%	32%	35%	34%	34%	35%	34%	29%		
Strongly agree	13%	14%	11%	14%	12%	11%	14%	15%	11%		
Somewhat agree	21%	22%	21%	21%	22%	23%	21%	19%	18%		
Net: Disagree	66%	64%	68%	65%	66%	66%	65%	66%	71%		
Somewhat disagree	32%	33%	32%	30%	33%	36% hl	33%	29%	24%		
Strongly disagree	34%	31%	36%	35%	33%	30%	32%	37% f	47% FGh		

Facebook

			Age		Gender		Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)		
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181		
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186		
Net: Agree	37%	38%	37%	42% E	32%	35%	40%	39%	39%		
Strongly agree	15%	17%	13%	19% E	11%	11%	18% F	19% F	16%		
Somewhat agree	22%	20%	23%	23%	20%	24%	22%	19%	23%		
Net: Disagree	63%	62%	63%	58%	68% D	65%	60%	61%	61%		
Somewhat disagree	36%	39% C	32%	31%	40% D	39% hl	35%	32%	26%		
Strongly disagree	27%	23%	31% B	27%	28%	26%	26%	29%	35% Fg		

Snapchat

			Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Net: Agree	43%	47%	40%	43%	43%	45%	44%	42%	38%	
Strongly agree	19%	22% C	16%	19%	19%	18%	17%	20%	18%	
Somewhat agree	24%	25%	24%	24%	25%	27%	27%	22%	21%	
Net: Disagree	57%	53%	60%	57%	57%	55%	56%	58%	62%	
Somewhat disagree	26%	27%	25%	25%	27%	25%	26%	27%	28%	
Strongly disagree	31%	26%	35% B	32%	30%	30%	30%	31%	34%	

Q301: Which of the following statements do you agree with?

		A	ge	Ger	nder		Race &	Ethnicity	
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
I would not or will not allow my child to have a smartphone before reaching high school age (i.e. about 14 years old).	45%	50% C	40%	42%	48%	46% i	40%	44%	36%
I had access to the internet too early in my life (e.g., age, development). I had access	41%	45% C	37%	40%	42%	42%	43%	39%	38%
to social media too early in my life (e.g., age, development).	34%	36%	32%	32%	36%	34%	39%	34%	36%

continued... 47/52

Q301: Which of the following statements do you agree with?

			Age		Gender		Race & Ethnicity				
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)		
I had access to smartphones too early in my life (e.g., age, develop ment).	30%	34% C	25%	31%	28%	28%	28%	30%	28%		
I would not or will not allow my child to use social media before the age of 16.	29%	29%	29%	27%	31%	29%	23%	28%	30%		
None of the above	16%	13%	18% b	15%	16%	16%	18%	16%	17%		

A law banning people under the age of 16 from using social media

			Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Net: Support	36%	35%	38%	33%	42% D	33%	43% f	39%	38%	
Strongly support	18%	19%	18%	16%	21%	16%	18%	20%	22% f	
Somewhat support	18%	16%	20%	17%	21%	18%	25% fi	19%	16%	
Neither support nor oppose	21%	19%	23%	24% e	18%	20%	18%	22%	21%	
Net: Oppose	43%	46%	40%	43%	40%	46% h	39%	39%	41%	
Somewhat oppose	19%	19%	19%	18%	20%	20%	20%	18%	17%	
Strongly oppose	24%	27% C	20%	25%	20%	26%	20%	21%	23%	

A law requiring social media companies to develop a "child safe" account option for users under the age of 18 (e.g., restricts types of content, includes enhanced privacy settings)

			Age		Gender	Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Net: Support	69%	69%	68%	65%	73% D	72% h	65%	65%	66%
Strongly support	39%	41%	38%	38%	41%	38%	38%	40%	42%
Somewhat support	29%	28%	31%	27%	32%	34% HI	27%	25%	24%
Neither support nor oppose	15%	14%	15%	17% E	12%	13%	16%	17%	14%
Net: Oppose	17%	17%	16%	18%	15%	15%	20%	18%	20%
Somewhat oppose	9%	9%	10%	11%	8%	8%	10%	11%	14% f
Strongly oppose	7%	8%	6%	7%	7%	7%	9%	8%	6%

A parent restricting their child's access to smartphones until reaching high school age (i.e., about 14 years old)

			Age	Gender			Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)	
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181	
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186	
Net: Support	57%	60%	54%	50%	62% D	60% ghl	52%	53%	50%	
Strongly support	26%	26%	26%	23%	28%	26%	22%	25%	23%	
Somewhat support	31%	34%	28%	27%	34% d	34% h	30%	28%	26%	
Neither support nor oppose	23%	20%	25% b	26% e	20%	22%	26%	23%	25%	
Net: Oppose	21%	21%	21%	24% e	18%	18%	22%	24% f	26% f	
Somewhat oppose	12%	12%	12%	16% E	9%	12%	13%	13%	10%	
Strongly oppose	8%	8%	9%	8%	9%	6%	9%	11% F	16% Fg	

Schools adopting a "phone-free" policy (i.e., preventing students from using smartphones during school hours)

		Age		Gender		Race & Ethnicity			
	Total A	18-22 B	23-27 C	Man D	woman E	White (Only)	Hispanic/Lati no (Any) G	All People of Color H	Black/AA (Any)
Total	N=1006	N=474	N=532	N=497	N=484	N=490	N=241	N=516	N=181
Total (Unweighted)	N=1006	N=415	N=591	N=461	N=520	N=499	N=225	N=507	N=186
Net: Support	44%	41%	47%	43%	46%	45%	42%	43%	43%
Strongly support	21%	19%	22%	19%	23%	21%	22%	21%	18%
Somewhat support	23%	21%	24%	23%	23%	24%	21%	22%	25%
Neither support nor oppose	19%	19%	20%	19%	19%	17%	21%	21%	23%
Net: Oppose	37%	41% C	34%	38%	35%	38%	36%	36%	34%
Somewhat oppose	21%	23%	19%	22%	21%	23% i	23%	19%	16%
Strongly oppose	16%	17%	14%	17%	14%	15%	13%	16%	18%