Healthcare During the Pandemic

QS3S1: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

	Gender			Age							Male Age						Female Age					Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	N=1093	N=525	N=552	N=323	N=180	N=170	N=184	N=235	N=163	N=89 *	N=83 *	N=88 *	N=110	N=160	N=92 *	N=87 *	N=96 *	N=125	N=191	N=412	N=229	N=261
Total (Unweighted)	N=1093	N=504	N=571	N=277	N=190	N=187	N=179	N=260	N=126	N=78 *	N=91 *	N=79 *	N=137	N=151	N=112	N=96 *	N=100	N=123	N=198	N=466	N=243	N=186
Medicare/Medicaid	37%	34%	40%	26%	25%	20%	26%	81% DEFG	22%	34%	22%	19%	74% IJKL	31% O	16%	19%	33% Op	87% NOPQ	36%	38%	40%	34%
Employer-sponsored (e.g., health insurance providec	34%	39% C	31%	26%	45% DH	51% DH	44% DH	19%	30%	44% IM	60% IM	49% IM	23%	21%	45% NR	43% NR	40% NR	15%	41% T	31%	39% t	32%
Private (i.e., health insurance purchased on my own)	16%	19% C	12%	21% fH	17%	12%	14%	11%	26% K	17%	11%	19%	17%	16%	17% r	13%	9%	7%	19%	14%	14%	17%
Veterans insurance	6%	11% C	2%	4%	10% Dg	6%	4%	8%	7%	19% Il	10%	7%	13%	1%	2%	2%	1%	3%	2%	7% S	3%	9% Su
Public marketplace (i.e., health insurance provided b	6%	7%	5%	6% H	15% DFGH	6% H	4%	1%	7% m	20% IKLM	6%	3%	1%	4%	10% R	6% r	5%	1%	6%	5%	3%	9% U
School-sponsored (i.e., health insurance for students	4%	6% C	2%	7% fGH	8% fGH	2%	0%	1%	10% LM	12% LM	5%	0%	1%	5%	4%	0%	0%	1%	2%	4%	3%	6% s
I am covered by a parent's or guardian's insurance in	2%	1%	3% B	7% EFGH	0%	0%	0%	0%	3%	0%	0%	0%	0%	11% OPQR	0%	0%	0%	0%	1%	3%	2%	1%
I am only covered by a parent's or guardian's insuran	1%	2%	0%	3% EfgH	0%	0%	0%	0%	5% kM	0%	0%	0%	0%	2%	0%	0%	0%	0%	0%	0%	4% sTv	1%
Other	1%	1%	1%	0%	1%	0%	2%	2% d	0%	1%	0%	0%	2%	0%	0%	0%	3% n	2%	1%	1%	0%	2%
Not sure	4%	3%	5%	10% EFGH	3%	1%	1%	1%	6% k	4%	0%	2%	1%	14% OPQR	2%	1%	0%	2%	2%	5% u	2%	6% U
N/A - I do not have health insurance.	9%	8%	10%	11% H	12% H	16% H	8% H	1%	12% M	7% m	10% M	7% m	1%	10% R	16% R	22% nqR	9% R	0%	8%	13% U	6%	8%
Count	1.20	1.29	1.11	1.21	1.35	1.15	1.03	1.25	1.27	1.57	1.23	1.07	1.33	1.14	1.13	1.06	1.00	1.17	1.18	1.20	1.16	1.25

* Table Base: U.S. RESPONDENTS

QS3Q1: Which of the following medical services have you put off in the last 3 months due to the COVID-19 pandemic? Please select all that apply.

	Gender			Age							Male Age						Female Age					Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	N=1093	N=525	N=552	N=323	N=180	N=170	N=184	N=235	N=163	N=89 *	N=83 *	N=88 *	N=110	N=160	N=92 *	N=87 *	N=96 *	N=125	N=191	N=412	N=229	N=261
Total (Unweighted)	N=1093	N=504	N=571	N=277	N=190	N=187	N=179	N=260	N=126	N=78 *	N=91 *	N=79 *	N=137	N=151	N=112	N=96 *	N=100	N=123	N=198	N=466	N=243	N=186
Dental exam/cleaning	30%	30%	30%	36% H	35% H	33% H	28% h	19%	36% M	39% M	31% M	29% m	17%	36% R	30%	35% r	28%	21%	28%	30%	29%	34%
Annual check-up/physical	27%	29%	25%	32% gH	30% H	41% eGH	21% h	13%	32% M	36% M	45% LM	21%	14%	31% R	24% r	37% qR	21%	12%	27%	27%	24%	29%
Eye exam	25%	23%	26%	30% H	27% H	28% H	23% H	13%	27% M	25% m	26% M	21%	13%	33% R	29% R	31% R	26%	14%	25%	23%	25%	27%
Specialist doctor appointment (e.g., dermatologist, o	15%	17%	13%	18% H	23% gH	15% h	13%	8%	21% M	23% M	22% M	13%	6%	15%	23% PR	9%	13%	9%	18%	15%	13%	15%
Mental health appointment (e.g., counseling or ther	12%	14%	10%	24% eFGH	15% GH	8% H	4%	1%	27% KLM	18% lM	10% M	6%	1%	21% PQR	11% qR	6%	3%	2%	17% tu	11%	10%	11%
Non-life-threatening surgery	6%	8% C	4%	7% h	9% gH	7%	4%	3%	8%	16% LM	10%	3%	5%	7% r	3%	5%	5%	1%	6%	4%	8%	7%
Other	3%	3%	3%	3%	5% h	2%	7% H	1%	3%	8% kM	1%	5%	1%	3%	2%	4%	8% r	1%	6%	3%	3%	2%
None	22%	25%	20%	13%	16%	15%	22% D	45% DEFG	17%	17%	13%	25%	49% IJKL	8%	15%	18% n	19% N	41% NOPQ	21%	23%	25%	19%
N/A - I have not needed any medical services in the p	20%	15%	24% B	20%	16%	16%	22%	23%	14%	9%	12%	22% j	19%	25%	22%	21%	23%	26%	20%	21%	20%	17%
Count	1.60	1.64	1.55	1.82	1.76	1.67	1.46	1.26	1.85	1.93	1.68	1.46	1.25	1.78	1.59	1.66	1.45	1.26	1.68	1.58	1.57	1.61

* Table Base: U.S. RESPONDENTS

QS3Q2: Have you ever used telehealth services (i.e., health-related services or appointments over a phone, tablet, or computer) during each of the following timeframes?

Any time before the COVID-19 pandemic

	Gender			Age							Male Age						Female Age					Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	N=1093	N=525	N=552	N=323	N=180	N=170	N=184	N=235	N=163	N=89 *	N=83 *	N=88 *	N=110	N=160	N=92 *	N=87 *	N=96 *	N=125	N=191	N=412	N=229	N=261
Total (Unweighted)	N=1093	N=504	N=571	N=277	N=190	N=187	N=179	N=260	N=126	N=78 *	N=91 *	N=79 *	N=137	N=151	N=112	N=96 *	N=100	N=123	N=198	N=466	N=243	N=186
Yes	29%	29%	35% C	23%	41% FGH	40% FGH	26% H	18%	14%	49% LM	46% LM	41% lM	25% M	9%	33% PQr	34% PQr	11%	11%	19%	27%	30% u	21%	35% U
No	71%	65%	77% B	59%	60%	74% DE	82% DE	86% DEF	51%	54%	59%	75% IJk	91% IJKL	67%	66%	89% NO	89% NO	81% no	73%	70%	79% tV	65%

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

	Gender			Age							Male Age						Female Age					Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	N=1093	N=525	N=552	N=323	N=180	N=170	N=184	N=235	N=163	N=89 *	N=83 *	N=88 *	N=110	N=160	N=92 *	N=87 *	N=96 *	N=125	N=191	N=412	N=229	N=261
Total (Unweighted)	N=1093	N=504	N=571	N=277	N=190	N=187	N=179	N=260	N=126	N=78 *	N=91 *	N=79 *	N=137	N=151	N=112	N=96 *	N=100	N=123	N=198	N=466	N=243	N=186
Yes	51%	55% c	48%	49%	65% DfGH	54% h	50%	43%	55% M	73% lLM	63% M	53% m	36%	43%	57% n	45%	47%	50%	55%	48%	46%	57% u
No	49%	45%	52% b	51% E	35%	46% e	50% E	57% EF	45% J	27%	37%	47% J	64% IJKl	57% o	43%	55%	53%	50%	45%	52%	54% v	43%

* Table Base: U.S. RESPONDENTS

QS3Q3: Have you ever received mental healthcare from a professional (e.g., counselor, therapist, psychiatrist) during each of the following time frames?

Any time before the COVID-19 pandemic

	Gender			Age							Male Age						Female Age					Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	N=1093	N=525	N=552	N=323	N=180	N=170	N=184	N=235	N=163	N=89 *	N=83 *	N=88 *	N=110	N=160	N=92 *	N=87 *	N=96 *	N=125	N=191	N=412	N=229	N=261
Total (Unweighted)	N=1093	N=504	N=571	N=277	N=190	N=187	N=179	N=260	N=126	N=78 *	N=91 *	N=79 *	N=137	N=151	N=112	N=96 *	N=100	N=123	N=198	N=466	N=243	N=186
Yes	29%	29%	29%	40% FGH	44% FGH	25% H	21% h	12%	43% kLM	49% KLM	28% M	16% M	6%	37% pR	39% pR	23%	25%	18%	35%	28%	30%	27%
No	68%	68%	69%	55%	52%	73% DE	77% DE	86% DEFg	52%	45%	71% lJ	83% lJ	93% IJKl	57%	59%	75% No	72% n	80% NO	64%	68%	68%	71%
Decline to answer	3%	3%	3%	5%	4%	1%	2%	2%	4%	6%	1%	1%	2%	5%	1%	2%	3%	2%	1%	4% s	2%	3%

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

	Gender			Age							Male Age						Female Age					Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	N=1093	N=525	N=552	N=323	N=180	N=170	N=184	N=235	N=163	N=89 *	N=83 *	N=88 *	N=110	N=160	N=92 *	N=87 *	N=96 *	N=125	N=191	N=412	N=229	N=261
Total (Unweighted)	N=1093	N=504	N=571	N=277	N=190	N=187	N=179	N=260	N=126	N=78 *	N=91 *	N=79 *	N=137	N=151	N=112	N=96 *	N=100	N=123	N=198	N=466	N=243	N=186
Yes	24%	28% C	20%	33% FgH	39% FGH	18% H	23% H	5%	38% KM	44% KlM	21% M	27% M	4%	28% pR	34% PqR	15%	19% R	6%	31% Tu	20%	21%	27%
No	74%	70%	78% B	63%	58%	81% DE	76% DE	94% DEFG	56%	54%	78% lJ	73% lj	95% IJKL	69%	62%	84% nO	79% O	93% NOQ	69%	76%	77%	71%
Decline to answer	2%	2%	2%	4%	2%	1%	1%	2%	6%	1%	1%	0%	2%	3%	3%	1%	2%	1%	0%	4% s	1%	1%

* Table Base: U.S. RESPONDENTS

QS3Q4: Which of the following are reasons why you chose to seek mental healthcare from a professional for the first time during the COVID-19 pandemic? Please select all that apply.

