## Astrology Survey The Role of Astrology in Society

February 2024 • The Harris Poll Thought Leadership Practice





### Methodology

This survey was conducted online within the U.S. by The Harris Poll from January 12th to 14th, 2024, among a nationally representative sample of 2,069 U.S. adults.

This research comprises of 328 Gen Z (ages 18-26), 784 Millennials (ages 27-42), 485 Gen X (ages 43-58), and 472 Boomers (ages 59 and older).





### Top Highlights: The Role of Astrology in Society

- Astrology's Comforting Role: Americans are turning to astrology to find comfort and relief in today's times, as 61% agree that "Astrology provides comfort in uncertain times by serving as a reassuring friend for those seeking guidance."
- Astrological Beliefs Across the U.S.: 95% of Americans know their astrological sign, with 70% believing in astrology and Millennials leading as total believers (32%).
- Positive Vibes: The majority (85%) of Americans have positive or neutral feelings about astrology, particularly Millennials (53% positive).
- Beyond Entertainment: Astrology is primarily sought for entertainment (58%) and self-understanding (31%), while Millennials lean towards seeking meaning (31%) and direction (28%).
- Open Hearts to Astrology: Americans are open to astrological guidance, especially for self-care (53%), officializing romantic relationships (49%), and career advice (43%, rising to 65% among Millennials).
- Millennials Turn to the Stars: 69% of Millennials turn to astrology for comfort and confidence during challenges.
- Astrology vs. Religion: For Millennials, astrology serves as an alternative to traditional religion, with 31% believing it provides something larger to believe in, and 56% feeling more of their peers believe in astrology than religion.
- Cosmic Commitments: Nearly 3 in 10 Americans (29%) pay monthly for astrological services, rising to a majority (56%) among Millennials.
- Breaking Stereotypes: Contrary to common belief, astrology is not just a "girl thing"; men are equally likely to be total believers, pay more on average (\$83 vs. \$56 per month), and seek astrological guidance, especially in their dating lives.



### Top Highlights: Astrology & Millennial Dating

- Relationship Enhancement: A significant majority of Millennials (75%) view astrology as a tool to enhance their relationships, while 70% see it as a navigation aid.
- Astrological Considerations in Dating: Over 6 in 10 Millennials (64%) are aware of the signs they are most compatible with, and 56% check a person's astrological sign before agreeing to a date.
- **Preferred Signs**: A remarkable 81% of Millennials have a preference for a specific astrological sign, with Libras being the top choice for 13% of respondents. Air signs, in general, received the most votes (30%) among the four elements.
- Least Preferred Signs: Nearly three-quarters of Millennials (74%) have opinions on the signs they'd least want to date, leading to 40% canceling a date due to someone's astrological sign. Scorpios are the most avoided sign (12%), and the Water element is the most avoided (27%).
- Dating Life Improvement: A substantial majority of Millennials (58%) believe that astrology has positively impacted their dating life.

The Role of Astrology in Society



### Stars aligned for comfort: Americans are turning to astrology to find comfort and relief in today's times

61% Americans

"Astrology provides comfort in uncertain times by serving as a reassuring friend for those seeking guidance"

90% Total believer 75% Millennial

61%

**Americans** 

"Astrology can act as a stress reliever in daily life"

87% Total believer 74% Millennial

61%

**Americans** 

"From mindfulness to creativity, astrology inspires positive transformations and choices"

87% Total believer 75% Millennial



### Millennials are turning to astrology to navigate challenges and find confidence

69%

Millennials

"Astrology helps navigate challenges, offering empowering insights to take control of your life"

**54%** Americans 62% Black, LGBTQ

68%

Millennials

"Understanding astrology gives me more confidence"

47% Americans 61% LGBTQ 52% Black

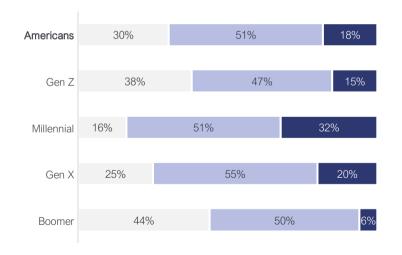


### All Americans know their sign, as majority believe in Astrology



#### Which of the following best describes your attitude toward astrology?

% selected



#### Total believer

I identify with astrological meanings, predictions, etc.

#### Somewhat of a believer

I think it's fun/interesting to learn about it, but not everything about it is true

#### Skeptic

I don't buy into astrology at all or pay attention to it



### Cosmic positivity: Most Americans feel either positive or neutral about astrology, and Millennials are especially likely to feel positive

#### Which best describes your general view of astrology / horoscopes?







### Half of Americans dive into Chinese Zodiac, while over 4 in 10 Millennials know their pet's sign



49%

**Americans** 

I know my Chinese zodiac animal

79% Asian 74% Total believer 69% Millennial 66% LGBTQIA+



42%

**Americans** 

I know my birth chart

80% Total believer 62% Millennial 57% LGBTQIA+



40%

Americans

I know my rising sign

79% Total believer 61% Millennial 54% LGBTQIA+



29%

**Americans** 

I know the astrological sign for my pet

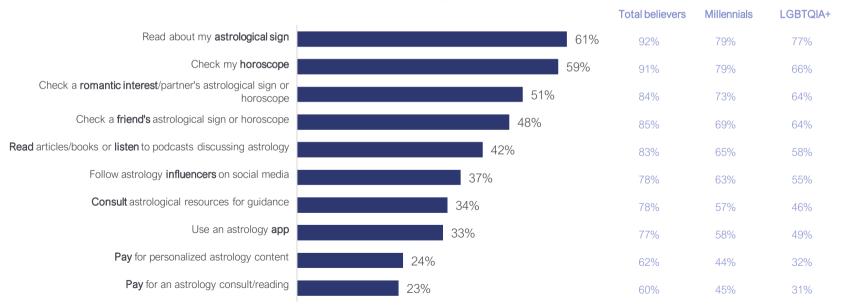
57% Total believer 45% Millennial 41% LGBTQIA+



### Half of Americans are reading the horoscopes of their romantic partners, over 4 in 10 Millennials regularly pay for personalized content and readings

#### How often do you...

Americans, % selected Sometimes / Often / Always NET

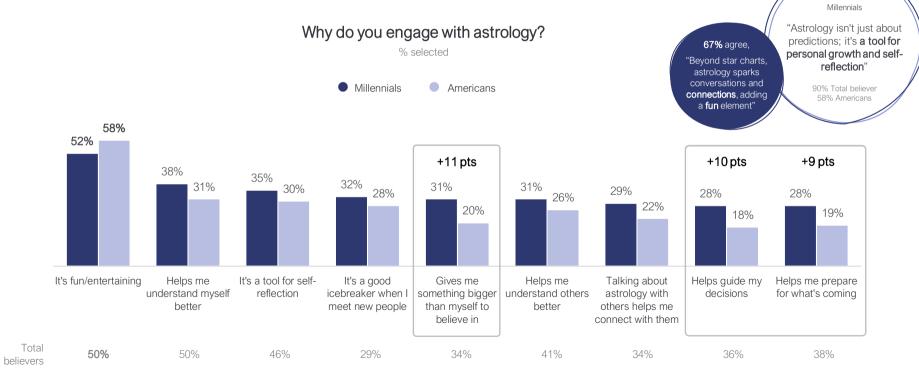




73%

Americans turn to Astrology for entertainment, self-reflection, and connection

—Millennials are more likely to be seeking meaning and direction





### Millennials especially embrace Astrology as a meaningful spiritual journey, sometimes as an alternative to "traditional" religion

56%

Millennials

"I would rather date someone who is really into astrology than someone who is very religious"

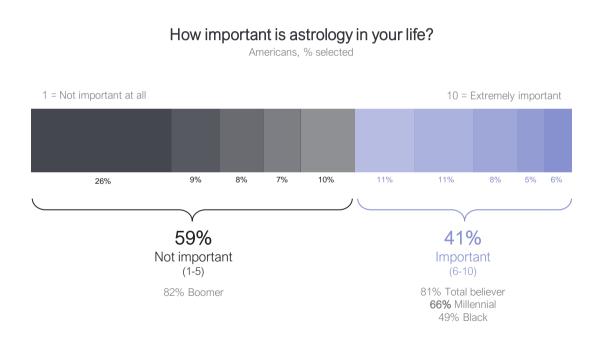
36% Americans

31% Millennials Millennials "More of my peers Astrology "gives me believe in astrology something bigger than than religion" myself to believe in" 34% Americans 20% Americans