	Gender			Age							Male Age						Female Age					Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	N=66 *	N=34 *	N=31 *	N=18 **	N=17 **	N=7 **	N=20 **	N=3 **	N=8 **	N=7 **	N=2 **	N=15 **	N=2 **	N=10 **	N=10 **	N=6 **	N=6 **	N=1 **	N=14 **	N=18 **	N=11 **	N=23 **
Total (Unweighted)	N=55 *	N=25 **	N=29 **	N=16 **	N=12 **	N=12 **	N=11 **	N=4 **	N=9 **	N=4 **	N=3 **	N=7 **	N=2 **	N=7 **	N=8 **	N=9 **	N=4 **	N=2 **	N=13 **	N=20 **	N=11 **	N=11 **
Relationship-related stress or problems	34%	31%	39%	49%	27%	47%	21%	45%	47%	48%	39%	8%	60%	50%	11%	50%	57%	0%	19%	36%	41%	40%
Increasing level of anxiety	29%	15%	43%	49%	22%	42%	10%	44%	18%	21%	38%	4%	40%	74%	23%	43%	26%	56%	18%	44%	29%	24%
Increasing level of depression	28%	21%	37%	31%	34%	42%	16%	30%	21%	32%	38%	10%	40%	39%	35%	43%	30%	0%	41%	33%	20%	21%
Availability of teletherapy	26%	16%	36%	27%	51% R	16%	4%	41%	37%	14%	38%	0%	40%	19%	79% P	9%	16%	44%	54% v	40%	13%	3%
A friend of family member recommended it	18%	15%	21%	34%	30%	5%	0%	0%	46%	21%	0%	0%	0%	24%	37%	7%	0%	0%	28%	31%	4%	8%
Another medical professional or my primary care ph	13%	13%	11%	11%	25%	6%	3%	30%	25%	18%	0%	0%	40%	0%	31%	8%	12%	0%	30%	13%	6%	6%
Stress or problems related to a change in my financia	12%	10%	13%	22%	0%	25%	7%	30%	7%	0%	62%	5%	40%	33%	0%	14%	12%	0%	2%	13%	14%	18%
Work-related stress or problems	10%	11%	9%	25%	0%	26%	0%	0%	25%	0%	100% iJLm	0%	0%	26%	0%	5%	0%	0%	5%	26%	5%	3%
Change in my personal schedule that allowed me to :	10%	16%	4%	16%	9%	15%	5%	0%	36%	21%	0%	7%	0%	0%	0%	20%	0%	0%	17%	15%	0%	7%
Change in my financial situation allowed me to afforc	8%	9%	8%	6%	22%	0%	3%	0%	15%	18%	0%	4%	0%	0%	25%	0%	0%	0%	26% t	0%	5%	6%
I planned to start before the pandemic, but finally ge	7%	8%	3%	3%	9%	13%	0%	0%	0%	0%	38%	14%	0%	5%	5%	0%	12%	0%	8%	3%	24%	0%
Other	17%	29% c	4%	6%	0%	5%	49% dEf	0%	0%	0%	0%	67% I	0%	10%	0%	6%	0%	0%	0%	2%	9%	43% sT
Count	2.12	1.92	2.29	2.79	2.23	2.38	1.31	2.20	2.77	1.91	3.54	1.17	2.61	2.80	2.48	2.04	1.67	1.00	2.47	2.56	1.69	1.77

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC FOR THE FIRST TIME

QS3Q5: In which of the following ways have you met with a mental healthcare professional during the COVID-19 pandemic? Please select all that apply.

	Gender			Age							Male Age						Female Age					Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	N=262	N=147	N=110	N=107	N=71 *	N=31 *	N=42 *	N=11 **	N=62 *	N=39 *	N=18 **	N=23 **	N=4 **	N=45 *	N=32 *	N=13 **	N=18 **	N=7 **	N=59 *	N=83 *	N=48 *	N=71 *
Total (Unweighted)	N=251	N=129	N=117	N=91 *	N=67 *	N=45 *	N=34 *	N=14 **	N=47 *	N=35 *	N=26 **	N=16 **	N=5 **	N=44 *	N=32 *	N=19 **	N=18 **	N=9 **	N=59 *	N=99 *	N=48 *	N=45 *
Over a video call (on any device)	62%	63%	60%	62% h	70% H	73% H	51%	26%	62%	68%	82% lm	45%	34%	61%	72%	61%	58%	22%	71%	62%	62%	54%
Over an audio call (e.g., over the phone)	45%	44%	44%	45%	53% f	31%	35%	66%	45%	59%	35%	26%	40%	46%	46%	27%	46%	81% p	43%	44%	49%	45%
In person	37%	38%	35%	42% h	39%	39%	29%	7%	39%	34%	47%	40%	20%	45%	45%	29%	15%	0%	27%	48% su	28%	38%
Other	4%	4%	4%	3%	1%	1%	12% ef	15% ef	0%	0%	0%	21% IJK	36% IJK	7%	3%	3%	0%	4%	2%	2%	7%	7%
Count	1.48	1.50	1.43	1.52	1.63	1.45	1.27	1.15	1.47	1.60	1.64	1.33	1.30	1.58	1.66	1.19	1.19	1.07	1.44	1.56	1.47	1.44

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS3Q6: Which of the following best describes how the mental healthcare you received during the COVID-19 pandemic was paid for? If you paid using more than one of the following means, please select the one you used most often.

	Gender			Age							Male Age				Female Age				Region			
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	N=262	N=147	N=110	N=107	N=71 *	N=31 *	N=42 *	N=11 **	N=62 *	N=39 *	N=18 **	N=23 **	N=4 **	N=45 *	N=32 *	N=13 **	N=18 **	N=7 **	N=59 *	N=83 *	N=48 *	N=71 *
Total (Unweighted)	N=251	N=129	N=117	N=91 *	N=67 *	N=45 *	N=34 *	N=14 **	N=47 *	N=35 *	N=26 **	N=16 **	N=5 **	N=44 *	N=32 *	N=19 **	N=18 **	N=9 **	N=59 *	N=99 *	N=48 *	N=45 *
Insurance covered the cost in full	41%	43%	39%	44%	31%	40%	46%	61%	45%	41%	39%	45%	24%	44% o	18%	41%	47%	81% O	40%	34%	46%	47%
Insurance covered some or most of the cost, and I ha	27%	25%	30%	25%	35%	31%	20%	10%	28%	22%	31%	14%	20%	20%	51% N	31%	28%	5%	38%	24%	23%	25%
Sliding scale fee (i.e., pay what you can afford)	11%	10%	11%	15% f	15%	4%	0%	0%	9%	22%	6%	0%	0%	24% p	6%	0%	0%	0%	6%	12%	8%	14%
Completely out of pocket (insurance covered nothing	10%	9%	11%	10%	10%	12%	6%	6%	10%	6%	17%	5%	0%	10%	15%	3%	8%	10%	6%	18%	7%	5%
Nothing, it was free	9%	9%	8%	5%	7%	13%	14%	16%	8%	8%	6%	12%	46% IJK	2%	6%	22% N	17%	0%	10%	10%	16% v	2%
Other	3%	4%	1%	0%	1%	1%	13% Def	6% D	0%	0%	0%	24% IJK	11% i	0%	3%	3%	0%	4%	0%	2%	1%	7%

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

Q53Q7: Do you plan to continue receiving mental healthcare from a professional after the COVID-19 pandemic has ended?

	Gender			Age							Male Age				Female Age				Region			
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	N=262	N=147	N=110	N=107	N=71 *	N=31 *	N=42 *	N=11 **	N=62 *	N=39 *	N=18 **	N=23 **	N=4 **	N=45 *	N=32 *	N=13 **	N=18 **	N=7 **	N=59 *	N=83 *	N=48 *	N=71 *
Total (Unweighted)	N=251	N=129	N=117	N=91 *	N=67 *	N=45 *	N=34 *	N=14 **	N=47 *	N=35 *	N=26 **	N=16 **	N=5 **	N=44 *	N=32 *	N=19 **	N=18 **	N=9 **	N=59 *	N=99 *	N=48 *	N=45 *
Yes	79%	79%	80%	82%	81%	84%	68%	66%	86% M	77% m	95% JLM	63%	21%	78%	87%	69%	75%	91%	91% Tv	72%	85%	74%
No	12%	11%	13%	12%	7%	11%	21%	19%	10%	7%	5%	21%	36% k	14%	7%	19%	21%	9%	9%	14%	14%	13%
Not sure	9%	10%	7%	6%	12%	5%	11%	16%	4%	16% k	0%	16% k	44% IK	8%	7%	12%	4%	0%	0%	14% Su	2%	14% Su

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

Healthcare During the Pandemic

QS3S1: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

	Gender			Age							Male Age				Female Age				Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	1,093	525	552	323	180	170	184	235	163	89 *	83 *	88 *	110	160	92 *	87 *	96 *	125	191	412	229	261
Total (Unweighted)	1,093	504	571	277	190	187	179	260	126	78 *	91 *	79 *	137	151	112	96 *	100	123	198	466	243	186
Medicare/Medicaid	404	179	220	86	45	34	49	191	36	30	18	17	81	49	15	16	32	110	69	155	91	89
Employer-sponsored (e.g., health insurance provided	377	204	170	83	81	87	82	44	49	39	49	44	25	34	42	37	38	19	78	126	89	83
Private (i.e., health insurance purchased on my own)	171	101	67	68	31	20	25	27	42	15	9	17	18	25	16	11	8	9	37	56	32	45
Veterans insurance	65	57	9	13	19	10	7	18	12	17	8	6	14	1	2	1	1	3	4	30	8	24
Public marketplace (i.e., health insurance provided b	65	38	26	18	27	11	7	3	11	18	5	3	2	7	9	6	4	1	12	21	8	24
School-sponsored (i.e., health insurance for students	43	29	11	24	14	4	0	1	17	10	4	0	1	7	4	0	0	1	3	17	7	16
I am covered by a parent's or guardian's insurance in	21	4	17	21	0	0	0	0	4	0	0	0	0	17	0	0	0	0	2	12	4	3
I am only covered by a parent's or guardian's insuran	11	8	3	11	0	0	0	0	8	0	0	0	0	3	0	0	0	0	1	0	9	2
Other	9	3	6	0	1	0	3	5	0	1	0	0	2	0	0	0	3	3	1	3	0	4
Not sure	44	15	27	32	5	2	3	2	10	4	0	2	2	23	2	2	1	1	4	21	4	16
N/A - I do not have health insurance.	101	41	58	36	21	27	16	2	19	6	8	7	2	17	15	19	9	0	14	52	13	21
Count	1.20	1.29	1.11	1.21	1.35	1.15	1.03	1.25	1.27	1.57	1.23	1.07	1.33	1.14	1.13	1.06	1.00	1.17	1.18	1.20	1.16	1.25

* Table Base: U.S. RESPONDENTS

QS3Q1: Which of the following medical services have you put off in the last 3 months due to the COVID-19 pandemic? Please select all that apply.

	Gender			Age							Male Age				Female Age				Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	1,093	525	552	323	180	170	184	235	163	89 *	83 *	88 *	110	160	92 *	87 *	96 *	125	191	412	229	261
Total (Unweighted)	1,093	504	571	277	190	187	179	260	126	78 *	91 *	79 *	137	151	112	96 *	100	123	198	466	243	186
Dental exam/cleaning	332	158	165	116	63	56	52	45	58	35	26	26	19	58	28	31	26	26	53	123	67	89
Annual check-up/physical	295	151	138	102	54	69	39	30	52	32	37	18	15	50	22	32	20	15	52	112	56	76
Eye exam	269	120	146	97	49	48	43	31	44	22	21	19	14	53	27	27	25	17	47	97	56	69
Specialist doctor appointment (e.g., dermatologist, o	167	91	72	57	42	26	24	18	34	21	18	12	7	24	21	8	12	11	35	63	29	40
Mental health appointment (e.g., counseling or ther	129	71	53	77	27	13	8	3	44	16	8	6	1	33	11	5	2	2	33	45	23	29
Non-life-threatening surgery	67	44	23	24	17	12	7	7	13	14	8	2	6	11	3	4	4	1	12	18	17	19
Other	37	16	18	9	9	4	13	2	5	7	1	5	1	4	2	3	8	1	11	14	8	5
None	242	129	109	41	29	26	41	105	28	15	11	22	54	13	13	16	19	51	40	94	58	51
N/A - I have not needed any medical services in the p	214	81	132	63	28	28	41	53	23	8	10	19	21	40	20	18	22	33	38	86	47	43
Count	1.60	1.64	1.55	1.82	1.76	1.67	1.46	1.26	1.85	1.93	1.68	1.46	1.25	1.78	1.59	1.66	1.45	1.26	1.68	1.58	1.57	1.61

* Table Base: U.S. RESPONDENTS

QS3Q2: Have you ever used telehealth services (i.e., health-related services or appointments over a phone, tablet, or computer) during each of the following timeframes?