16% of Millennials say astrology **replaced**> organized/"traditional" religion for them
(vs. 10% Americans)



### Americans see Astrology as a key to understanding humanity, citing that it provides a tool to help explain mysteries of the human experience



**Americans** "Astrology provides a tool to help explain mysteries of the human experience" 74% Millennial 72% LGBTQIA+ 64% BIPOC 64% Gen X

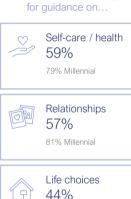


### Most Americans have or would consult the stars for relationship advice, and about two-thirds of Millennials are open to astrological career guidance

6%

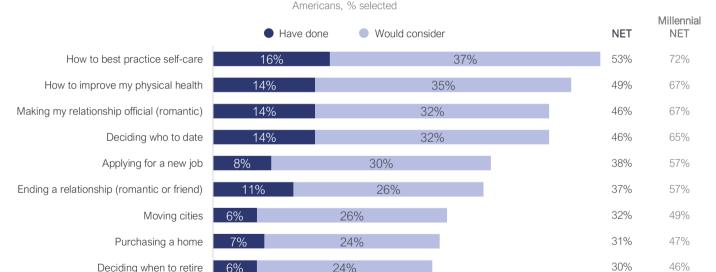
Quitting a job

Those who have or would consult astrology for guidance on...





#### Have you or would you consult or leverage astrology about...



21%

40%

27%



### Nearly a third of Americans pay monthly for astrological content and/or services—and that figure goes up to over half (56%) for Millennials





The watch out: Seven in 10 Millennials say people use their astrological sign as an excuse for bad behavior, while Gen Z judge those who take it too seriously

70%
Millennials

"Some people use their astrological sign and/or horoscope as an excuse for bad behavior"

**61%** Americans 73% Total believer

38%

**Americans** 

"When Mercury is in retrograde, I notice it impacting my life and/or the lives of those around me"

77% Total believer 59% Millennial

54%

Gen Z

"I judge people who take astrology too seriously"

38% Americans 46% Millennial 44% Total believer vs. 37% Skeptic

# Astrology & Millennial Dating



### Stars of love: For seven in 10 Millennials astrology is seen as a relationship enhancer and navigation tool

75% Millennials

> "Astrology enhances selfawareness which can improve relationships"

> > 60% Americans 66% LGBTQIA+

70%
Millennials

"Knowing someone's astrological sign helps me know how to interact with them better"

> 49% Americans 55% I GBTQIA+

63%

Millennials

"I have used my astrological sign/horoscope to help better explain my personality and/or behavior to others"

47% Americans



### Millennials have sign preferences when it comes to dating, and Fire & Air signs are the most popular

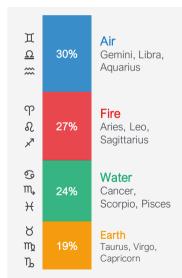
#### Which sign would you most want to be in a romantic relationship with?

Millennial, % selected

#### Sign Ranking for Most Sought After

1	Libra	(13%)
2	Leo	(12%)
3	Gemini	(11%)
4	Scorpio	(9%)
4	Virgo	(9%)
6	Pisces	(8%)
6	Sagittarius	(8%)
8	Aries	(7%)
8	Cancer	(7%)
10	Aquarius	(6%)
11	Capricorn	(5%)
11	Taurus	(5%)

#### Element NETs



81% of Millennials have an opinion about which sign they'd most want to date

57% Americans

64% of Millennials:

"When it comes to romance, I know which astrological signs I'm most and/or least compatible with"





Nearly half of Millennials refuse to date certain signs, with over half checking a person's sign before agreeing to a date

Millennials

"I check a person's astrological sign before agreeing to go on a date"

> 32% Americans 44% I GBTQIA+ 39% Black

45%

of Millennials

"I refuse to date certain astrological signs"

27% Americans

40%

Millennials

"I have canceled a date due to the person's astrological sign"

> 22% Americans 36% LGBTQIA+ 32% Black



### Over half of Millennials say astrology improves both their relationships and dating life

64%

Millennials

Astrology has improved my relationships



39% Americans 52% LGBTQIA+

73%

#### Millennials

(Sometimes / Often / Always NET)

Check a romantic interest / partner's sign or horoscope



51% Americans 64% LGBTQIA+

58%

Millennials

Astrology has improved my dating life



34% Americans 48% LGBTQIA+





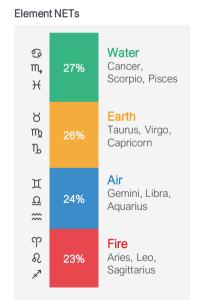
### While 4 in ten Millennials have nixed a date due to someone's sign, people are split on which signs to avoid



#### Which sign would you least want to be in a romantic relationship with?

Millennials, % selected

S	Sign Ranking for Most Avoided						
	1	Scorpio	(12%)				
	2	Gemini	(11%)				
	3	Capricorn	(11%)				
	4	Cancer	(8%)				
	4	Leo	(8%)				
	6	Virgo	(8%)				
	6	Aries	(7%)				
	8	Taurus	(7%)				
	8	Sagittarius	(7%)				
	10	Aquarius	(7%)				
	11	Pisces	(7%)				
	11	Libra	(6%)				



### Believers



### Believers feel most people over-simplify astrology, while they see deep cultural significance and meaning within the practice





### Specifically, believers think what skeptics mostly get wrong is the idea that astrology is supposed to be 100% scientific or prescriptive

#### What do you think that people don't understand about astrology?

Those who believe in astrology, % selected



53%

I don't expect astrology to always be 100% accurate



49%

Not everyone with the same zodiac sign has the same personality traits



47%

I am aware that astrology doesn't account for my full personality



45%

I don't make every decision based on astrology



42%

Astrology reading cannot replace professional advice for serious life decisions



41%

Astrology can coexist with a belief in science and rational thinking



40%

Astrology is not all about predicting the future accurately

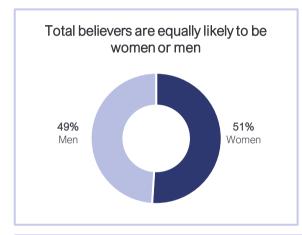


38%

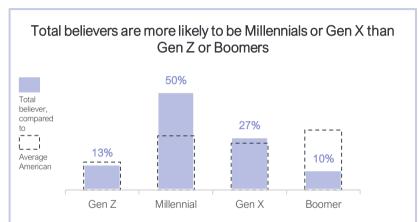
I see astrology as a symbolic language for interpretation, not a strict set of rules to follow



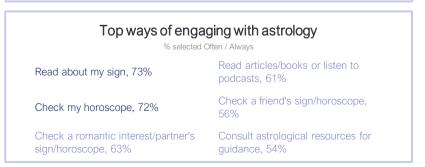
#### Profile: Total believer







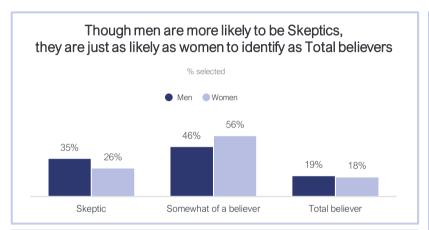




### Appendix



### It turns out that the "astrology girlies" are actually... guys, as men pay more for astrology and seek out its guidance more often than women







Men are also more likely to incorporate astrological insights into dating 💝				
	М	W		
If dating advice is based on astrological insights, I'm more likely to trust it	38%	33%		
Astrology has improved my dating life	38%	30%		
I have canceled a date due to the person's astrological sign	26%	19%		

AST02 Which of the following best describes your attitude toward astrology? (Total n=2,069) | AST03 How often do you do the following actions? (Total n=2,069) | AST06 How much in an average month do you pay for an astrological service and/or content (e.g., personalized reading, books, tools, etc.)? Your best estimate is fine. If you don't spend on any of these, please put '0'. (Total n=2,069) | AST12 How much do you disagree or agree with the following statements?

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