Any time before the COVID-19 pandemic

	Gender			Age							Male Age				Female Age				Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	1,093	525	552	323	180	170	184	235	163	89 *	83 *	88 *	110	160	92 *	87 *	96 *	125	191	412	229	261
Total (Unweighted)	1,093	504	571	277	190	187	179	260	126	78 *	91 *	79 *	137	151	112	96 *	100	123	198	466	243	186
Yes	315	182	126	133	72	44	33	33	80	41	34	22	10	53	31	10	11	23	52	122	49	92
No	778	342	426	191	109	126	151	202	83	48	49	66	100	107	61	77	85	102	139	290	180	169

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

	Gender			Age							Male Age				Female Age				Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	1,093	525	552	323	180	170	184	235	163	89 *	83 *	88 *	110	160	92 *	87 *	96 *	125	191	412	229	261
Total (Unweighted)	1,093	504	571	277	190	187	179	260	126	78 *	91 *	79 *	137	151	112	96 *	100	123	198	466	243	186
Yes	561	289	264	159	117	91	92	101	90	65	52	47	39	69	52	39	45	62	106	199	107	149
No	532	236	288	164	63	79	93	134	73	24	31	42	71	91	40	48	51	63	85	213	123	112

* Table Base: U.S. RESPONDENTS

QS3Q3: Have you ever received mental healthcare from a professional (e.g., counselor, therapist, psychiatrist) during each of the following time frames?

Any time before the COVID-19 pandemic

	Gender			Age							Male Age				Female Age				Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	1,093	525	552	323	180	170	184	235	163	89 *	83 *	88 *	110	160	92 *	87 *	96 *	125	191	412	229	261
Total (Unweighted)	1,093	504	571	277	190	187	179	260	126	78 *	91 *	79 *	137	151	112	96 *	100	123	198	466	243	186
Yes	320	154	158	131	80	43	39	29	71	44	23	14	6	60	36	20	24	22	66	115	70	69
No	741	356	378	178	94	125	142	202	86	40	59	74	102	92	55	65	69	101	123	279	156	184
Decline to answer	31	14	15	15	6	2	3	4	7	5	1	1	2	8	1	2	3	2	2	18	4	7

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

	Gender			Age							Male Age				Female Age				Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	1,093	525	552	323	180	170	184	235	163	89 *	83 *	88 *	110	160	92 *	87 *	96 *	125	191	412	229	261
Total (Unweighted)	1,093	504	571	277	190	187	179	260	126	78 *	91 *	79 *	137	151	112	96 *	100	123	198	466	243	186
Yes	262	147	110	107	71	31	42	11	62	39	18	23	4	45	32	13	18	7	59	83	48	71
No	807	366	431	203	106	138	141	220	92	48	64	65	104	111	57	73	76	117	131	312	178	186
Decline to answer	24	12	11	13	4	2	2	4	9	1	1	0	2	4	3	1	2	2	1	17	3	4

* Table Base: U.S. RESPONDENTS

QS3Q4: Which of the following are reasons why you chose to seek mental healthcare from a professional for the first time during the COVID-19 pandemic? Please select all that apply.

	Gender			Age							Male Age				Female Age				Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	66 *	34 *	31 *	18 **	17 **	7 **	20 **	3 **	8 **	7 **	2 **	15 **	2 **	10 **	10 **	6 **	6 **	1 **	14 **	18 **	11 **	23 **
Total (Unweighted)	55 *	25 **	29 **	16 **	12 **	12 **	11 **	4 **	9 **	4 **	3 **	7 **	2 **	7 **	8 **	9 **	4 **	2 **	13 **	20 **	11 **	11 **
Relationship-related stress or problems	23	11	12	9	5	4	4	1	4	4	1	1	1	5	1	3	3	0	3	6	5	9
Increasing level of anxiety	19	5	13	9	4	3	2	1	1	2	1	1	1	8	2	2	1	0	2	8	3	5
Increasing level of depression	19	7	12	6	6	3	3	1	2	2	1	2	1	4	3	3	2	0	6	6	2	5
Availability of teletherapy	17	6	11	5	9	1	1	1	3	1	1	0	1	2	8	1	1	0	8	7	2	1
A friend of family member recommended it	12	5	6	6	5	0	0	0	4	2	0	0	0	2	4	0	0	0	4	6	0	2
Another medical professional or my primary care phy	8	4	3	2	4	0	1	1	2	1	0	0	1	0	3	0	1	0	4	2	1	1
Stress or problems related to a change in my financia	8	3	4	4	0	2	1	1	1	0	1	1	1	3	0	1	1	0	0	2	2	4
Work-related stress or problems	7	4	3	5	0	2	0	0	2	0	2	0	0	3	0	0	0	0	1	5	1	1
Change in my personal schedule that allowed me to s	7	5	1	3	2	1	1	0	3	2	0	1	0	0	0	1	0	0	2	3	0	2
Change in my financial situation allowed me to afford	5	3	2	1	4	0	1	0	1	1	0	1	0	0	2	0	0	0	4	0	1	1
I planned to start before the pandemic, but finally ge	4	3	1	1	1	1	3	0	0	0	1	2	0	1	1	0	1	0	1	1	3	0
Other	11	10	1	1	0	0	10	0	0	0	0	10	0	1	0	0	0	0	0	0	1	10
Count	2.12	1.92	2.29	2.79	2.23	2.38	1.31	2.20	2.77	1.91	3.54	1.17	2.61	2.80	2.48	2.04	1.67	1.00	2.47	2.56	1.69	1.77

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC FOR THE FIRST TIME

QS3Q5: In which of the following ways have you met with a mental healthcare professional during the COVID-19 pandemic? Please select all that apply.

	Gender			Age							Male Age				Female Age				Region		
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	262	147	110	107	71 *	31 *	42 *	11 **	62 *	39 *	18 **	23 **	4 **	45 *	32 *	13 **	18 **	7 **	59 *	83 *	48 *	71 *
Total (Unweighted)	251	129	117	91 *	67 *	45 *	34 *	14 **	47 *	35 *	26 **	16 **	5 **	44 *	32 *	19 **	18 **	9 **	59 *	99 *	48 *	45 *
Over a video call (on any device)	162	92	66	66	49	22	21	3	39	27	14	11	1	27	23	8	11	2	42	51	30	38
Over an audio call (e.g., over the phone)	118	65	48	49	38	10	14	7	28	23	6	6	2	21	15	3	8	6	26	37	24	31
In person	97	56	39	45	28	12	12	1	24	13	8	10	1	20	14	4	3	0	16	40	14	27
Other	11	6	4	3	1	0	5	2	0	0	0	5	1	3	1	0	0	0	1	1	3	5
Count	1.48	1.50	1.43	1.52	1.63	1.45	1.27	1.15	1.47	1.60	1.64	1.33	1.30	1.58	1.66	1.19	1.19	1.07	1.44	1.56	1.47	1.44

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS3Q6: Which of the following best describes how the mental healthcare you received during the COVID-19 pandemic was paid for? If you paid using more than one of the following means, please select the one you used most often.

	Gender			Age							Male Age				Female Age				Region			
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	262	147	110	107	71 *	31 *	42 *	11 **	62 *	39 *	18 **	23 **	4 **	45 *	32 *	13 **	18 **	7 **	59 *	83 *	48 *	71 *
Total (Unweighted)	251	129	117	91 *	67 *	45 *	34 *	14 **	47 *	35 *	26 **	16 **	5 **	44 *	32 *	19 **	18 **	9 **	59 *	99 *	48 *	45 *
Insurance covered the cost in full	108	62	43	48	22	12	19	7	28	16	7	10	1	20	6	5	8	6	24	29	22	33
Insurance covered some or most of the cost, and I ha	71	36	33	27	25	10	8	1	18	9	6	3	1	9	16	4	5	0	23	20	11	18
Sliding scale fee (i.e., pay what you can afford)	28	15	12	16	10	1	0	0	6	9	1	0	0	11	2	0	0	0	4	10	4	10
Completely out of pocket (insurance covered nothing	25	13	12	11	7	4	3	1	6	2	3	1	0	4	5	0	1	1	3	15	3	4
Nothing, it was free	23	14	9	6	5	4	6	2	5	3	1	3	2	1	2	3	3	0	6	8	8	1
Other	7	6	1	0	1	0	6	1	0	0	0	6	0	0	1	0	0	0	0	2	1	5

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

Q53Q7: Do you plan to continue receiving mental healthcare from a professional after the COVID-19 pandemic has ended?

	Gender			Age							Male Age				Female Age				Region			
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	262	147	110	107	71 *	31 *	42 *	11 **	62 *	39 *	18 **	23 **	4 **	45 *	32 *	13 **	18 **	7 **	59 *	83 *	48 *	71 *
Total (Unweighted)	251	129	117	91 *	67 *	45 *	34 *	14 **	47 *	35 *	26 **	16 **	5 **	44 *	32 *	19 **	18 **	9 **	59 *	99 *	48 *	45 *
Yes	207	116	88	88	57	26	28	7	53	30	17	15	1	35	27	9	14	7	54	60	41	52
No	32	17	15	13	5	3	9	2	6	3	1	5	1	6	2	3	4	1	5	11	7	9
Not sure	22	14	8	6	8	2	4	2	3	6	0	4	2	4	2	2	1	0	0	12	1	10

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

Healthcare During the Pandemic

Q5351: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

		Household Income								Education						Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status				Race/Ethnicity			
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)		$100K+ (E)		HS or Less (F)		Some College (G)	College Grad+ (H)		Yes (I)	No (J)		Yes (K)	No (L)		Yes (M)	No (N)		Homeowner (O)	Renter (P)		Married (Q)	Not married (R)		White (S)		AA (T)		Hispanic (U)	
Total	N=1093	N=303		N=170		N=138		N=417		N=330		N=378	N=244		N=610	N=483		N=427	N=666		N=375	N=718		N=750	N=308		N=488	N=605		N=687		N=136		N=179	
Total (Unweighted)	N=1093	N=414		N=212		N=140		N=263		N=313		N=328	N=285		N=585	N=508		N=409	N=684		N=367	N=726		N=750	N=308		N=550	N=543		N=820		N=104		N=86	*
Medicare/Medicaid	37%	51%	DE	42%	E	31%		26%		45%	gH	35%	31%		24%	53%	I	26%	44%	K	26%	43%	M	36%	42%		34%	39%		38%		38%		33%	
Employer-sponsored (e.g., health insurance provided	34%	15%		29%	B	51%	BC	49%	BC	21%		34%	F	46%	FG	47%	J	19%	44%	L	29%	50%	N	26%	39%	P	26%	46%	R	25%		37%	T	24%		30%	
Private (i.e., health insurance purchased on my own)	16%	10%		15%		16%		21%	B	9%		14%	21%	Fg	20%	11%	J	11%	20%	L	13%	20%	N	13%	17%	P	12%	16%		15%		16%		9%		21%	t
Veterans insurance	6%	3%		2%		7%	b	10%	BC	1%		7%	9%	F	6%	6%		10%	4%	L		10%	N	4%	8%	P	3%	8%		5%		3%		10%	S	12%	S
Public marketplace (i.e., health insurance provided by	6%	6%		5%		6%		8%		4%		4%	10%	FG	8%	4%	J	8%	5%	I	10%	10%	N	4%	7%		4%	5%		6%		5%		9%		10%	s
School-sponsored (i.e., health insurance for students	4%	2%		3%		5%	b	6%	B	1%		2%	8%	FG	6%	1%	J	9%	1%	L		10%	N	1%	5%		2%	4%		4%		2%		5%		11%	S
I am covered by a parent's or guardian's insurance in	2%	1%		1%		1%		4%	bc	3%		1%	2%		1%	3%		1%	2%		1%	3%		2%	1%		0%	3%	Cj	2%		3%		0%	
I am only covered by a parent's or guardian's insuranc	1%	1%		1%		2%		1%		1%	h	2%	0%		1%	1%		2%	1%		0%	2%	m	0%	2%	O	0%	2%	Cj	1%		4%	S	0%	
Other	1%	1%		0%		2%		1%		0%		1%	0%		0%	1%	i	0%	1%		0%	1%		1%	1%		1%	0%		1%		0%		0%	
Not sure	4%	7%	CE	1%		3%		1%		10%	GH	2%	1%		3%	5%		5%	3%		2%	5%	M	3%	3%		2%	6%	Cj	2%		10%	S	7%	S
N/A - I do not have health insurance.	9%	14%	DE	13%	DE	5%		5%		14%	H	12%	H	3%		9%		10%	7%		11%	k	6%	11%	m	7%		14%	O	7%		11%	Cj	9%		8%		11%	
Count	1.20	1.10		1.13		1.27		1.31		1.10		1.14	1.31		1.25	1.14		1.32	1.12		1.35	1.12		1.25	1.11		1.23	1.17		1.16		1.20		1.35	

* Table Base: U.S. RESPONDENTS

Q53Q1: Which of the following medical services have you put off in the last 3 months due to the COVID-19 pandemic? Please select all that apply.

		Household Income								Education						Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status				Race/Ethnicity			
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)		$100K+ (E)		HS or Less (F)		Some College (G)	College Grad+ (H)		Yes (I)	No (J)		Yes (K)	No (L)		Yes (M)	No (N)		Homeowner (O)	Renter (P)		Married (Q)	Not married (R)		White (S)		AA (T)		Hispanic (U)	
Total	N=1093	N=303		N=170		N=138		N=417		N=330		N=378	N=244		N=610	N=483		N=427	N=666		N=375	N=718		N=750	N=308		N=488	N=605		N=687		N=136		N=179	
Total (Unweighted)	N=1093	N=414		N=212		N=140		N=263		N=313		N=328	N=285		N=585	N=508		N=409	N=684		N=367	N=726		N=750	N=308		N=550	N=543		N=820		N=104		N=86	*
Dental exam/cleaning	30%	29%		31%		27%		35%		23%		32%	f	37%	F	37%	J	22%	40%	L	24%	41%	N	25%	29%		33%	33%		28%		27%		25%		47%	ST
Annual check-up/physical	27%	21%		26%		23%		35%	Bd	16%		31%	F	34%	F	33%	J	19%	38%	L	20%	42%	N	19%	27%		28%	27%		27%		20%		29%	s	48%	ST
Eye exam	25%	23%		26%		21%		30%	b	19%		24%	33%	Fg	29%	19%	J	32%	20%	L		36%	N	19%	25%		25%	24%		25%		20%		21%		38%	ST
Specialist doctor appointment (e.g., dermatologist, or	15%	13%		12%		13%		21%	BC	8%		15%	F	23%	Fg	19%	J	11%	23%	L	11%	25%	N	10%	17%	p	11%	16%		15%		15%		11%		19%	
Mental health appointment (e.g., counseling or thera	12%	9%		8%		18%	BC	15%	bc	7%		15%	F	13%	F	18%	J	5%	19%	L	7%	21%	N	7%	12%		14%	11%		12%		11%		9%		17%	
Non-life-threatening surgery	6%	5%		4%		7%		8%		4%		4%	10%	FG	8%	4%	J	10%	4%	L		11%	N	3%	7%		5%	7%		6%		6%		3%		11%	
Other	3%	2%		2%		6%		3%		5%		3%	3%		4%	2%		3%	4%			4%		3%	3%		4%	3%		3%		3%	su	2%			
None	22%	24%		21%		25%		18%		25%	H	20%	16%		16%	30%	I	10%	30%	K		9%		29%	M	24%	P	16%	24%		21%		26%	U	18%		10%	
N/A - I have not needed any medical services in the pa	20%	23%	E	19%		25%	E	14%		25%	H	19%	16%		17%	23%	i	17%	21%			14%		23%	M	18%		22%	18%		20%		21%		22%		16%	
Count	1.60	1.50		1.49		1.65		1.78		1.32		1.63	1.86		1.80	1.35		1.92	1.40			2.02		1.38	1.63		1.60	1.64		1.58		1.50		1.46		2.08	

* Table Base: U.S. RESPONDENTS

Q53Q2: Have you ever used telehealth services (i.e., health-related services or appointments over a phone, tablet, or computer) during each of the following timeframes?

Any time before the COVID-19 pandemic

		Household Income								Education						Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status				Race/Ethnicity			
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)		$100K+ (E)		HS or Less (F)		Some College (G)	College Grad+ (H)		Yes (I)	No (J)		Yes (K)	No (L)		Yes (M)	No (N)		Homeowner (O)	Renter (P)		Married (Q)	Not married (R)		White (S)		AA (T)		Hispanic (U)	
Total	N=1093	N=303		N=170		N=138		N=417		N=330		N=378	N=244		N=610	N=483		N=427	N=666		N=375	N=718		N=750	N=308		N=488	N=605		N=687		N=136		N=179	
Total (Unweighted)	N=1093	N=414		N=212		N=140		N=263		N=313		N=328	N=285		N=585	N=508		N=409	N=684		N=367	N=726		N=750	N=308		N=550	N=543		N=820		N=104		N=86	*
Yes	29%	24%		24%		26%		38%	BCd	29%		23%	33%	G	35%	21%	J	42%	20%	L		45%	N	20%	30%		27%	31%		27%		23%		34%	S	39%	S
No	71%	76%	E	76%	E	74%	e	62%		71%		77%	H	67%		65%		79%	58%	I		80%	K	55%	80%	M	70%	73%		69%		73%		77%	TU	66%		61%	

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

		Household Income								Education						Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status				Race/Ethnicity			
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)		$100K+ (E)		HS or Less (F)		Some College (G)	College Grad+ (H)		Yes (I)	No (J)		Yes (K)	No (L)		Yes (M)	No (N)		Homeowner (O)	Renter (P)		Married (Q)	Not married (R)		White (S)		AA (T)		Hispanic (U)	
Total	N=1093	N=303		N=170		N=138		N=417		N=330		N=378	N=244		N=610	N=483		N=427	N=666		N=375	N=718		N=750	N=308		N=488	N=605		N=687		N=136		N=179	
Total (Unweighted)	N=1093	N=414		N=212		N=140		N=263		N=313		N=328	N=285		N=585	N=508		N=409	N=684		N=367	N=726		N=750	N=308		N=550	N=543		N=820		N=104		N=86	*
Yes	51%	46%		47%		48%		61%	BCD	44%		50%	57%	F	55%	46%	J	61%	45%	L		67%	N	43%	52%		52%	55%		49%		49%		51%		57%	
No	49%	54%	E	53%	E	52%	E	39%		56%	H	50%	43%		45%	54%	I	39%	55%	K		33%		57%	M	48%		48%	45%		51%		51%		49%		43%	

* Table Base: U.S. RESPONDENTS

Q53Q3: Have you ever received mental healthcare from a professional (e.g., counselor, therapist, psychiatrist) during each of the following time frames?

Any time before the COVID-19 pandemic

		Household Income								Education						Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status				Race/Ethnicity			
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)		$100K+ (E)		HS or Less (F)		Some College (G)	College Grad+ (H)		Yes (I)	No (J)		Yes (K)	No (L)		Yes (M)	No (N)		Homeowner (O)	Renter (P)		Married (Q)	Not married (R)		White (S)		AA (T)		Hispanic (U)	
Total	N=1093	N=303		N=170		N=138		N=417		N=330		N=378	N=244		N=610	N=483		N=427	N=666		N=375	N=718		N=750	N=308		N=488	N=605		N=687		N=136		N=179	
Total (Unweighted)	N=1093	N=414		N=212		N=140		N=263		N=313		N=328	N=285		N=585	N=508		N=409	N=684		N=367	N=726		N=750	N=308		N=550	N=543		N=820		N=104		N=86	*
Yes	29%	27%		27%		33%		33%		23%		26%	41%	FG	36%	21%	J	14%	37%	L	15%	41%	N	24%	40%	N	24%	29%		32%		29%		30%		27%		35%	
No	68%	71%		71%		62%		65%		72%	H	72%	58%		61%	76%	I	60%	73%	K		57%		74%	M	69%		64%	70%		66%		71%		65%		61%	
Decline to answer	3%	2%		2%		4%		2%		5%	h	2%	1%		3%	3%		3%	3%			3%		3%	2%		5%	2%		4%		2%		8%	S	3%	

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

		Household Income								Education						Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status				Race/Ethnicity			
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)		$100K+ (E)		HS or Less (F)		Some College (G)	College Grad+ (H)		Yes (I)	No (J)		Yes (K)	No (L)		Yes (M)	No (N)		Homeowner (O)	Renter (P)		Married (Q)	Not married (R)		White (S)		AA (T)		Hispanic (U)	
Total	N=1093	N=303		N=170		N=138		N=417		N=330		N=378	N=244		N=610	N=483		N=427	N=666		N=375	N=718		N=750	N=308		N=488	N=605		N=687		N=136		N=179	
Total (Unweighted)	N=1093	N=414		N=212		N=140		N=263		N=313		N=328	N=285		N=585	N=508		N=409	N=684		N=367	N=726		N=750	N=308		N=550	N=543		N=820		N=104		N=86	*
Yes	24%	23%		17%		26%		30%	bC	18%		21%	31%	FG	32%	14%	J	37%	15%	L		41%	N	15%	25%		23%	23%		25%		20%		24%		38%	St
No	74%	75%		81%	dE	70%		69%		77%	H	78%	68%		66%	84%	I	61%	82%	K		58%		82%	M	73%		74%	76%		72%		79%	TU	68%		60%	
Decline to answer	2%	2%		1%		4%		1%		5%	gH	1%	1%		2%	2%		2%	3%			1%		3%	2%		3%	1%		3%		1%		8%	S	2%	

* Table Base: U.S. RESPONDENTS

Q53Q4: Which of the following are reasons why you chose to seek mental healthcare from a professional for the first time during the COVID-19 pandemic? Please select all that apply.

		Household Income								Education						Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status				Race/Ethnicity			
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)		$100K+ (E)		HS or Less (F)		Some College (G)	College Grad+ (H)		Yes (I)	No (J)		Yes (K)	No (L)		Yes (M)	No (N)		Homeowner (O)	Renter (P)		Married (Q)	Not married (R)		White (S)		AA (T)		Hispanic (U)	
Total	N=66	*	N=17	**	N=11	**	N=5	**	N=33	*	N=22	**	N=23	**	N=7	**	N=40	*	N=26	**	N=43	*	N=24	**	N=41	*	N=25	**	N=54	*	N=11	**	N=35	*	N=32	*	N=36	*	N=7	**	N=19	**
Total (Unweighted)	N=55	*	N=19	**	N=12	**	N=4	**	N=19	**	N=16	**	N=17	**	N=10	**	N=34	*	N=21	**	N=34	*	N=21	**	N=33	*	N=22	**	N=38	*	N=15	**	N=29	**	N=26	**	N=40	*	N=6	**	N=7	**
Relationship-related stress or problems	34%		22%		36%		67%		36%		47%	h	28%		4%		43%		21%		38%		27%		42%		23%		30%		57%		33%		36%		31%		64%		18%	
Increasing level of anxiety	29%		30%		32%		20%		28%		14%		20%		54%	f	37%		17%		35%		19%		31%		26%		27%		42%		36%		21%		26%		39%		37%	
Increasing level of depression	28%		23%		41%		20%		27%		26%		7%		78%	FG	30%		26%		34%		18%		33%		21%		29%		27%		36%		20%		30%		14%		36%	
Availability of teletherapy	26%		17%		51%		28%		22%		29%		23%		19%		30%		18%		32%		14%		33%		13%		27%		12%		17%		35%		15%		42%		42%	
A friend of family member recommended it	18%		5%		25%		5%		24%		13%		17%		16%		27%		4%		26%		3%		27%		3%		20%		9%		15%		21%		11%		33%		29%	
Another medical professional or my primary care phys	13%		0%		34%	b	20%		10%		16%		0%		55%	G	11%		16%		14%		11%		14%		10%		15%		5%		12%		13%		17%		0%		13%	
Stress or problems related to a change in my financial	12%		9%		17%		20%		12%		7%		2%		35%	R	16%		7%		13%		12%		15%		9%		14%		6%		20%		4%		13%		0%		18%	
Work-related stress or problems	10%		24%		5%		0%		6%		11%		10%		12%		13%		5%		11%		7%		11%		9%		7%		27%		8%		12%		14%		0%		9%	
Change in my personal schedule that allowed me to st	10%		3%		20%		0%		12%		3%		5%		14%		14%		4%		13%		5%		13%		5%		10%		10%		13%		7%		12%		30%		0%	
Change in my financial situation allowed me to afford	8%		0%		28%		0%		8%		11%		0%		27%		8%		9%		12%		2%		12%		2%		10%		0%		9%		8%		8%		0%		13%	
I planned to start before the pandemic, but finally got	7%		3%		6%		0%		8%		5%		9%		10%		2%		14%		6%		7%		7%		7%		6%		9%		8%		5%		12%		0%		0%	
Other	17%		36%	c	0%		0%		15%		23%		27%		0%		1%		41%	I	2%		44%	K	2%		41%	M	21%		0%		17%		17%		15%		14%		26%	
Count	2.12		1.73		2.95		1.82		2.06		2.02		1.47		3.23		2.31		1.83		2.34		1.70		2.40		1.66		2.15		2.04		2.23		1.99		2.04		2.35		2.41	

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC FOR THE FIRST TIME

Q53Q5: In which of the following ways have you met with a mental healthcare professional during the COVID-19 pandemic? Please select all that apply.

		Household Income								Education						Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status				Race/Ethnicity			
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)		$100K+ (E)		HS or Less (F)		Some College (G)	College Grad+ (H)		Yes (I)	No (J)		Yes (K)	No (L)		Yes (M)	No (N)		Homeowner (O)	Renter (P)		Married (Q)	Not married (R)		White (S)		AA (T)		Hispanic (U)	
Total	N=262	N=69	*	N=29	**	N=36	*	N=126		N=60	*	N=79	*	N=77	*	N=193		N=69	*	N=160		N=102		N=152		N=110		N=187		N=71	*	N=112		N=150		N=135		N=33	*	N=68	*
Total (Unweighted)	N=251	N=95	*	N=34	*	N=30	*	N=90	*	N=56	*	N=71	*	N=72	*	N=183		N=68	*	N=152		N=99	*	N=148		N=103		N=170		N=76	*	N=129		N=122		N=172		N=28	**	N=29	**
Over a video call (on any device)	62%	54%		53%		71%		65%		58%		60%	61%		67%	46%	J	69%	51%	L		71%	N	50%	62%		65%	63%		61%		65%		55%		66%					
Over an audio call (e.g., over the phone)	45%	40%		50%		52%		45%		26%		47%	f	59%	F	49%	j	33%	48%			41%		48%	41%		43%	44%		46%		45%		27%		51%					
In person	37%	52%	cde	28%		25%		35%		42%		34%	37%		41%	27%		38%	35%			36%		38%	37%		35%	29%		43%	q	34%		46%		42%					
Other	4%	3%		0%		0%		7%		1%		12%	fH	0%		0%		16%	I	3%		7%		2%		7%		5%		2%		10%	R	0%		7%		3%		0%	
Count	1.48	1.49		1.31		1.48		1.52		1.27		1.54	1.57		1.58	1.22		1.58	1.34			1.57		1.36	1.51		1.45	1.46		1.50		1.51		1.31		1.59					

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

Q53Q6: Which of the following best describes how the mental healthcare you received during the COVID-19 pandemic was paid for? If you paid using more than one of the following means, please select the one you used most often.

		Household Income							Education				Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status			Race/Ethnicity		
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)		$100K+ (E)	HS or Less (F)		Some College (G)	College Grad+ (H)	Yes (I)	No (J)	Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)		Hispanic (U)	
Total	N=262	N=69	*	N=29	**	N=36	*	N=126	N=60	*	N=79	*	N=77	*	N=193	N=69	*	N=160	N=102	N=152	N=110	N=187	N=71	*	N=112	N=150	N=135	N=33	*	N=68	*
Total (Unweighted)	N=251	N=95	*	N=34	*	N=30	*	N=90	N=56	*	N=71	*	N=72	*	N=183	N=68	*	N=152	N=99	*	N=148	N=103	N=170	N=76	*	N=129	N=122	N=172	N=28	**	N=29	**
Insurance covered the cost in full	41%	44%		44%		48%		37%	52%	h	41%		32%		38%	49%		34%	53%	K	35%		49%		39%	48%		36%		45%		40%		52%		39%	
Insurance covered some or most of the cost, and I hac	27%	18%		26%		23%		34%	17%	b	26%		36%	f	30%	20%		30%	22%		28%		26%		30%	21%		31%		24%		29%		20%		22%	
Sliding scale fee (i.e., pay what you can afford)	11%	8%		11%		8%		13%	6%		10%		12%		13%	4%		16%	2%		16%	N	3%		12%	7%		10%		11%		9%		4%		20%	
Completely out of pocket (insurance covered nothing)	10%	7%		20%		10%		8%	10%		2%		16%	G	11%	4%		11%	8%		11%		8%		10%	9%		9%		10%		10%		4%		14%	
Nothing, it was free	9%	20%	CE	0%		10%		4%	14%	h	13%		3%		7%	12%		9%	9%		9%		8%		6%	13%		8%		9%		8%		18%		5%	
Other	3%	3%		0%		0%		4%	1%		7%		1%		0%	10%	I	1%	6%	k	0%		6%	M	3%	1%		6%	R	0%		5%		1%		0%	

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

Q53Q7: Do you plan to continue receiving mental healthcare from a professional after the COVID-19 pandemic has ended?

		Household Income							Education				Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status			Race/Ethnicity		
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)		$100K+ (E)	HS or Less (F)		Some College (G)	College Grad+ (H)	Yes (I)	No (J)	Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)		Hispanic (U)	
Total	N=262	N=69	*	N=29	**	N=36	*	N=126	N=60	*	N=79	*	N=77	*	N=193	N=69	*	N=160	N=102	N=152	N=110	N=187	N=71	*	N=112	N=150	N=135	N=33	*	N=68	*
Total (Unweighted)	N=251	N=95	*	N=34	*	N=30	*	N=90	N=56	*	N=71	*	N=72	*	N=183	N=68	*	N=152	N=99	*	N=148	N=103	N=170	N=76	*	N=129	N=122	N=172	N=28	**	N=29	**
Yes	79%	88%	E	82%		88%		71%	86%		72%		86%		83%	J	67%	82%	75%		80%		78%		77%	85%		73%		84%		73%		86%		91%	s
No	12%	6%		7%		10%		17%	b	12%		18%	H	3%		8%		23%	I	10%	16%		13%		12%		15%		5%		16%		10%		17%		4%		6%	
Not sure	9%	6%		10%		3%		12%	2%		10%		11%		8%		10%		8%		9%		7%		10%		8%		9%		11%		7%		10%		11%		3%	

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

Healthcare During the Pandemic

Q5351: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

		Household Income				Education			Employed		Children in HH	Parent of Child Under 18		Home Ownership		Marital Status		Race/Ethnicity		
	Total (A)	Less than $50K (B)	$50K - $74.9K (C)	$75K - $99.9K (D)	$100K+ (E)	HS or Less (F)	Some College (G)	College Grad+ (H)	Yes (I)	No (J)	Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)	Hispanic (U)
Total	1,093	303	170	138	417	330	378	244	610	483	427	666	375	718	750	308	488	605	687	136	179
Total (Unweighted)	1,093	414	212	140	263	313	328	285	585	508	409	684	367	726	750	308	550	543	820	104	86 *
Medicare/Medicaid	404	154	72	43	107	147	133	76	149	255	111	293	97	307	269	128	168	236	261	52	58
Employer-sponsored (e.g., health insurance provided b	377	46	50	70	204	70	127	112	285	91	187	190	188	189	294	79	226	151	257	32	53
Private (i.e., health insurance purchased on my own)	171	31	26	22	89	29	53	51	120	51	87	84	77	94	129	38	78	93	109	13	37
Veterans insurance	65	9	4	10	40	2	28	23	36	29	41	24	39	27	57	8	37	28	22	13	21
Public marketplace (i.e., health insurance provided by	65	17	8	8	32	14	14	25	47	19	35	30	36	29	51	13	27	38	32	13	17
School-sponsored (i.e., health insurance for students	43	5	5	7	26	5	8	19	37	6	39	4	37	7	37	7	18	25	14	7	20
I am covered by a parent's or guardian's insurance in	21	3	1	2	15	10	5	5	9	13	6	15	3	18	16	4	2	19	11	5	1
I am only covered by a parent's or guardian's insuranc	11	2	2	2	5	3	8	0	5	6	7	4	0	11	3	7	0	11	5	5	0
Other	9	2	0	2	4	1	4	0	1	7	1	8	1	8	6	2	6	2	9	0	0
Not sure	44	20	1	4	5	33	8	2	19	25	22	22	7	37	23	11	8	36	16	13	13
N/A - I do not have health insurance.	101	41	22	6	20	48	45	7	55	46	29	72	24	77	50	43	32	69	64	11	20
Count	1.20	1.10	1.13	1.27	1.31	1.10	1.14	1.31	1.25	1.14	1.32	1.12	1.35	1.12	1.25	1.11	1.23	1.17	1.16	1.20	1.35

* Table Base: U.S. RESPONDENTS

Q53Q1: Which of the following medical services have you put off in the last 3 months due to the COVID-19 pandemic? Please select all that apply.

		Household Income				Education			Employed		Children in HH	Parent of Child Under 18		Home Ownership		Marital Status		Race/Ethnicity		
	Total (A)	Less than $50K (B)	$50K - $74.9K (C)	$75K - $99.9K (D)	$100K+ (E)	HS or Less (F)	Some College (G)	College Grad+ (H)	Yes (I)	No (J)	Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)	Hispanic (U)
Total	1,093	303	170	138	417	330	378	244	610	483	427	666	375	718	750	308	488	605	687	136	179
Total (Unweighted)	1,093	414	212	140	263	313	328	285	585	508	409	684	367	726	750	308	550	543	820	104	86 *
Dental exam/cleaning	332	87	52	38	148	77	121	91	224	108	169	163	152	180	220	103	160	172	184	34	84
Annual check-up/physical	295	64	44	31	145	54	119	84	202	92	161	134	156	139	204	88	132	163	139	40	86
Eye exam	269	68	44	29	123	64	90	80	175	94	138	131	136	133	188	77	119	150	139	28	69
Specialist doctor appointment (e.g., dermatologist, or	167	40	20	18	89	28	57	55	116	51	97	71	93	74	131	35	78	89	100	14	34
Mental health appointment (e.g., counseling or therap	129	27	14	25	61	22	55	32	107	22	83	46	80	49	86	42	53	75	76	12	30
Non-life-threatening surgery	67	17	7	10	33	13	15	25	49	18	43	24	42	25	51	16	33	33	40	5	19
Other	37	7	3	9	12	15	12	7	26	11	12	25	13	24	22	14	16	21	22	10	3
None	242	73	36	34	75	83	76	40	98	144	45	197	34	208	180	50	118	124	181	25	19
N/A - I have not needed any medical services in the pa	214	71	33	34	57	82	74	40	103	111	71	143	52	162	135	69	90	124	147	30	28
Count	1.60	1.50	1.49	1.65	1.78	1.32	1.63	1.86	1.80	1.35	1.92	1.40	2.02	1.38	1.63	1.60	1.64	1.58	1.50	1.46	2.08

* Table Base: U.S. RESPONDENTS

Q53Q2: Have you ever used telehealth services (i.e., health-related services or appointments over a phone, tablet, or computer) during each of the following timeframes?

Any time before the COVID-19 pandemic

		Household Income				Education			Employed		Children in HH	Parent of Child Under 18		Home Ownership		Marital Status		Race/Ethnicity		
	Total (A)	Less than $50K (B)	$50K - $74.9K (C)	$75K - $99.9K (D)	$100K+ (E)	HS or Less (F)	Some College (G)	College Grad+ (H)	Yes (I)	No (J)	Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)	Hispanic (U)
Total	1,093	303	170	138	417	330	378	244	610	483	427	666	375	718	750	308	488	605	687	136	179
Total (Unweighted)	1,093	414	212	140	263	313	328	285	585	508	409	684	367	726	750	308	550	543	820	104	86 *
Yes	315	72	40	36	157	94	87	80	215	100	179	136	169	146	227	83	149	165	155	47	70
No	778	231	129	102	260	236	291	164	395	383	248	530	205	573	523	225	339	439	531	89	109

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

		Household Income				Education			Employed		Children in HH	Parent of Child Under 18		Home Ownership		Marital Status		Race/Ethnicity		
	Total (A)	Less than $50K (B)	$50K - $74.9K (C)	$75K - $99.9K (D)	$100K+ (E)	HS or Less (F)	Some College (G)	College Grad+ (H)	Yes (I)	No (J)	Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)	Hispanic (U)
Total	1,093	303	170	138	417	330	378	244	610	483	427	666	375	718	750	308	488	605	687	136	179
Total (Unweighted)	1,093	414	212	140	263	313	328	285	585	508	409	684	367	726	750	308	550	543	820	104	86 *
Yes	561	138	80	66	257	146	188	138	337	224	260	301	252	309	391	159	267	294	340	69	103
No	532	165	90	71	161	184	190	105	274	259	167	365	123	410	358	149	221	311	347	67	76

* Table Base: U.S. RESPONDENTS

Q53Q3: Have you ever received mental healthcare from a professional (e.g., counselor, therapist, psychiatrist) during each of the following time frames?

Any time before the COVID-19 pandemic

		Household Income				Education			Employed		Children in HH	Parent of Child Under 18		Home Ownership		Marital Status		Race/Ethnicity		
	Total (A)	Less than $50K (B)	$50K - $74.9K (C)	$75K - $99.9K (D)	$100K+ (E)	HS or Less (F)	Some College (G)	College Grad+ (H)	Yes (I)	No (J)	Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)	Hispanic (U)
Total	1,093	303	170	138	417	330	378	244	610	483	427	666	375	718	750	308	488	605	687	136	179
Total (Unweighted)	1,093	414	212	140	263	313	328	285	585	508	409	684	367	726	750	308	550	543	820	104	86 *
Yes	320	81	46	46	139	77	99	99	218	102	161	159	150	171	216	99	139	181	186	37	63
No	741	215	120	86	270	237	272	142	374	367	255	487	212	530	518	196	340	402	488	88	110
Decline to answer	31	7	4	6	8	16	7	3	18	13	11	20	13	18	16	14	9	22	12	11	6

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

		Household Income				Education			Employed		Children in HH	Parent of Child Under 18		Home Ownership		Marital Status		Race/Ethnicity		
	Total (A)	Less than $50K (B)	$50K - $74.9K (C)	$75K - $99.9K (D)	$100K+ (E)	HS or Less (F)	Some College (G)	College Grad+ (H)	Yes (I)	No (J)	Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)	Hispanic (U)
Total	1,093	303	170	138	417	330	378	244	610	483	427	666	375	718	750	308	488	605	687	136	179
Total (Unweighted)	1,093	414	212	140	263	313	328	285	585	508	409	684	367	726	750	308	550	543	820	104	86 *
Yes	262	69	29	36	126	60	79	77	193	69	160	102	152	110	187	71	112	150	135	33	68
No	807	227	138	97	286	255	294	165	403	404	260	547	218	589	548	228	371	436	543	92	107
Decline to answer	24	7	2	5	6	16	5	2	14	10	7	17	5	19	14	9	6	18	9	11	4

* Table Base: U.S. RESPONDENTS

Q53Q4: Which of the following are reasons why you chose to seek mental healthcare from a professional for the first time during the COVID-19 pandemic? Please select all that apply.

		Household Income				Education			Employed		Children in HH	Parent of Child Under 18		Home Ownership		Marital Status		Race/Ethnicity		
	Total (A)	Less than $50K (B)	$50K - $74.9K (C)	$75K - $99.9K (D)	$100K+ (E)	HS or Less (F)	Some College (G)	College Grad+ (H)	Yes (I)	No (J)	Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)	Hispanic (U)
Total	66 *	17 **	11 **	5 **	33 *	22 **	23 **	7 **	40 *	26 **	43 *	24 **	41 *	25 **	54 *	11 **	35 *	32 *	36 *	7 **	19 **
Total (Unweighted)	55 *	19 **	12 **	4 **	19 **	16 **	17 **	10 **	34 *	21 **	34 *	21 **	33 *	22 **	38 *	15 **	29 **	26 **	40 *	6 **	7 **
Relationship-related stress or problems	23	4	4	3	12	10	7	0	17	5	16	6	17	6	16	6	12	11	11	5	3
Increasing level of anxiety	19	5	3	1	9	3	5	4	15	5	15	4	13	6	14	5	13	7	9	3	7
Increasing level of depression	19	4	4	1	9	6	2	5	12	7	14	4	13	5	16	3	12	6	11	1	7
Availability of teletherapy	17	3	5	1	7	6	5	1	12	5	14	3	14	3	15	1	6	11	5	3	8
A friend of family member recommended it	12	1	3	0	8	3	4	1	11	1	11	1	11	1	11	1	5	7	4	2	6
Another medical professional or my primary care phys	8	0	4	1	3	3	0	4	4	4	6	3	6	3	8	1	4	4	6	0	2
Stress or problems related to a change in my financial	8	2	2	1	4	2	0	2	7	2	5	3	6	2	8	1	7	1	5	0	3
Work-related stress or problems	7	4	0	0	2	2	2	1	5	1	5	2	4	2	4	3	3	4	5	0	2
Change in my personal schedule that allowed me to st	7	1	2	0	4	1	1	1	5	1	5	1	5	1	5	1	4	2	4	2	0
Change in my financial situation allowed me to afford	5	0	3	0	3	2	0	2	3	2	5	1	5	1	5	0	3	2	3	0	2
I planned to start before the pandemic, but finally got	4	1	1	0	3	1	2	1	1	4	3	2	3	2	3	1	3	2	4	0	0
Other	11	6	0	0	5	5	6	0	0	11	1	10	1	10	11	0	6	5	5	1	5
Count	2.12	1.73	2.95	1.82	2.06	2.02	1.47	3.23	2.31	1.83	2.34	1.70	2.40	1.66	2.15	2.04	2.23	1.99	2.04	2.35	2.41

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC FOR THE FIRST TIME

Q53Q5: In which of the following ways have you met with a mental healthcare professional during the COVID-19 pandemic? Please select all that apply.

		Household Income				Education			Employed		Children in HH	Parent of Child Under 18		Home Ownership		Marital Status		Race/Ethnicity		
	Total (A)	Less than $50K (B)	$50K - $74.9K (C)	$75K - $99.9K (D)	$100K+ (E)	HS or Less (F)	Some College (G)	College Grad+ (H)	Yes (I)	No (J)	Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)	Hispanic (U)
Total	262	69 *	29 **	36 *	126 *	60 *	79 *	77 *	193 *	69 *	160	102	152	110	187	71 *	112	150	135	33 *	68 *
Total (Unweighted)	251	95 *	34 *	30 *	90 *	56 *	71 *	72 *	183	68 *	152	99 *	148	103	170	76 *	129	122	172	28 **	29 **
Over a video call (on any device)	162	38	15	26	82	35	48	47	130	32	110	52	107	54	115	46	70	91	88	18	45
Over an audio call (e.g., over the phone)	118	28	15	19	57	15	37	46	95	23	76	42	73	45	88	30	49	68	61	9	34
In person	97	36	8	9	44	25	27	28	78	19	61	36	55	42	70	25	33	64	46	15	28
Other	11	2	0	0	9	1	10	0	0	11	4	7	3	8	9	1	11	0	10	1	0
Count	1.48	1.49	1.31	1.48	1.52	1.27	1.54	1.57	1.58	1.22	1.58	1.34	1.57	1.36	1.51	1.45	1.46	1.50	1.51	1.31	1.59

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

Q53Q6: Which of the following best describes how the mental healthcare you received during the COVID-19 pandemic was paid for? If you paid using more than one of the following means, please select the one you used most often.

		Household Income						Education				Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status			Race/Ethnicity			
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)	$100K+ (E)	HS or Less (F)		Some College (G)	College Grad+ (H)	Yes (I)	No (J)		Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)		Hispanic (U)	
Total	262	69	*	29	**	36 *	126	60	*	79 *	77 *	193	69	*	160	102	152	110	187	71 *	112	150	135	33	*	68	*
Total (Unweighted)	251	95	*	34	*	30 *	90 *	56	*	71 *	72 *	183	68	*	152	99 *	148	103	170	76 *	129	122	172	28	**	29	**
Insurance covered the cost in full	108	30		13		17	47	31		33	25	74	34		54	54	54	54	73	34	40	67	54	17		27	
Insurance covered some or most of the cost, and I hac	71	13		7		9	42	10		21	28	57	14		48	23	43	28	56	15	35	36	39	7		15	
Sliding scale fee (i.e., pay what you can afford)	28	5		3		3	16	3		8	9	25	2		26	2	25	3	23	5	11	17	12	1		13	
Completely out of pocket (insurance covered nothing)	25	5		6		4	10	6		2	12	22	3		17	8	16	9	18	7	10	15	13	1		10	
Nothing, it was free	23	14		0		4	5	9		10	2	14	8		14	9	14	9	12	9	9	14	11	6		3	
Other	7	2		0		0	5	1		6	0	0	7		1	6	1	7	6	1	7	0	6	0		0	

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

Q53Q7: Do you plan to continue receiving mental healthcare from a professional after the COVID-19 pandemic has ended?

		Household Income						Education				Employed		Children in HH		Parent of Child Under 18		Home Ownership		Marital Status			Race/Ethnicity			
	Total (A)	Less than $50K (B)		$50K - $74.9K (C)		$75K - $99.9K (D)	$100K+ (E)	HS or Less (F)		Some College (G)	College Grad+ (H)	Yes (I)	No (J)		Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (S)	AA (T)		Hispanic (U)	
Total	262	69	*	29	**	36 *	126	60	*	79 *	77 *	193	69	*	160	102	152	110	187	71 *	112	150	135	33	*	68	*
Total (Unweighted)	251	95	*	34	*	30 *	90 *	56	*	71 *	72 *	183	68	*	152	99 *	148	103	170	76 *	129	122	172	28	**	29	**
Yes	207	61		24		32	90	52		57	66	161	46		130	77	122	85	144	61	81	126	99	28		62	
No	32	4		2		4	22	7		14	3	16	16		16	16	19	13	28	4	18	14	23	1		4	
Not sure	22	4		3		1	14	1		8	8	15	7		13	9	11	11	15	7	12	10	13	3		2	

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

Healthcare During the Pandemic

QS3S1: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

		Insurance Status					Expanded Race/Ethnicity					Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**	**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	N=1093	N=377	N=171	N=65 *	N=404	N=148	N=682	N=130	N=179	N=67 *	N=4 **	N=342	N=512	N=239
Total (Unweighted)	N=1093	N=359	N=164	N=61 *	N=442	N=145	N=819	N=102	N=86 *	N=42 *	N=5 **	N=340	N=500	N=253
Medicare/Medicaid	37%	11%	19% b	31% B	100% BCDF	67% BCD	38%	40%	33%	37%	58%	38%	36%	37%
Employer-sponsored (e.g., health insurance provided b	34%	100% CDEF	15%	29% cE	11%	53% CDE	37% H	20%	30%	48% Hk	0%	35%	35%	32%
Private (i.e., health insurance purchased on my own)	16%	7%	100% BDEF	21% BE	8%	38% BdE	16%	10%	21% h	10%	0%	17%	13%	20% m
Veterans insurance	6%	6%	7%	18% BCE	8%	31% BCE	3%	9% G	12% G	6%	14%	7%	5%	7%
Public marketplace (i.e., health insurance provided by t	6%	5%	8%	100% BCEF	5%	28% BCE	5%	9%	10% g	2%	0%	7%	4%	9% M
School-sponsored (i.e., health insurance for students p	4%	5%	9% b	21% BcE	5%	26% BCE	2%	5%	11% Gj	0%	0%	3%	3%	7% lM
I am covered by a parent's or guardian's insurance in a	2%	1%	0%	0%	0%	3% bE	2%	4%	0%	7% Gi	0%	1%	3%	1%
I am only covered by a parent's or guardian's insurance	1%	0%	0%	0%	0%	0%	1%	4% G	0%	0%	0%	0%	2%	1%
Other	1%	0%	0%	0%	1%	2% b	1%	0%	0%	0%	0%	2%	0%	1%
Not sure	4%	0%	0%	0%	0%	0%	2%	10% Gj	7% G	0%	0%	1%	5% L	6% L
N/A - I do not have health insurance.	9%	0%	0%	0%	0%	0%	9%	8%	11%	2%	42% GHiJ	9%	10%	8%
Count	1.20	1.34	1.60	2.22	1.37	2.48	1.16	1.19	1.35	1.13	1.14	1.19	1.16	1.29

* Table Base: U.S. RESPONDENTS

QS3Q1: Which of the following medical services have you put off in the last 3 months due to the COVID-19 pandemic? Please select all that apply.

		Insurance Status					Expanded Race/Ethnicity					Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**	**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	N=1093	N=377	N=171	N=65 *	N=404	N=148	N=682	N=130	N=179	N=67 *	N=4 **	N=342	N=512	N=239
Total (Unweighted)	N=1093	N=359	N=164	N=61 *	N=442	N=145	N=819	N=102	N=86 *	N=42 *	N=5 **	N=340	N=500	N=253
Dental exam/cleaning	30%	35%	36%	34%	30%	36%	27%	26%	47% GHJ	22%	31%	24%	33% L	35% L
Annual check-up/physical	27%	32% e	37% E	62% BCEF	25%	41% E	20%	30% g	48% GH	38% G	18%	24%	27%	32%
Eye exam	25%	32% E	35% E	50% BE	21%	40% E	20%	21%	38% GH	41% GH	14%	24%	25%	26%
Specialist doctor appointment (e.g., dermatologist, ortl	15%	18%	26% bE	27%	16%	33% BE	15%	11%	19%	17%	0%	15%	12%	23% lM
Mental health appointment (e.g., counseling or therap	12%	14%	26% BE	32% BE	13%	31% BE	11%	8%	17%	8%	18%	12%	10%	17% M
Non-life-threatening surgery	6%	7%	14% B	24% BE	8%	20% BE	6%	4%	11%	1%	0%	7%	5%	8%
Other	3%	4%	6%	2%	3%	5%	3%	8% gi	2%	0%	0%	2%	4%	3%
None	22%	21%	19%	14%	28% bcd	23%	27% I	19%	10%	17%	44% i	26% N	24% N	14%
N/A - I have not needed any medical services in the pa	20%	15% cdf	8%	4%	20% CDF	7%	21%	19%	16%	14%	25%	21%	18%	19%
Count	1.60	1.78	2.07	2.48	1.64	2.38	1.50	1.46	2.08	1.59	1.49	1.54	1.57	1.77

* Table Base: U.S. RESPONDENTS

QS3Q2: Have you ever used telehealth services (i.e., health-related services or appointments over a phone, tablet, or computer) during each of the following timeframes?

Any time before the COVID-19 pandemic

		Insurance Status					Expanded Race/Ethnicity					Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**	**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	N=1093	N=377	N=171	N=65 *	N=404	N=148	N=682	N=130	N=179	N=67 *	N=4 **	N=342	N=512	N=239
Total (Unweighted)	N=1093	N=359	N=164	N=61 *	N=442	N=145	N=819	N=102	N=86 *	N=42 *	N=5 **	N=340	N=500	N=253
Yes	29%	32%	40% E	54% BE	28%	49% BE	23%	35% G	39% G	44% G	39%	24%	27%	39% LM
No	71%	68% DF	60%	46%	72% CDF	51%	77% HIJ	65%	61%	56%	61%	76% N	73% N	61%

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

		Insurance Status					Expanded Race/Ethnicity					Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**	**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	N=1093	N=377	N=171	N=65 *	N=404	N=148	N=682	N=130	N=179	N=67 *	N=4 **	N=342	N=512	N=239
Total (Unweighted)	N=1093	N=359	N=164	N=61 *	N=442	N=145	N=819	N=102	N=86 *	N=42 *	N=5 **	N=340	N=500	N=253
Yes	51%	57%	62%	73% bE	54%	68% bE	50%	52%	57%	46%	56%	47%	50%	59% Lm
No	49%	43% df	38%	27%	46% DF	32%	50%	48%	43%	54%	44%	53% N	50% n	41%

* Table Base: U.S. RESPONDENTS

QS3Q3: Have you ever received mental healthcare from a professional (e.g., counselor, therapist, psychiatrist) during each of the following time frames?

Any time before the COVID-19 pandemic

		Insurance Status					Expanded Race/Ethnicity					Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**	**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	N=1093	N=377	N=171	N=65 *	N=404	N=148	N=682	N=130	N=179	N=67 *	N=4 **	N=342	N=512	N=239
Total (Unweighted)	N=1093	N=359	N=164	N=61 *	N=442	N=145	N=819	N=102	N=86 *	N=42 *	N=5 **	N=340	N=500	N=253
Yes	29%	28%	39% b	48% Be	34%	45% Be	27%	28%	35%	36%	31%	25%	25%	44% LM
No	68%	69% cDF	59%	45%	65% Df	53%	71%	64%	61%	63%	69%	74% N	71% N	53%
Decline to answer	3%	2%	2%	7% e	2%	2%	2%	8% G	3%	1%	0%	2%	4%	3%

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

		Insurance Status					Expanded Race/Ethnicity					Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**	**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	N=1093	N=377	N=171	N=65 *	N=404	N=148	N=682	N=130	N=179	N=67 *	N=4 **	N=342	N=512	N=239
Total (Unweighted)	N=1093	N=359	N=164	N=61 *	N=442	N=145	N=819	N=102	N=86 *	N=42 *	N=5 **	N=340	N=500	N=253
Yes	24%	25%	42% BE	53% BE	26%	43% BE	20%	25%	38% Gh	23%	46%	18%	23%	35% LM
No	74%	73% CDF	58%	42%	72% CDF	56%	79% HI	67%	60%	75%	54%	81% mN	74% N	63%

Decline to answer	2%	2%	0%	5% C	2%	2%	1%	8% Gi	2%	1%	0%	1%	3%	2%

* Table Base: U.S. RESPONDENTS

QS3Q4: Which of the following are reasons why you chose to seek mental healthcare from a professional for the first time during the COVID-19 pandemic? Please select all that apply.

			Insurance Status				Expanded Race/Ethnicity					Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**	**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	N=66 *	N=27 **	N=19 **	N=7 **	N=16 **	N=11 **	N=36 *	N=7 **	N=19 **	N=0 **	N=1 **	N=17 **	N=32 *	N=18 **
Total (Unweighted)	N=55 *	N=17 **	N=13 **	N=7 **	N=17 **	N=8 **	N=40 *	N=6 **	N=7 **	N=0 **	N=1 **	N=13 **	N=29 **	N=13 **
Relationship-related stress or problems	34%	53%	30%	67% e	13%	75% E	31%	64%	18%	0%	0%	11%	51%	28%
Increasing level of anxiety	29%	20%	37%	31%	34%	21%	26%	39%	37%	0%	0%	16%	47%	9%
Increasing level of depression	28%	10%	37%	18%	39%	18%	30%	14%	36%	0%	0%	27%	33%	21%
Availability of teletherapy	26%	18%	34%	32%	31%	31%	15%	42%	42%	0%	100%	35%	15%	35%
A friend of family member recommended it	18%	22%	20%	35%	8%	22%	11%	33%	29%	0%	0%	29%	13%	16%
Another medical professional or my primary care physi	13%	9%	19%	27%	15%	23%	17%	0%	13%	0%	0%	11%	11%	18%
Stress or problems related to a change in my financial s	12%	4%	23%	9%	13%	0%	13%	0%	18%	0%	0%	14%	14%	9%
Work-related stress or problems	10%	1%	14%	0%	17%	6%	14%	0%	9%	0%	0%	10%	12%	6%
Change in my personal schedule that allowed me to sta	10%	10%	26%	15%	0%	21%	12%	30%	0%	0%	0%	7%	15%	3%
Change in my financial situation allowed me to afford i	8%	11%	19%	18%	0%	23%	8%	0%	13%	0%	0%	3%	8%	14%
I planned to start before the pandemic, but finally got	7%	0%	10%	9%	7%	6%	12%	0%	0%	0%	0%	0%	5%	15%
Other	17%	20%	0%	0%	38% c	0%	15%	14%	26%	0%	0%	29%	4%	28%
Count	2.12	1.79	2.69	2.61	2.16	2.44	2.04	2.35	2.41	0.00	1.00	1.91	2.27	2.03

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC FOR THE FIRST TIME

QS3Q5: In which of the following ways have you met with a mental healthcare professional during the COVID-19 pandemic? Please select all that apply.

			Insurance Status				Expanded Race/Ethnicity					Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**	**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	N=262	N=93 *	N=72 *	N=34 *	N=105	N=64 *	N=135	N=32 *	N=68 *	N=16 **	N=2 **	N=61 *	N=116	N=85 *
Total (Unweighted)	N=251	N=87 *	N=55 *	N=25 **	N=110	N=56 *	N=172	N=27 **	N=29 **	N=12 **	N=3 **	N=54 *	N=107	N=90 *
Over a video call (on any device)	62%	67%	60%	70%	63%	68%	65%	54%	66%	40%	38%	63%	57%	68%
Over an audio call (e.g., over the phone)	45%	41%	54%	47%	47%	48%	45%	25%	51%	66% h	69%	46%	44%	46%
In person	37%	37%	35%	59%	44%	54%	34%	45%	42%	27%	31%	31%	34%	46%
Other	4%	10% ce	0%	0%	2%	3%	7%	3%	0%	0%	0%	12% mN	3%	0%
Count	1.48	1.54	1.48	1.75	1.57	1.73	1.51	1.27	1.59	1.32	1.38	1.52	1.38	1.60

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS3Q6: Which of the following best describes how the mental healthcare you received during the COVID-19 pandemic was paid for? If you paid using more than one of the following means, please select the one you used most often.

			Insurance Status				Expanded Race/Ethnicity					Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**	**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	N=262	N=93 *	N=72 *	N=34 *	N=105	N=64 *	N=135	N=32 *	N=68 *	N=16 **	N=2 **	N=61 *	N=116	N=85 *
Total (Unweighted)	N=251	N=87 *	N=55 *	N=25 **	N=110	N=56 *	N=172	N=27 **	N=29 **	N=12 **	N=3 **	N=54 *	N=107	N=90 *
Insurance covered the cost in full	41%	30%	38%	37%	50% B	32%	40%	54%	39%	59%	0%	43%	40%	41%
Insurance covered some or most of the cost, and I had	27%	30% e	34% e	26%	17%	35% e	29%	18%	22%	31%	0%	20%	26%	34%
Sliding scale fee (i.e., pay what you can afford)	11%	13%	14%	30% e	11%	22%	9%	4%	20%	6%	0%	12%	9%	12%
Completely out of pocket (insurance covered nothing)	10%	11%	10%	6%	11%	10%	10%	4%	14%	0%	38% hj	10%	10%	9%
Nothing, it was free	9%	9%	3%	0%	9%	1%	8%	19%	5%	4%	31%	5%	14% N	3%
Other	3%	6%	1%	1%	2%	2%	5%	1%	0%	0%	31% ghI	10% MN	1%	1%

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS3Q7: Do you plan to continue receiving mental healthcare from a professional after the COVID-19 pandemic has ended?

			Insurance Status				Expanded Race/Ethnicity					Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**	**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	N=262	N=93 *	N=72 *	N=34 *	N=105	N=64 *	N=135	N=32 *	N=68 *	N=16 **	N=2 **	N=61 *	N=116	N=85 *
Total (Unweighted)	N=251	N=87 *	N=55 *	N=25 **	N=110	N=56 *	N=172	N=27 **	N=29 **	N=12 **	N=3 **	N=54 *	N=107	N=90 *
Yes	79%	67%	81%	87%	94% Bcf	80%	73%	85%	91% g	78%	100%	75%	77%	85%
No	12%	22% E	13% e	11%	3%	12% e	17%	4%	6%	22%	0%	20%	10%	10%
Not sure	9%	10%	6%	2%	4%	8%	10%	11%	3%	0%	0%	6%	12%	6%

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

Healthcare During the Pandemic

QS3S1: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

		Insurance Status						Expanded Race/Ethnicity						Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public**	**Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**		**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	1,093	377	171	65	*	404	148	682	130	179		67 *	4 **	342	512	239
Total (Unweighted)	1,093	359	164	61	*	442	145	819	102	86	*	42 *	5 **	340	500	253
Medicare/Medicaid	404	43	33	20		404	99	261	52	58		25	2	129	186	89
Employer-sponsored (e.g., health insurance provided b	377	377	26	19		43	79	252	26	53		32	0	120	181	76
Private (i.e., health insurance purchased on my own)	171	26	171	14		33	56	109	13	37		7	0	57	66	48
Veterans insurance	65	22	12	12		30	46	22	12	21		4	1	23	26	16
Public marketplace (i.e., health insurance provided by	65	19	14	65		20	41	32	12	17		1	0	23	20	21
School-sponsored (i.e., health insurance for students p	43	17	16	14		20	39	14	7	20		0	0	11	15	18
I am covered by a parent's or guardian's insurance in a	21	2	1	0		1	5	11	5	1		5	0	3	16	2
I am only covered by a parent's or guardian's insurance	11	0	0	0		0	0	5	5	0		0	0	1	8	3
Other	9	0	1	0		2	2	9	0	0		0	0	5	2	1
Not sure	44	0	0	0		0	0	16	13	13		0	0	5	25	14
N/A - I do not have health insurance.	101	0	0	0		0	0	64	11	20		2	2	32	50	20
Count	1.20	1.34	1.60	2.22		1.37	2.48	1.16	1.19	1.35		1.13	1.14	1.19	1.16	1.29

* Table Base: U.S. RESPONDENTS

QS3Q1: Which of the following medical services have you put off in the last 3 months due to the COVID-19 pandemic? Please select all that apply.

		Insurance Status						Expanded Race/Ethnicity						Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public**	**Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**		**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	1,093	377	171	65	*	404	148	682	130	179		67 *	4 **	342	512	239
Total (Unweighted)	1,093	359	164	61	*	442	145	819	102	86	*	42 *	5 **	340	500	253
Dental exam/cleaning	332	132	62	22		119	54	184	34	84		15	1	82	167	83
Annual check-up/physical	295	121	63	40		101	61	139	39	86		26	1	83	137	76
Eye exam	269	119	61	32		86	60	139	27	69		28	1	81	126	62
Specialist doctor appointment (e.g., dermatologist, ort	167	67	44	18		65	49	100	14	34		11	0	52	60	55
Mental health appointment (e.g., counseling or therap	129	53	44	21		54	46	76	11	30		5	1	40	49	40
Non-life-threatening surgery	67	26	24	15		33	30	40	5	19		0	0	24	25	19
Other	37	14	10	1		13	8	22	10	3		0	0	6	23	8
None	242	79	32	9		112	34	181	25	19		12	2	88	122	32
N/A - I have not needed any medical services in the pa	214	58	14	3		79	11	143	25	28		10	1	73	94	47
Count	1.60	1.78	2.07	2.48		1.64	2.38	1.50	1.46	2.08		1.59	1.49	1.54	1.57	1.77

* Table Base: U.S. RESPONDENTS

QS3Q2: Have you ever used telehealth services (i.e., health-related services or appointments over a phone, tablet, or computer) during each of the following timeframes?

Any time before the COVID-19 pandemic

		Insurance Status						Expanded Race/Ethnicity						Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public**	**Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**		**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	1,093	377	171	65	*	404	148	682	130	179		67 *	4 **	342	512	239
Total (Unweighted)	1,093	359	164	61	*	442	145	819	102	86	*	42 *	5 **	340	500	253
Yes	315	120	69	35		114	73	155	46	70		30	2	82	140	93
No	778	256	102	30		290	75	527	85	109		37	3	260	372	146

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

		Insurance Status						Expanded Race/Ethnicity						Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public**	**Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**		**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	1,093	377	171	65	*	404	148	682	130	179		67 *	4 **	342	512	239
Total (Unweighted)	1,093	359	164	61	*	442	145	819	102	86	*	42 *	5 **	340	500	253
Yes	561	214	106	48		217	101	340	68	103		31	2	160	258	142
No	532	163	65	18		187	47	342	62	76		36	2	182	254	97

* Table Base: U.S. RESPONDENTS

QS3Q3: Have you ever received mental healthcare from a professional (e.g., counselor, therapist, psychiatrist) during each of the following time frames?

Any time before the COVID-19 pandemic

		Insurance Status						Expanded Race/Ethnicity						Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public**	**Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**		**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	1,093	377	171	65	*	404	148	682	130	179		67 *	4 **	342	512	239
Total (Unweighted)	1,093	359	164	61	*	442	145	819	102	86	*	42 *	5 **	340	500	253
Yes	320	107	66	32		135	66	186	36	63		24	1	85	130	105
No	741	261	101	29		261	79	484	84	110		42	3	252	364	126
Decline to answer	31	9	4	4		7	3	12	11	6		1	0	5	18	8

* Table Base: U.S. RESPONDENTS

Since the COVID-19 pandemic began

		Insurance Status						Expanded Race/Ethnicity						Political Philosophy		
	Total (A)	**Employer-sponsored**	**Private (C)**	**Public**	**Marketplace (I**	**Medicare or Medicai**	**More than 1 insuranc**	**White (Not Hispanic)**	**African American (Nc**	**Hispanic (I)**		**Asian (Not Hispanic) (**	**Native American or A**	**Conservative (L)**	**Moderate (M)**	**Liberal (N)**
Total	1,093	377	171	65	*	404	148	682	130	179		67 *	4 **	342	512	239
Total (Unweighted)	1,093	359	164	61	*	442	145	819	102	86	*	42 *	5 **	340	500	253
Yes	262	93	72	34		105	64	135	32	68		16	2	61	116	85
No	807	275	99	28		293	82	538	87	107		50	2	278	380	150

Decline to answer	24		8		0		3		7		2		9		11		4		1		0		4		16		5					

* Table Base: U.S. RESPONDENTS

QS3Q4: Which of the following are reasons why you chose to seek mental healthcare from a professional for the first time during the COVID-19 pandemic? Please select all that apply.

							Insurance Status												Expanded Race/Ethnicity												Political Philosophy			
	Total (A)		Employer-sponsored		Private (C)		Public Marketplace (I		Medicare or Medicai		More than 1 insuranc		White (Not Hispanic)		African American (Nc		Hispanic (I)		Asian (Not Hispanic)		Native American or A		Conservative (L)		Moderate (M)		Liberal (N)					
Total	66	*	27	**	19	**	7	**	16	**	11	**	36	*	7	**	19	**	0	**	1	**	17	**	32	*	18	**				
Total (Unweighted)	55	*	17	**	13	**	7	**	17	**	8	**	40	*	6	**	7	**	0	**	1	**	13	**	29	**	13	**				
Relationship-related stress or problems	23		14		6		5		2		8		11		5		3		0		0		2		16		5					
Increasing level of anxiety	19		5		7		2		5		2		9		3		7		0		0		3		15		2					
Increasing level of depression	19		3		7		1		6		2		11		1		7		0		0		5		10		4					
Availability of teletherapy	17		5		7		2		5		3		5		3		8		0		1		6		5		6					
A friend of family member recommended it	12		6		4		3		1		2		4		2		6		0		0		5		4		3					
Another medical professional or my primary care physi	8		3		4		2		2		3		6		0		2		0		0		2		3		3					
Stress or problems related to a change in my financial s	8		1		4		1		2		0		5		0		3		0		0		2		4		2					
Work-related stress or problems	7		0		3		0		3		1		5		0		2		0		0		2		4		1					
Change in my personal schedule that allowed me to sta	7		3		5		1		0		2		4		2		0		0		0		1		5		1					
Change in my financial situation allowed me to afford t	5		3		4		1		0		3		3		0		2		0		0		1		3		2					
I planned to start before the pandemic, but finally got	4		0		2		1		1		1		4		0		0		0		0		0		2		3					
Other	11		5		0		0		6		0		5		1		5		0		0		5		1		5					
Count	2.12		1.79		2.69		2.61		2.16		2.44		2.04		2.35		2.41		0.00		1.00		1.91		2.27		2.03					

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC FOR THE FIRST TIME

QS3Q5: In which of the following ways have you met with a mental healthcare professional during the COVID-19 pandemic? Please select all that apply.

							Insurance Status												Expanded Race/Ethnicity												Political Philosophy			
	Total (A)		Employer-sponsored		Private (C)		Public Marketplace (I		Medicare or Medicai		More than 1 insuranc		White (Not Hispanic)		African American (Nc		Hispanic (I)		Asian (Not Hispanic)		Native American or A		Conservative (L)		Moderate (M)		Liberal (N)					
Total	262		93	*	72	*	34	*	105		64	*	135		32	*	68	*	16	**	2	**	61	*	116		85	*				
Total (Unweighted)	251		87	*	55	*	25	**	110		56	*	172		27	**	29	**	12	**	3	**	54	*	107		90	*				
Over a video call (on any device)	162		62		43		24		66		43		88		17		45		6		1		38		66		57					
Over an audio call (e.g., over the phone)	118		38		39		16		49		31		61		8		34		10		1		28		51		39					
In person	97		34		25		20		46		35		46		14		28		4		1		19		39		39					
Other	11		9		0		0		2		2		10		1		0		0		0		8		4		0					
Count	1.48		1.54		1.48		1.75		1.57		1.73		1.51		1.27		1.59		1.32		1.38		1.52		1.38		1.60					

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS3Q6: Which of the following best describes how the mental healthcare you received during the COVID-19 pandemic was paid for? If you paid using more than one of the following means, please select the one you used most often.

							Insurance Status												Expanded Race/Ethnicity												Political Philosophy			
	Total (A)		Employer-sponsored		Private (C)		Public Marketplace (I		Medicare or Medicai		More than 1 insuranc		White (Not Hispanic)		African American (Nc		Hispanic (I)		Asian (Not Hispanic)		Native American or A		Conservative (L)		Moderate (M)		Liberal (N)					
Total	262		93	*	72	*	34	*	105		64	*	135		32	*	68	*	16	**	2	**	61	*	116		85	*				
Total (Unweighted)	251		87	*	55	*	25	**	110		56	*	172		27	**	29	**	12	**	3	**	54	*	107		90	*				
Insurance covered the cost in full	108		28		27		13		52		20		54		17		27		9		0		27		46		35					
Insurance covered some or most of the cost, and I had	71		28		24		9		17		22		39		6		15		5		0		12		30		29					
Sliding scale fee (i.e., pay what you can afford)	28		12		10		10		12		14		12		1		13		1		0		7		10		10					
Completely out of pocket (insurance covered nothing)	25		11		7		2		12		6		13		1		10		0		1		6		12		7					
Nothing, it was free	23		9		2		0		10		0		11		6		3		1		1		3		17		3					
Other	7		5		0		0		2		1		6		0		0		0		1		6		1		0					

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS3Q7: Do you plan to continue receiving mental healthcare from a professional after the COVID-19 pandemic has ended?

							Insurance Status												Expanded Race/Ethnicity												Political Philosophy			
	Total (A)		Employer-sponsored		Private (C)		Public Marketplace (I		Medicare or Medicai		More than 1 insuranc		White (Not Hispanic)		African American (Nc		Hispanic (I)		Asian (Not Hispanic)		Native American or A		Conservative (L)		Moderate (M)		Liberal (N)					
Total	262		93	*	72	*	34	*	105		64	*	135		32	*	68	*	16	**	2	**	61	*	116		85	*				
Total (Unweighted)	251		87	*	55	*	25	**	110		56	*	172		27	**	29	**	12	**	3	**	54	*	107		90	*				
Yes	207		63		58		30		98		51		99		27		62		12		2		45		90		72					
No	32		21		9		4		3		7		23		1		4		4		0		12		12		8					
Not sure	22		10		4		1		4		5		13		3		2		0		0		3		14		5					

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC