QS2S1: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

QS2S1: Which of the following type(s) of health is	insurance do you cur	rently have? Please s	elect all that apply.																			
			Gender			Age					Male Age					Female Age					Region	
Total	Total (A) N=1060	Male (B) N=493	Female (C) N=555	18-34 (D) N=311	35-44 (E) N=178	45-54 (F) N=153	55-64 (G) N=182	65+ (H) N=236	18-34 (I) N=153	35-44 (J) N=88	45-54 (K) N=65	55-64 (L) N=88	65+ (M) N=108	18-34 (N) N=158	35-44 (O) N=90	45-54 (P) N=88	55-64 (Q) N=94	65+ (R) N=128	Northeast (S) N=185	South (T) N=412	Midwest (U) N=220	West (V) N=243
Total (Unweighted)	N=1060	N=422	N=631	N=300	N=179	N=142	N=146	N=293	N=110	N=82 *	N=43 *	N=44 *	N=146	N=190	N=97 *	N=99 *	N=102	N=147	N=210	N=445	N=208	N=197
Medicare/Medicaid Employer-sponsored (e.g., health insurance	38%	35%	41%	24%	21%	20%	27%	89% DEFG	19%	24%	17%	24%	86% IJKL	29%	19%	22%	30%	92% NOPO	37%	41%	33%	38%
provided by an employer, COBRA)	33%	34%	33%	27% H	44% DH	43% DH	50% DH	13%	25%	42% IM	32%	60% IKM	19%	29% R	46% NR	50% NR	41% nR	9%	48% TV	30% v	40% tV	21%
Private (i.e., health insurance purchased on my o	numl saw	16%	13%	14%	17%	16%	11%	12%	15%	21%	21%	11%	12%	14%	14%	13%	10%	13%	16%	12%	11%	19% tu
Public marketplace (i.e., health insurance provide	ed																					
by federal or state government) Veterans insurance	6% 5%	9% C 7% C	4% 3%	10% gH 2%	7% H	11% gH 4%	4% h 7% d	1% 6% d	13% IM 2%	9% M	20% LM 3%	1% 12%	0% 12%	8% R 2%	4% 7% r	3% 6%	6% r 2%	1% 1%	11% T 8% u	4% 5%	6% 2%	8% 5%
School-sponsored (i.e., health insurance for			376		770				279	770	376											
students provided by a university)	4%	5%	3%	8% FGH	5% gH	1%	0%	0%	8% M	9% M	0%	1%	1%	8% oQR	1%	2%	0%	0%	7% U	3% u	0%	5% U
I am covered by a parent's or guardian's insurance addition to another insurance account	ce in 2%	2%	2%	7% EFGH	0%	0%	0%	0%	9% JM	0%	0%	0%	0%	5% opqR	0%	0%	0%	0%	4% U	1%	0%	4% U
I am only covered by a parent's or guardian's																						
insurance account Other	1%	1%	1%	4% EfgH	0%	0%	0%	0% 4% DEfg	4% m 0%	0%	0%	0%	6%	4% qr 0%	0%	0%	0%	0% 3% n	1%	1%	1% 2%	2%
Not sure	3%	2%	3%	6% fGH	4%	0%	0%	1%	4%	6% m	0%	0%	1%	8% pQr	2%	1%	1%	2%	1%	3%	3%	1% 4%
N/A - I do not have health insurance. Count	1.17	10% 1.23	9% 1.12	18% GH 1.21	13% H 1.18	10% H 1.05	8% H 1.07	0% 1.27	24% kLM 1.23	12% M 1.31	8% M 1.01	4% m 1.14	0% 1.36	12% R 1.19	14% R 1.06	11% R 1.08	12% R 1.02	0% 1.20	8% 1.41	12% 1.13	10%	10% 1.16
Count	2.27	1.13	***	1.11	1.10	1.05	1.07	2.27	1.13	1.31	1.01	1.14	2.30	1.13	1.00	1.00	1.02	1.10	4.44	1.13	1.07	1.10
* Table Base:	US RESPONDEN	rs																				
QS2Q1: Which of the following medical services	have you put off in th	e last 3 months due	to the COVID-19 pands	emic? Please select all	I that apply.																	
			Gender													Earnala Ara						
	Total (A)	Male (B)	Gender Female (C)	18-34 (D)	35-44 (E)	Age 45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	Male Age 45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (0)	Female Age 45-54 (P)	55-64 (Q)	65+ (R)	Northeast (5)	South (T)	Region Midwest (U)	West (V)
Total	N=1060	N=493	N=555	N=311	N=178	N=153	N=182	N=236	N=153	N=88 *	N=65 *	N=88	N=108	N=158	N=90 • N=97 •	N=88 *	N=94 *	N=128	N=185	N=412		N=243
Total (Unweighted) Dental exam/cleaning	N=1060 30%	N=422 34% C	N=631 26%	N=300 37% H	N=179 36% H	N=142 28%	N=146 28% h	N=293 19%	N=110 37% M	N=82 * 37% M	N=43 * 39% M	N=44 * 39% M	N=146 19%	N=190 36% POR	N=97 * 36% pQR	N=99 * 20%	N=102 18%	N=147 18%	N=210 29%	N=445 27%	N=208 33%	N=197 33%
NET: NON-ROUTINE APPOINTMENTS	28%	30%	26%	45% EFGH	32% H	26% H	22% H	11%	45% LM	34% M	31% M	23%	14%	44% oPQR	30% R	22% R	21% R	9%	35% T	22%	29%	34% T
Specialist doctor appointment (e.g., dermatologist, orthopedic doctor,	18%	18%	18%	28% FGH	22% GH	16%	10%	9%	25% Lm	23% Im	19%	7%	13%	31% PQR	21% R	13%	13%	6%	20%	15%	20%	19%
Mental health appointment (e.g., counseling	ng																					
or therapy) Non-life-threatening surgery	14%	15% 8% C	11%	22% fH 7% H	17% H	12% H	14% H	1%	24% M 8%	22% M 12% M	12% M 15% M	19% M	1% 3%	21% QR	11% R	12% R	9% R 2%	1%	23% T 9% T	7%	16% T	15% T 9% T
Annual check-up/physical	25%	26%	25%	32% GH	28% H	31% H	20%	14%	30% M	28% m	36% M	21%	15%	34% QR	29% R	27% R	19%	12%	32% t	23%	24%	25%
Eye exam Other	24% 3%	26% 3%	22% 3%	25% H 2%	26% H 4%	25% h 6% d	30% H 2%	15% 3%	23% 1%	31% m 8% i	30% 6%	37% M 1%	17% 3%	27% R 2%	21% 1%	21% 7% o	24% r 3%	14% 3%	28% 3%	24% 3%	23% 3%	20% 4%
None	25%	5% 27%	23%	15%	16%	20%	25% d	48% DEFG	1%	18%	20%	26%	56% IJKL	16%	1%	20%	23%	42% NOPO	25%	27%	24%	22%
N/A - I have not needed any medical services in t		17% 1.75	25% B 1.58	16% 1.84	21% 1.80	23% 1.70	29% D 1.62	22% 1.33	13% 1.76	17% 1.95	13% 1.91	27% I	16% 1.43	19% 1.92	25% 1.65	30% 1.55	30% n 1.42	27% 1.25	16% 1.87	22% 1.53	24% 1.72	21% 1.68
Count	1.66	1.75	1.58	1.84	1.80	1.70	1.62	1.33	1.76	1.95	1.91	1.84	1.43	1.92	1.65	1.55	1.42	1.25	1.87	1.53	1.72	1.68
* Table Base:	US RESPONDEN	rs																				
QS2Q2: Have you ever used telehealth services (li.e., health-related se	rvices or appointme	nts over a phone, table	t. or computer) durin	g each of the followin	g timeframes?																
Any time before the COVID-19 pandemic			Gender			Age					Male Age					Female Age					Region	
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (0)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Region Midwest (U)	West (V)
Total Total (Unweighted)	N=1060 N=1060	N=493 N=422	N=555 N=631	N=311 N=300	N=178 N=179	N=153 N=142	N=182 N=146	N=236 N=293	N=153 N=110	N=88 N=82	N=65 N=43	N=88 N=44	N=108 N=146	N=158 N=190	N=90 N=97	N=88 N=99	N=94 * N=102	N=128 N=147	N=185 N=210	N=412 N=445	N=220 N=208	N=243 N=197
Yes No	23%	28% C	18%	36% eFGH	26% GH	21%	13%	15%	42% LM	32% L	34% L	11%	20%	29% POR	19%	11%	15%	11%	26%	25%	19%	21% 79%
No	77%	72%	82% B	64%	74% d	79% D	87% DE	85% DE	58%	68%	66%	89% UK	80%	71%	81%	89% N	85% N	89% N	74%	75%	81%	79%
* Table Base:	US RESPONDEN	TS																				
Since the COVID-19 pandemic began			Gender			Age					Male Age					Female Age					Region	
	Total (A)	Male (B)	Female (C) N=555	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M) N=108	18-34 (N)	35-44 (0)	45-54 (P)	55-64 (Q)	65+ (R) N=128	Northeast (S)	South (T) N=412	Midwest (U) N=220	West (V) N=243
Total Total (Unweighted)	N=1060 N=1060	N=493 N=422	N=555 N=631	N=311 N=300	N=178 N=179	N=153 N=142	N=182 N=146	N=236 N=293	N=153 N=110	N=88 N=82	N=65 N=43	N=88 * N=44 *	N=108 N=146	N=158 N=190	N=90 * N=97 *	N=88 * N=99 *	N=94 * N=102	N=128 N=147	N=185 N=210	N=412 N=445	N=220 N=208	N=243 N=197
Yes	49%	50%	47%	58% fGH	51%	46%	43%	42%	60% M	61% M	45%	44%	40%	57% oQR	42%	47%	41%	43%	56%	48%	45%	50%
No	51%	50%	53%	42%	49%	54% d	57% D	58% D	40%	39%	55%	56%	60% IJ	43%	58% n	53%	59% N	57% N	44%	52%	55%	50%
* Table Base:	US RESPONDEN	rs																				
Q52Q3: Have you ever received mental healthca																						
	ire from a professiona	ii (e.g., counseior, th	erapist, psychiatrist) du	aring each of the folio	wing time frames?																	
Any time before the COVID-19 pandemic			Gender								Male Age					Female Age					Region	
	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (0)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total	N=1060	N=493	N=555	N=311	N=178	N=153	N=182	N=236	N=153	N=88 *	N=65 N=43	N=88	N=108	N=158	N=90 *	N=88 *	N=94 *	N=128 N=147	N=185	N=412	N=220	N=243 N=197
Total (Unweighted) Yes	N=1060 29%	N=422 30%	N=631 28%	N=300 34% gH	N=179 39% GH	N=142 36% gH	N=146 22%	N=293 14%	N=110 33% M	N=82 * 46% LM	40% M	N=44 * 23%	N=146 12%	N=190 35% QR	32% R	N=99 * 33% R	N=102 22%	N=147 17%	N=210 37% UV	N=445 30%	N=208 24%	24%
No	69%	70%	28% 70%	62%	59%	62%	22% 78% DEF	84% DEF	63% 4% m	53% 1%	40% M 60%	23% 77% J	88% UK	61%	65%	63%	78% Np 0%	81% NOP	61%	68%	75% S	72% 5
Decline to answer	2%	1%	2%	4% g	2%	2%	0%	1%	4% m	1%	0%	0%	0%	3%	3%	4% q	0%	2%	2%	2%	1%	4%
* Table Base:	US RESPONDEN	TS																				
Since the COVID-19 pandemic began			Gender			Age					Male Age					Female Age					Region Midwest (U)	
Total	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E) N=178	45-54 (F) N=153	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (0)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S) N=185	South (T) N=412	Midwest (U) N=220	West (V)
Total Total (Unweighted)	N=1060 N=1060	N=493 N=422	N=555 N=631	N=311 N=300	N=179	N=142	N=182 N=146	N=236 N=293	N=153 N=110	N=88 * N=82 *	N=65 N=43	N=88 N=44	N=108 N=146	N=158 N=190	N=90 * N=97 *	N=88 * N=99 *	N=94 * N=102	N=128 N=147	N=210	N=445	N=208	N=243 N=197
Yes	22%	23%	21%	27% H 71%	28% H	26% H 69%	19% h 80% e	10%	23% M	36% M 63%	26% M 74%	25% M 75%	10% 90% IJkL	32% QR	21% r 75%	26% qR 66%	12%	10% 89% NOP	26% V 72%	24% v 73%	23%	16% 84% ST
No Decline to answer	76% 2%	76% 1%	76% 3% B	71% 2%	69% 3% h	69% 4% H	80% e	89% DEFG 0%	76% 1%	63% 1%	74%	75%	90% IJKL 0%	66% 3%	75% 4% r	66% 8% R	85% NP 2%	89% NOP 0%	72% 1%	73%	76% 1%	84% ST 1%
* Table Base:	US RESPONDEN																					
QS2Q4: Which of the following are reasons why	you chose to seek me	ental healthcare from	n a professional for the	first time during the	COVID-19 pandemic?	Please select all that a	ipply.															
			Gender			Age					Male Age					Female Age					Region Midwest (U)	
Tabel	Total (A)	Male (B) N=27	Female (C) N=28	18-34 (D)	35-44 (E) N=7	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (0)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U) N=15	West (V)
Total Total (Unweighted)	N=55 N=52	N=17 ***	N=35 *	N=27 **	N=7 ***	N=7 **	N=10 *** N=5 ***	N=6 **	N=9 ** N=6 **	N=4 ** N=4 **	N=0 ** N=1 **	N=2 **	N=4 **	N=21 **	N=3 *** N=3 ***	N=6 **	N=3 *** N=3 ***	N=2 **	N=9 ** N=12 **	N=24 **	N=10 **	N=8 *** N=6 ***
Increasing level of anxiety	51%	55%	47%	36%	72%	26%	85%	49%	31%	53%	0%	100%	39%	40%	100%	28%	40%	69%	22%	59% 5	46%	67%
Increasing level of depression Another medical professional or my primary care	39%	38%	39%	51% h	28%	25%	54%	3%	71%	0%	0%	45%	4%	39%	67%	27%	79%	0%	38%	24%	75% T	15%
physician recommended it	36%	47%	26%	28%	28%	35%	51%	48%	56%	0%	0%	55%	57%	11%	67% n	38%	40%	31%	7%	36%	43%	55%
Work-related stress or problems Relationship-related stress or problems	34% 21%	43% 19%	25% 22%	26% 42%	56% h	14% 10%	74% h 0%	0%	11% 56%	73%	0%	100% m 0%	0%	35% 33%	33% 27%	15% 11%	0%	0%	21% 19%	33% 22%	27% 30%	62% 4%
I planned to start before the pandemic, but final	lly							0,0														
got around to it during the pandemic Change in my financial situation allowed me to	16%	7%	24%	31%	16%	0%	0%	0%	9%	27%	0%	0%	0%	44%	0%	0%	0%	0%	22%	29%	0%	0%
afford mental healthcare	15%	16%	15%	18%	0%	0%	41%	0%	0%	0%	0%	55%	0%	28%	0%	0%	0%	0%	2%	6%	3%	78% STI
Stress or problems related to a change in my financial situation	14%	120/	16%	228/		100	ov.		27%	250	OW.		0%				0%	0%		26%	111/	
Change in my personal schedule that allowed me	e to	13%		22%	32%	10%	0%	0%		25%	0%	0%	U%	18%	41%	11%	U%	U%	0%	26%	11%	4%
start making appointments	12%	22% c	2%	10%	0%	0%	41%	0%	20%	0%	0%	55%	0%	4%	0%	0%	0%	0%	9%	5%	0%	55% Tu
A friend of family member recommended it Availability of teletherapy	12% 8%	8% 4%	16% 11%	13% 6%	9% 17%	51% 10%	0%	0% 13%	11%	15%	100%	0%	0% 20%	15% 9%	0% 41%	47% 11%	0%	0%	36% t	6% 15%	3% 2%	15% 0%
Other	3%	0%	5%	2%	0%	16%	0%	0%	0%	0%	0%	0%	0%	4%	0%	18%	0%	0%	0%	3%	6%	0%
Count	2.60	2.72	2.48	2.85	2.68	1.98	3.45	1.13	2.92	1.93	1.00	4.10	1.20	2.81	3.75	2.07	1.59	1.00	1.82	2.65	2.46	3.55

Tetal (Inweighted) Over a video call (on any denice) In person Over an audio call (e.g., over the phone) Other Count *Table Base:	Total (A) N=234 N=239 58% 53% 40% 1% 1.51	Male (B) N=116 N=94 59% 52% 36% 1% 1.49	Gender Female (C) N=116 N=143 55% 53% 45% 1% 1.54 M A PROFESSIONAL D	18-34 (D) N=85 N=95 67% H 43% 46% 8 0% 1.56	35-44 (E) N=51 • N=56 • 56% H 57% 49% G 0%	Age 45-54 (F) N=40 N=39 62% H 58% 37% 0% 1.57	55-64 (G) N=34 N=22 55% 64% 17% 0% 1.36	65+ (H) N=24 N=27 27% 52% 38% 5% d 1.22	18-34 (I) N=35 N=28 66% 33% 33% 0% 1.32	35-44 (J) N=32 • N=31 • 61% 50% 56% 0% 1.66	Male Age 45-54 (K) N=17 N=14 76% 62% 39% 0% 1.77	55-64 (L) N=22 N=10 48% 70% 16% 0% 1.35	65+ (M) N=11 N=12 34% 63% 26% 6% 1.29	18-34 (N) N=50 • N=67 • 67% R 49% 56% q 0% 1.72	35-44 (O) N=19 N=25 47% 70% 38% 0% 1.55	Female Age 45-54 (P) N=23 N=25 55% 36% 0% 1.43	S5-64 (Q) N=12 ··· N=12 ··· 68% ··· 53% 19% 0% 1.40	65+ (R) N=13 N=15 21% 44% 47% 5% 1.17	Northeast (5) N=49 • N=60 • 73% T 40% 54% 0% 1.67	South (T) N=97 N=100 51% 54% 38% 1% 1.44	Region Midwest (U) N=50 ° N=44 ° 62% 37% 0% 1.55	West (V) N=38 N=35 51% 60% 33% 0% 1.44
QS2Q6: Which of the following best describes ho	w the mental health	care you received du	ring the COVID-19 pan	demic was paid for? If	you paid using more	than one of the follow	wing means, please se	lect the one you used	most often.													
	Total (A)	Maie (B)	Gender Female (C)	18-34 (D)	35-44 (E)	Age 45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	Male Age 45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (0)	Female Age 45-54 (P)	55-64 (Q)	65+ (R)	Northeast (5)	South (T)	Region Midwest (U)	West (V)
Total	N=234	N=116	N=116	N=85 *	N=51 *	N=40 *	N=34 *	N=24 **	N=35 *	N=32 *	N=17 **	N=22 **	N=11 **	N=50 *	N=19 **	N=23 **	N=12 ***	N=13 **	N=49 *	N=97 *	N=50 *	N=38 *
Total (Unweighted)	N=239	N=94 *	N=143	N=95 *	N=56 *	N=39 *	N=22 **	N=27 **	N=28 **	N=31 *	N=14 **	N=10 **	N=12 **	N=67 *	N=25 **	N=25 **	N=12 **	N=15 **	N=60 *	N=100	N=44 *	N=35 *
Insurance covered the cost in full Insurance covered some or most of the cost, and	44%	44%	43%	36%	31%	57% e	64% dE	46%	34%	31%	73%	65%	34%	38%	31%	45%	62%	56%	54% v	45%	44%	28%
had to pay a copay/coinsurance Completely out of pocket (insurance covered	28%	32%	25%	33%	35% g	18%	10%	39% g	41%	35%	16%	13%	51%	28%	36%	20%	4%	29%	23%	28%	36%	26%
nothing)	10%	9%	11%	11%	10%	7%	15%	2%	8%	10%	0%	19%	0%	13%	10%	12%	9%	3%	10%	7%	12%	14%
Sliding scale fee (i.e., pay what you can afford)	9%	8%	10%	8%	18% h	9%	6%	0%	12%	16%	0%	0%	0%	5%	20% n	16%	16%	0%	8%	11%	2%	14%
Nothing, it was free	8%	7%	10%	11%	6%	9%	5%	9% 5%	5%	8%	12%	2%	5%	14%	3%	8%	9%	12%	4%	8%	5%	19% 5
Other	1%	1%	1%	1%	0%	0%	0%	5%	0%	0%	0%	0%	10%	1%	0%	0%	0%	0%	0%	1%	1%	0%
* Table Base:	RECEIVED MENT	TAL HEALTHCARE FRO	M A PROFESSIONAL D	URING THE PANDEMIC																		
QS2Q7: Do you plan to continue receiving menta	l healthcare from a p	professional after the	COVID-19 pandemic h	as ended?																		
			Gender			Age					Male Age					Female Age					Region	
Total	Total (A) N=234	Male (B) N=116	Female (C) N=116	18-34 (D) N=85	35-44 (E) N=51	45-54 (F) N=40	55-64 (G) N=34	65+ (H) N=24 **	18-34 (I) N=35	35-44 (J) N=32	45-54 (K) N=17 **	55-64 (L) N=22	65+ (M) N=11	18-34 (N) N=50	35-44 (O) N=19	45-54 (P) N=23 **	55-64 (Q) N=12	65+ (R) N=13 **	Northeast (S) N=49	South (T) N=97	Midwest (U) N=50	West (V) N=38
Total (Unweighted)	N=234 N=239	N=116 N=94 *	N=116 N=143	N=85 N=95	N=51 N=56	N=40 N=39	N=34 **	N=24 ***	N=35 N=28	N=32 N=31	N=17 ***	N=22 *** N=10 ***	N=11 ***	N=50 - N=67 -	N=19 ***	N=23 ***	N=12 ***	N=15 **	N=49 N=60	N=97 N=100	N=50 N=44	N=38 ** N=35 **
Yes	80%	75%	84%	79%	86% H	85%	78%	63%	76% m	85% M	74%	80%	40%	81%	87%	93%	75%	82%	90%	77%	76%	78%
No	14%	17%	12%	17%	13%	3%	16%	24% f	21%	14%	4%	15%	36%	14%	13%	3%	16%	15%	10%	14%	18%	18%
Not sure	6%	8%	4%	4%	1%	11% E	6%	12% E	3%	1%	22%	5%	24% J	5%	0%	4%	8%	3%	0%	9% s	6%	4%

QS2S1: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

	insurance do you curr	ently have? Please s	elect all that apply.																			
			Gender			Age					Male Age					Female Age					Region	
Total	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G) 182	65+ (H) 236	18-34 (I) 153	35-44 (J)	45-54 (K) 65	55-64 (L)	65+ (M)	18-34 (N) 158	35-44 (O)	45-54 (P) 88	55-64 (Q)	65+ (R)	Northeast (S)	South (T) 412	Midwest (U) 220	West (V)
Total (Unweighted)	1,060 1,060	493 422	555 631	311 300	178 179	153 142	146	293	110	88 *	43 *	88 *	108 146	190	97 •	99 *	94 * 102	128 147	185 210	445	208	243 197
Medicare/Medicaid Employer-sponsored (e.g., health insurance	403	173	226	75	38	31	49	210	29	21	11	21	93	46	17	19	28	117	68	171	72	92
provided by an employer, COBRA)	349	168	181	84	78	65	91	31	38	37	21	53	20	46	41	44	39	11	89	122	87	51
Private (i.e., health insurance purchased on my o	nwn) 149	76	72	44	31	25	19	29	22	10	13	10	12	22	12	12	10	16	30	49	23	46
Public marketplace (i.e., health insurance provid	ed	76	72	44	31	25	19	29	22	16	13	10	12		12	12	10	10	30	***	23	40
by federal or state government) Veterans insurance	69 54	44 36	25 18	33	12 12	16	7 13	2 15	21	8	13	1 11	0 13	12	3	3	5	1	20 15	17 22	13	19 11
School-sponsored (i.e., health insurance for				,		,	15	13	*	0	2		15	*		3	2				,	
students provided by a university)	39	23	16	26	9	2	1	1	13	8	0	1	1	13	1	2	0	0	13	14	0	12
I am covered by a parent's or guardian's insurant addition to another insurance account	ce in 22	12	9	22	0	0	0	0	13	0	0	0	0	9	0	0	0	0	7	6	0	9
I am only covered by a parent's or guardian's																						
insurance account Other	13 10	6	6	13	0	0	0	0	6	0	0	0	0	6	0	0	0	0	2	3	2	5
Not sure	30	11	18	18	7	1	1	3	5	5	ő	ő	1	12	2	1	1	2	2	11	7	9
N/A - I do not have health insurance. Count	108 1.17	51 1.23	50 1.12	55 1.21	23 1.18	15 1.05	15 1.07	0 1.27	36 1.23	11 1.31	5 1.01	4 1.14	0 1.36	19 1.19	13 1.06	10	1.02	0 1.20	14 1.41	48 1.13	1.07	23 1.16
					1.10	1.05	1.07	1.17	1.13	1.31	1.01	1.14	1.30	1.13	1.00	1.00	1.01	1.10	1.41	1.13	1.07	1.10
* Table Base:	US RESPONDENT	rs																				
QS2Q1: Which of the following medical services	have you put off in th	e last 3 months due	to the COVID-19 pand	emic? Please select al	I that apply.																	
	Total (A)	Male (B)	Gender Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	Male Age 45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (0)	Female Age 45-54 (P)	55-64 (Q)	65+ (R) 128	Northeast (S)	South (T)	Region Midwest (U) 220	West (V) 243
Total	1,060	493	555	311	178	153	182 146	236 293	153	88 *	65 *	88 .	108	158	90 •	88	94 *	128 147	185	412 445	220	243
Total (Unweighted) Dental exam/cleaning	1,060 317	422 168	631 145	300 115	179 65	142 43	146 52	293 44	110 57	33	43 25	44 • 34	146 21	190 58	97 • 32	99 *	102 17	147 23	210 54	445 111	208 72	197 80
NET: NON-ROUTINE APPOINTMENTS	301	147	145	139	57	40	40	26	69	30	20	20	15	70	27	20	20	11	64	91	64	82
Specialist doctor appointment (e.g., dermatologist, orthopedic doctor,	191	90	100	88	40	24	18	21	38	21	12	6	14	50	19	12	12	8	37	63	45	46
Mental health appointment (e.g., counseli	ng								30		**											
or therapy) Non-life-threatening surgery	145 64	74 41	62 22	70 22	29 16	18 15	25	3	37 13	19 10	8	17	1	33	10	10	8	2	43 17	31 14	35 10	36 21
Annual check-up/physical	267	126	137	100	51	47	37	32	46	24	23	19	16	54	26	24	18	16	60	95	52	60
Eye exam Other	253 34	130 15	121 16	78	46	38 10	55	35	35	27	20	32	18	43	19	19	23	17	52 5	101 11	51	50 11
None	34 264	133	130	46	28	31	45	114	22	16	13	23	61	25	13	18	22	53	45	113	53	53
N/A - I have not needed any medical services in t		84	141	49	37	35	52	52	20	15	9	24	17	29	22	26	29	35	30	92	52	51
Count	1.66	1.75	1.58	1.84	1.80	1.70	1.62	1.33	1.76	1.95	1.91	1.84	1.43	1.92	1.65	1.55	1.42	1.25	1.87	1.53	1.72	1.68
* Table Base:	US RESPONDENT	rs																				
QS2Q2: Have you ever used telehealth services (i.e., health-related se	rvices or appointme	nts over a phone, table	t, or computer) durin	ng each of the followin	g timeframes?																
Any time before the COVID-19 pandemic																						
Any time before the COVID-15 partoenic			Gender Female (C)			Age					Male Age					Female Age					Region Midwest (U)	
Total	Total (A)	Male (B)	Female (C)	18-34 (D)	35-44 (E)	45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (O)	45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Midwest (U)	West (V)
Total (Unweighted)	1,060 1,060	493 422	555 631	311 300	178 179	153 142	182 146	236 293	153 110	88 * 82 *	65 43	88 *	108 146	158 190	90 •	88 99	94 *	128 147	185 210	412 445	220 208	243 197
Yes No	247 813	138 355	101 454	111 200	45 132	32 121	24 158	35 201	65 88	28 60	22 43	10 78	21 86	46 112	17 72	10 78	14 80	14 114	49 136	104 308	42 177	52 192
			434	200	132	121	136	201	00	60	43	70	00	112	/2	70	80	114	150	308	1//	192
* Table Base: Since the COVID-19 pandemic began	US RESPONDENT	rs																				
Since the COVID-15 partocinic began			Gender			Age					Male Age					Female Age					Region	
Total	Total (A) 1,060	Male (B) 493	Female (C) 555	18-34 (D) 311	35-44 (E) 178	45-54 (F) 153	55-64 (G) 182	65+ (H) 236	18-34 (I) 153	35-44 (J) 88	45-54 (K)	55-64 (L) 88	65+ (M) 108	18-34 (N) 158	35-44 (O) 90	45-54 (P) 88	55-64 (Q) 94	65+ (R) 128	Northeast (S) 185	South (T) 412	Midwest (U) 220	West (V) 243
Total (Unweighted)	1,060	422	631	300	179	142	146	293	110	82 *	43	44 •	146	190	97	99 •	102	147	210	445	208	197
Yes No	520	248 245	262 293	182 129	91 86	71 82	78 104	98 137	91	54 34	29 36	39 49	43 64	90 68	38 52	42 46	39 55	55 73	103 82	197 215	99	121
No	540		293	129	86	82	104	137	61	34	36	49	64	68	52	46	55	73	82	215	120	123
* Table Base:																						
	US RESPONDENT																					
QS2Q3: Have you ever received mental healthca		rs	erapist, psychiatrist) di	uring each of the follo	wing time frames?																	
QS2Q3: Have you ever received mental healthca		rs	erapist, psychiatrist) di	uring each of the folio	owing time frames?																	
	are from a professiona	rs I (e.g., counselor, th	Gender			Age					Male Age					Female Age					Region	
QS2Q3: Have you ever received mental healthca Any time before the COVID-19 pandemic	re from a professiona Total (A)	I (e.g., counselor, th	Gender Female (C)	18-34 (D)	35-44 (E)	Age 45-54 (F)	55-64 (G)	65+ (H)	18-34 (f)	35-44 (J)	Male Age 45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (0)	Female Age 45-54 (P)	55-64 (Q)	65+(R)	Northeast (S)	South (T)	Region Midwest (U)	West (V)
QS2Q3: Have you ever received mental healthca Any time before the COVID-19 pandemic Total Total [Unweighted]	Total (A) 1,060 1.060	I (e.g., counselor, th Male (B) 493 422	Gender Female (C) 555 631	18-34 (D) 311 300	35-44 (E) 178 179	153 142	182 146	236 293	153 110	88 *	65 43	88 *	108 146	158 190	90 •	88 *	94 *	128 147	185 210	412 445	220 208	243 197
QSZQ3: Have you ever received mental healthca Any time before the COVID-19 pandemic Total Total (Unweighted) Yes	Total (A) 1,060 1,060 304	Male (B) 493 422 146	Gender Female (C) 555 631 154	18-34 (D) 311 300 106	35-44 (E) 178 179 69	153 142 55	182 146 40	236 293 34	153 110 50	88 * 82 *	65 43 26	88 * 44 *	108 146 13	158 190 56	90 • 97 • 28	88 • 99 •	94 • 102 20	128 147 21	185 210 68	412 445 125	220 208 52	243 197 59
Q\$203: Have you ever received mental healthca Any time before the COVID-19 pandemic Total Total (Inweighted) Yes	Total (A) 1,060 1,060 304 733	I (e.g., counselor, th Male (B) 493 422	Gender Female (C) 555 631	18-34 (D) 311 300	35-44 (E) 178 179	153 142	182 146	236 293	153 110	88 *	65 43	88 *	108 146	158 190	90 •	88 *	94 *	128 147	185 210	412 445	220 208	243 197 59 174
QSZQ2: Have you ever received mental healthca Any time before the COVID-19 pandemic Total Total (Unweighted) Yes No Decline to answer	Total (A) 1,060 1,060 304 733 22	Male (B) 493 422 146 344 3	Gender Female (C) 555 631 154 389	18-34 (D) 311 300 106 193	35-44 (E) 178 179 69	153 142 55	182 146 40	236 293 34	153 110 50	88 * 82 *	65 43 26 39	88 44 20 68	108 146 13 95	158 190 56	90 97 28 58	88 • 99 •	94 • 102 20	128 147 21 104	185 210 68 113	412 445 125	220 208 52 165	243 197 59
Q\$203: Have you ever received mental healthca Any time before the COVID-19 pandemic Total Total (Inweighted) Yes	Total (A) 1,060 1,060 304 733	Male (B) 493 422 146 344 3	Gender Female (C) 555 631 154 389 13	18-34 (D) 311 300 106 193	35-44 (E) 178 179 69	153 142 55 95 4	182 146 40	236 293 34	153 110 50	88 * 82 *	65 43 26 39 0	88 44 20 68	108 146 13 95	158 190 56	90 97 28 58	88 99 29 55 4	94 • 102 20	128 147 21 104	185 210 68 113	412 445 125	220 208 52 165 3	243 197 59 174
Q52Q3: Now you ever received mental health: Any time before the COVID-19 pandemic Total Total (Unweighted) Total Decline to answer * Table Base:	Total (A) 1,060 1,060 304 733 22 US RESPONDENT	Male (8) 493 422 146 344 3	Gender Female (C) 555 631 154 389 13	18-34 (D) 311 300 106 193 12	35-44 (E) 178 179 69 105 4	153 142 55 95 4	182 146 40 142 0	236 293 34 199 3	153 110 50 96 7	88 82 40 46 1	65 43 26 39 0	88 44 20 68 0	108 146 13 95 0	158 190 56 97 5	90 97 28 58 3	88 99 55 4	94 * 102 20 74 0	128 147 21 104 3	185 210 68 113 4	412 445 125 281 6	220 208 52 165 3	243 197 59 174 10
QS2QE Neve you ever received mental healths. Any time before the COVID-19 pandemic Total Total (Unweighted) Yes Descine to answer * Table Base: Since the COVID-19 pandemic began	Total (A) 1,060 1,060 304 733 22 US RESPONDENT	Male (B) 493 422 146 344 3	Gender Female (C) 555 631 154 389 13 Gender Female (C) 555	18-34 (D) 311 300 106 193 12	35-44 (E) 178 179 69 105 4 35-44 (E) 178	153 142 55 95 4 Age 45-54 (F)	182 146 40 142 0	236 293 34 199 3	153 110 50 96 7	88 82 40 46 1	65 43 26 39 0 Male Age 45-54 (K)	88 44 20 68 0 55-64 (L)	108 146 13 95 0	158 190 56 97 5	90 • 97 • 28 • 58 • 3 • 35-44 (O) 90 • •	88 99 29 55 4 Female Age 45-54 (P) 88	94 102 20 74 0	128 147 21 104 3	185 210 68 113 4 Northeast (5) 185	412 445 125 281 6 South (T)	220 208 52 165 3 Region Midwest (U) 220	243 197 59 174 10 West (V) 243
QS2Q3: New you ever received mental healthca. Any time before the COVID-19 pandemic Total Total (Linweighted) Yes Decline to answer *Table Base: Since the COVID-19 pandemic began Total Total (Linweighted)	Total (A) 1.060 1.060 304 733 22 US RESPONDENT Total (A) 1.060 1.060	Male (B) 493 422 146 344 3 Male (B) 493 422 427	Gender Female (C) 555 631 154 389 13 Gender Female (C) 555 631	18-34 (D) 311 300 106 193 12 18-34 (D) 311 300	35-44 (E) 178 179 69 105 4 35-44 (E) 178	153 142 55 95 4 Age 45-54 (F) 153 142	182 146 40 142 0 55-64 (G) 182 146	236 293 34 199 3	153 110 50 96 7 18-34 (I) 153 110	88 82 40 46 1 35-44 (J) 88 82	65 43 26 39 0 Male Age 45-54 (K) 65 43	88 44 20 68 0 55-64 (L) 88 44	108 146 13 95 0	158 190 56 97 5 18-34 (N) 158	90 97 28 58 3 3 35-44 (O) 90 97	88 99 29 55 4 Female Age 45-54 (P) 88 99	94 102 20 74 0	128 147 21 104 3 65+(R) 128 147	185 210 68 113 4 Northeast (5) 185 210	412 445 125 281 6 South (T) 412 445	220 208 52 165 3 Region Midwest (U) 220 208	243 197 59 174 10 West (V) 243 197
QS2QE Neve you ever received mental healths. Any time before the COVID-19 pandemic Total Total (Unweighted) Yes Descine to answer * Table Base: Since the COVID-19 pandemic began	Total (A) 1,060 1,060 304 733 22 US RESPONDENT	Male (B) 493 422 146 344 3	Gender Female (C) 555 631 154 389 13 Gender Female (C) 555	18-34 (D) 311 300 106 193 12 18-34 (D) 311 300	35-44 (E) 178 179 69 105 4 35-44 (E) 178	153 142 55 95 4 Age 45-54 (F) 153 142	182 146 40 142 0	236 293 34 199 3 65+ (H) 236 293 24	153 110 50 96 7	88 82 40 46 1	65 43 26 39 0 Male Age 45-54 (K)	88 44 20 68 0 55-64 (L)	108 146 13 95 0	158 190 56 97 5 18-34 (N) 158	90 • 97 • 28 • 58 • 3 • 35-44 (O) 90 • •	88 99 29 55 4 Female Age 45-54 (P) 88	94 102 20 74 0	128 147 21 104 3	185 210 68 113 4 Northeast (5) 185 210	412 445 125 281 6 South (T)	220 208 52 165 3 Region Midwest (U) 220	243 197 59 174 10 West (V) 243 197
QS2Q3: New you ever received mental healthca. Any time before the COVID-19 pandemic Total Total (Linweighted) Yes Decline to answer *Table Base: Since the COVID-19 pandemic began Total Total (Linweighted)	Total (A) 1,060 1,060 304 733 22 US RESPONDENT Total (A) 1,060 1,060 1,060 234	Male (8) 493 422 146 344 3 5 Male (8) 493 422 116	Gender Female (C) 555 631 154 389 13 Gender Female (C) 555 631 116	18-34 (D) 311 300 106 193 12	35-44 (E) 178 179 69 105 4 35-44 (E) 178 179	153 142 55 95 4 Age 45-54 (F)	182 146 40 142 0 55-64 (G) 182 146 34	236 293 34 199 3	153 110 50 96 7 18-34 (I) 153 110 35	88 82 40 46 1 1 35-44 (J) 88 82 32 32	65 43 26 39 0 Male Age 45-54 (K) 65 43 17	88 44 220 68 0 55-64 (L) 88 44 22	108 146 13 95 0	158 190 56 97 5	90 97 28 58 3 3 35-44 (O) 90 97	88 99 29 55 4 Female Age 45-54 (P) 88 99 23	94 102 20 74 0	128 147 21 104 3 65+(R) 128 147	185 210 68 113 4 Northeast (5) 185	412 445 125 281 6 South (T) 412 445 97	220 208 52 165 3 Region Midwest (U) 220 208 50	243 197 59 174 10 West (V) 243
QS2QE New you ever received mental healthca Any time before the COVID-19 pandemic Total Total (Unweighted) No Decine to answer "Table Izes." Since the COVID-19 pandemic began Total (Unweighted)	Total (A) 1,060 1,060 304 733 22 US RESPONDENT Total (A) 1,060 1,060 234 806	Male (8) 493 422 146 344 3 TS Male (8) 493 422 116 334 3	Gender Female (C) 555 631 154 389 13 Gender Female (C) 555 631 116 421	18-34 (D) 311 300 106 193 12 18-34 (D) 311 300 85 220	35-44 (E) 178 179 69 105 4 35-44 (E) 178 51 122	153 142 55 95 4 Age 45-54 (F) 153 142 40 106	182 146 40 142 0 55-64 (G) 182 146 34 146	236 293 34 199 3 65+ (H) 236 293 24 211	153 110 50 96 7 18-34 (I) 153 110 35	88 82 40 46 1 1 35-44 (J) 88 82 32 32	65 43 26 39 0 Male Age 45-54 (K) 65 43 17 48	88 44 - 22 65	108 146 13 95 0 65+(M) 108 146 11 97	158 190 56 97 5 18-34 (N) 158 190 50	90 • 97 • 28 58 3 3 35-44 (O) 90 • 97 • 19 67	88 99 29 55 4 Female Age 45-54 (P) 88 99 23	94 102 20 74 0	128 147 21 104 3 65+ (R) 128 147 13	185 210 68 113 4 Northeast (5) 185 210 49 134	412 445 125 281 6 South (T) 412 445 97 301	220 208 52 165 3 Region Mildwest (U) 220 208 50 167	243 197 59 174 10 West (V) 243 197 38 204
Q52Q: Neve you ever received mental healths. Any time before the COVID-19 pandemic Total Total (Unweighted) Yes No Table Base: *Table Base: Total Total (Unweighted) Yes Decline to answer *Table Base: Total Total (Unweighted) Yes No Decline to answer * Table Base:	Total (A) 1.060 1.060 304 733 22 US RESPONDENT Total (A) 1.060 1.060 234 806 20 US RESPONDENT	Male (B) 493 422 146 344 3 55 Male (B) 493 422 146 344 3 355	Gender Female (C) 555 631 154 389 13 Gender Female (C) 555 631 116 421 17	18-34 (D) 311 300 106 193 12 18-34 (D) 311 300 85 220 6	35-44 (E) 178 69 105 4 35-44 (E) 179 51 122 5	153 142 55 95 4 Age 45-54 (F) 153 142 40 7	182 146 40 142 0 55-64 (G) 182 146 34 146 2	236 293 34 199 3 65+ (H) 236 293 24 211	153 110 50 96 7 18-34 (I) 153 110 35	88 82 40 46 1 1 35-44 (J) 88 82 32 32	65 43 26 39 0 Male Age 45-54 (K) 65 43 17 48	88 44 - 22 65	108 146 13 95 0 65+(M) 108 146 11 97	158 190 56 97 5 18-34 (N) 158 190 50	90 • 97 • 28 58 3 3 35-44 (O) 90 • 97 • 19 67	88 99 29 55 4 Female Age 45-54 (P) 88 99 23	94 102 20 74 0	128 147 21 104 3 65+ (R) 128 147 13	185 210 68 113 4 Northeast (5) 185 210 49 134	412 445 125 281 6 South (T) 412 445 97 301	220 208 52 165 3 Region Mildwest (U) 220 208 50 167	243 197 59 174 10 West (V) 243 197 38 204
Q52Q3: Neve you ever received mental healths. Any time before the COVID-19 pandemic Total Total (Investighted) You Declare to answer * Table Bases: Total Total (Unweighted) Total Total (Unweighted) You Declare to answer	Total (A) 1.060 1.060 304 733 22 US RESPONDENT Total (A) 1.060 1.060 234 806 20 US RESPONDENT	Male (B) 493 422 146 344 3 55 Male (B) 493 422 146 344 3 355	Gender Female (C) 555 631 154 389 13 Gender Female (C) 555 631 116 421	18-34 (D) 311 300 106 193 12 18-34 (D) 311 300 85 220 6	35-44 (E) 178 69 105 4 35-44 (E) 179 51 122 5	153 142 55 95 4 Age 45-54 (F) 153 142 40 7	182 146 40 142 0 55-64 (G) 182 146 34 146 2	236 293 34 199 3 65+ (H) 236 293 24 211	153 110 50 96 7 18-34 (I) 153 110 35	88 82 40 46 1 1 35-44 (J) 88 82 32 32	65 43 26 39 0 Male Age 45-54 (K) 65 43 17 48 0	88 44 - 22 65	108 146 13 95 0 65+(M) 108 146 11 97	158 190 56 97 5 18-34 (N) 158 190 50	90 • 97 • 28 58 3 3 35-44 (O) 90 • 97 • 19 67	88 99 29 55 4 Female Age 45-54 (P) 88 99 23	94 102 20 74 0	128 147 21 104 3 65+ (R) 128 147 13	185 210 68 113 4 Northeast (5) 185 210 49 134	412 445 125 281 6 South (T) 412 445 97 301	220 208 52 165 3 Region Midwest (U) 220 208 50 167 3	243 197 59 174 10 West (V) 243 197 38 204
Q52Q: Neve you ever received mental healths. Any time before the COVID-19 pandemic Total Total (Unweighted) Yes No Table Base: *Table Base: Total Total (Unweighted) Yes Decline to answer *Table Base: Total Total (Unweighted) Yes No Decline to answer * Table Base:	Total (A) 1.060 1.060 1.060 304 733 22 US RESPONDENT Total (A) 1.060 1.060 234 806 20 US RESPONDENT you chose to seek me	Male (8) Male (8) 493 422 16 e	Gender Female (C) 555 631 154 389 13 Gender Female (C) 555 631 116 421 17	18-34 (D) 311 300 106 193 12 18-34 (D) 311 300 85 220 6 first time during the	35-44 (E) 178 179 69 105 4 35-44 (E) 178 179 51 122 5	153 142 55 95 4 4 45-54 (F) 153 142 40 106 7	182 146 40 142 0 55-64 (G) 182 146 34 146 2	236 293 34 199 3 3 65+(H) 226 293 24 211	153 110 50 96 7 7 18-34 (0) 153 110 35 116 2	88 • 82 • 40 • 46 1 1 35-44 (J) 88 • 82 • 32 55 1	65 43 26 39 0 0 Male Age 45-54 (K) 65 48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	88 -44 -20 -68 0 0 -55-64(L) 88 -44 -22 -65 0 0	108 146 13 95 0 65+(M) 108 146 11 97 0	158 190 56 97 5 18-34 (N) 158 190 50 104 4	90 • 97 • 28 58 53 3 3 3 44 (O) 90 97 • 19 67 4	88 99 29 55 4 Female Age 45-54 (P) 88 77 Female Age 45-54 (P) 86 7 7	94 102 20 74 0 0 S5-64 (Q) 94 102 12 81 2	128 147 21 104 3 65+(R) 128 147 13 114	185 210 68 113 4 Northeast (5) 185 210 49 134 2	412 445 125 281 6 South (T) 412 445 97 301 14	220 208 52 165 3 Region Midwest (U) 220 208 50 167 3	243 197 59 174 10 West (V) 243 197 38 204
QS2QE Neve you ever received mental healths. Any time before the COVID-19 pandemic Total Total (Unweighted) Yes Stacker to answer * Table Base: Total Total (Unweighted) Yes No Decline to answer * Table Base: Stacker to answer * Table Base: Stacker to answer * Table Base: GS2Q4: Which of the following are reasons why Total	Total (A) 1.060 304 1.072 22 US RESPONDENT Total (A) 1.060 204 US RESPONDENT Total (A) 1.060 2.060 2.060 2.072 US RESPONDENT Total (A) 2.072 US RESPONDENT Total (A) 2.074 US RESPONDENT Total (A)	Make (B)	Gender Female (C) 555 631 154 389 13 Gender Female (C) 555 631 116 421 17 7	18-34 (D) 311 300 106 193 12 18-34 (D) 311 300 85 220 6 first time during the	35-44 (E) 178 179 60 90 105 4 35-44 (E) 178 178 179 122 122 5	153 142 55 95 4 Age 45-54 (F) 153 142 40 7 Please select all that a	182 146 40 142 0 55-64 (G) 182 146 34 146 2	226 293 34 199 3 3 65+(H) 226 293 24 211 1	153 110 50 96 7 7 18-34 (0) 153 110 2	88 • 82 • 40 • 46 • 1 1 35-44 (J) 88 • 82 • 32 55 1 1	65 43 26 39 0	88 - 44 - 20 - 68 - 0 - 0	108 146 13 95 0 65+(M) 108 146 11 97 0	158 190 56 97 5 18-34 (N) 158 190 50 104 4	90 • 97 • 28 58 3 3 35-44 (O) 90 • 97 • 19 67	88 99 29 55 4 Female Age 45-54 (P) 88 7 7	94 102 20 74 0 0 55-64 (Q) 94 102 12 81 2 3	128 147 21 104 3 65+(R) 128 147 13 114 1	185 210 68 113 4 Northeast (5) 185 210 49 134 2	412 445 125 281 6 South (T) 412 445 97 301 14	220 208 52 165 3 Region Midwest (U) 208 50 167 3	243 197 59 174 10 West (V) 243 197 38 204
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QS2QE Neve you ever received mental healthca. Any time before the COVID-19 pandemic. Total Total (Unweighted) Yes No Decline to answer Since the COVID-19 pandemic began Total Total (Unweighted) Yes No Decline to answer * Table Base: * Table Base: * Table State: * Table Gloweighted Yes Total Total (Unweighted) Yes Total (Unweighted) Total Total (Unweighted) Total Total (Unweighted) * Table Base: * Table Base: * Table Base: * Table Base: * Table Answer * Table Base: * Table Answer * Table Base: * Table	Total (A) 1,060 1,060 1,060 1,060 20 22 US RESPONDENT Total (A) 1,060 4,060 US RESPONDENT Total (A) 1,060 US RESPONDENT Total (A) 1,060 1,	Male (B) Male (B)	Gender Female (C) 555 139 319 319 319 319 319 319 319 319 319	18-34 (D) 311 303 303 105 105 105 133 12 18-34 (D) 311 20 6 first time during the	35-44 (E) 178 179 60 90 105 4 35-44 (E) 178 178 179 122 122 5	153 142 55 95 4 Age 45-54 (F) 153 142 40 7 Please select all that a	182 146 40 142 0 55-64 (G) 182 146 34 146 2	226 293 34 199 3 65+ (H) 226 293 24 211 1	153 110 50 96 7 7 18-34 (0) 153 110 2	88 • 82 • 40 • 46 • 1 1 35-44 (J) 88 • 82 • 32 55 1 1	65 43 26 39 0	88 - 44 - 20 - 68 - 0 - 0	108 146 13 95 0 65+(M) 108 146 11 97 0	158 190 56 97 5 18-34 (N) 158 190 50 104 4	90 97 28 58 58 3 3 3 3 5-44 (O) 90 97 19 67 4	88 99 29 55 4 Female Age 45-54 (P) 88 7 7	94 102 20 74 0 0 55-64 (Q) 94 102 12 81 2 3	128 147 21 104 3 65+(R) 128 147 13 114 1	185 210 68 113 4 Northeast (5) 185 210 49 134 2	412 445 125 281 6 South (T) 412 445 97 301 14	220 208 52 165 3 Region Milowest (U) 220 208 50 167 3 Region Milowest (U) 150 167 17 187 188 188 188 188 188 188 188 188	243 197 59 174 10 West (V) 243 197 38 204
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QS2QE Neve you ever received mental healthca. Any time before the COVID-19 pandemic Total Total Total (Inwestighted) Yes No Decline to answer 1-Total (Inwestighted) Yes 1-Total (Inwestighted) Yes No Decline to answer 1-Total (Inwestighted) Yes No Decline to answer 1-Total (Inwestighted) Yes Total (Inwestighted) Total (Inwestighted) Total (Inwestighted) Total (Inwestighted) Increasing level of ansiety Investigation recommended a Voice-related stress or problems Relationship-related stress or problems Relationship-related stress or problems Relationship-related stress or problems	Total (A)	Male (B) 493 493 493 493 493 493 493 493 493 493	Gender Female (C) 555 139 319 319 319 319 319 319 319 319 319	18-34 (D) 311 303 303 105 105 105 133 12 18-34 (D) 311 20 6 first time during the	35-44 (E) 178 179 60 90 105 4 35-44 (E) 178 178 179 122 122 5	153 142 55 95 4 Age 45-54 (F) 153 142 40 7 Please select all that a	182 146 40 142 0 55-64 (G) 182 146 34 146 2	226 293 34 199 3 65+ (H) 226 293 24 211 1	153 110 50 96 7 7 18-34 (0) 153 110 2	88 • 82 • 40 • 46 • 1 1 35-44 (J) 88 • 82 • 32 55 1 1	65 43 26 39 0	88 - 44 - 20 - 68 - 0 - 0	108 146 13 95 0 65+(M) 108 146 11 97 0	158 190 56 97 5 18-34 (N) 158 190 50 104 4	90 97 28 58 58 3 3 3 3 5-44 (O) 90 97 19 67 4	88 99 29 55 4 Female Age 45-54 (P) 88 7 7	94 102 20 74 0 0 55-64 (Q) 94 102 12 81 2 3	128 147 21 104 3 65+(R) 128 147 13 114 1	185 210 68 113 4 Northeast (5) 185 210 49 134 2	412 445 125 281 6 South (T) 412 445 97 301 14	220 208 52 165 3 Region Milowest (U) 220 208 50 167 3 Region Milowest (U) 150 167 17 187 188 188 188 188 188 188 188 188	243 197 59 174 10 West (V) 243 197 38 204
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Q52Q3: Neve you ever received mental healthca. Any time before the COVID-19 pandemic Total Total (Unweighted) Yalo Decine to answer * Table Base: Total (Unweighted) Yes Decine to answer * Table Base: Decine to answer * Table Base: Q52Q4: Which of the following are reasons why Total Increasing level of dispersion Another medical professional or my primary care physician recommended it Wick-related stress or profession Another medical professional or my primary care physician recommended it I planned to state before the pandemic. Dut final get around to it during the pandemic. Change in my financial situation allowed metal healthcare del contract of the professional colored metal healthcare del contract del colored in professional colored metal healthcare del colored in professional colored metal colo	Total (A) 1.060 1.	Male (B) 493 493 493 493 493 493 493 493 493 493	Gender Female (C) 555 139 319 319 319 319 319 319 319 319 319	18-34 (D) 311 303 303 105 105 105 133 12 18-34 (D) 311 20 6 first time during the	35-44 (E) 178 179 60 90 105 4 35-44 (E) 178 178 179 122 122 5	153 142 55 95 4 Age 45-54 (F) 153 142 40 7 Please select all that a	182 146 40 142 0 55-64 (G) 182 146 34 146 2	226 293 34 199 3 65+ (H) 226 293 24 211 1	153 110 50 96 7 7 18-34 (0) 153 110 2	88 • 82 • 40 • 46 • 1 1 35-44 (J) 88 • 82 • 32 55 1 1	65 43 26 39 0	88 - 44 - 20 - 68 - 0 - 0	108 146 13 95 0 65+(M) 108 146 11 97 0	158 190 56 97 5 18-34 (N) 158 190 50 104 4	90 97 28 58 58 3 3 3 3 5-44 (O) 90 97 19 67 4	88 99 29 55 4 Female Age 45-54 (P) 88 7 7	94 102 20 74 0 0 55-64 (Q) 94 102 12 81 2 3	128 147 21 104 3 65+(R) 128 147 13 114 1	185 210 68 113 4 Northeast (5) 185 210 49 134 2	412 445 125 281 6 South (T) 412 445 97 301 14	220 208 52 165 3 Region Milowest (U) 220 208 50 167 3 Region Milowest (U) 150 167 17 187 188 188 188 188 188 188 188 188	243 197 59 174 10 West (V) 243 197 38 204
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QS2QE Neve you ever received mental healthca. Any time before the COVID-19 pandemic Total Total (Unweighted) No Decine to answer *Table Base: Since the COVID-19 pandemic began Total (Unweighted) No Decine to answer *Table Base: GS2QE, Which of the following are reasons why Total Total (Unweighted) Increasing level of dispersion of my primary care part of the covid of the following are reasons why Total Increasing level of dispersion of my primary care part of the covid of the	Total (A) 1.060 1.	Male (B) 493 493 493 493 493 493 493 493 493 493	Gender Female (C) 555 139 319 319 319 319 319 319 319 319 319	18-34 (D) 311 303 303 105 105 105 133 12 18-34 (D) 311 20 6 first time during the	35-44 (E) 178 179 60 90 105 4 35-44 (E) 178 178 179 122 122 5	153 142 55 95 4 Age 45-54 (F) 153 142 40 7 Please select all that a	182 146 40 142 0 55-64 (G) 182 146 34 146 2	226 293 34 199 3 65+ (H) 226 293 24 211 1	153 110 50 96 7 7 18-34 (0) 153 110 2	88 • 82 • 40 • 46 • 1 1 35-44 (J) 88 • 82 • 32 55 1 1	65 43 26 39 0	88 - 44 - 20 - 68 - 0 - 0	108 146 13 95 0 65+(M) 108 146 11 97 0	158 190 56 97 5 18-34 (N) 158 190 50 104 4	90 97 28 58 58 3 3 3 3 5-44 (O) 90 97 19 67 4	88 99 29 55 4 Female Age 45-54 (P) 88 7 7	94 102 20 74 0 0 55-64 (Q) 94 102 12 81 2 3	128 147 21 104 3 65+(R) 128 147 13 114 1	185 210 68 113 4 Northeast (5) 185 210 49 134 2	412 445 125 281 6 South (T) 412 445 97 301 14	220 208 52 165 3 Region Milowest (U) 220 208 50 167 3 Region Milowest (U) 150 167 17 187 188 188 188 188 188 188 188 188	243 197 59 174 10 West (V) 243 197 38 204
Q52Q3: Neve you ever received mental healthca. Any time before the COVID-19 pandemic. Total Total (Inwestighted) Yes No Decline to answer Since the COVID-19 pandemic began Total Total (Inwestighted) Yes Total (Inwestighted) Yes No Decline to answer Total Total (Inwestighted) Yes Total (Inwestighted) Total (Inwestighted) Total (Investighted)	Total (A) 1.060 1.	Male (B) 493 493 493 493 493 493 493 493 493 493	Gender Female (C) 555 139 319 319 319 319 319 319 319 319 319	18-34 (D) 311 303 303 105 105 105 133 12 18-34 (D) 311 20 6 first time during the	35-44 (E) 178 179 60 90 105 4 35-44 (E) 178 178 179 122 122 5	153 142 55 95 4 Age 45-54 (F) 153 142 40 7 Please select all that a	182 146 40 142 0 55-64 (G) 182 146 34 146 2	226 293 34 199 3 65+ (H) 226 293 24 211 1	153 110 50 96 7 7 18-34 (0) 153 110 2	88 • 82 • 40 • 46 • 1 1 35-44 (J) 88 • 82 • 32 55 1 1	65 43 26 39 0	88 - 44 - 20 - 68 - 0 - 0	108 146 13 95 0 65+(M) 108 146 11 97 0	158 190 56 97 5 18-34 (N) 158 190 50 104 4	90 97 28 58 58 3 3 3 3 5-44 (O) 90 97 19 67 4	88 99 29 55 4 Female Age 45-54 (P) 88 7 7	94 102 20 74 0 0 55-64 (Q) 94 102 12 81 2 3	128 147 21 104 3 65+(R) 128 147 13 114 1	185 210 68 113 4 Northeast (5) 185 210 49 134 2	412 445 125 281 6 South (T) 412 445 97 301 14	220 208 52 165 3 Region Milowest (U) 220 208 50 167 3 Region Milowest (U) 150 167 17 187 188 188 188 188 188 188 188 188	243 197 59 174 10 West (V) 243 197 38 204
QS2QE Neve you ever received mental healthca. Any time before the COVID-19 pandemic Total Total (Unweighted) No Decine to answer *Table Base: Since the COVID-19 pandemic began Total (Unweighted) No Decine to answer *Table Base: GS2QE, Which of the following are reasons why Total Total (Unweighted) Increasing level of dispersion of my primary care part of the covid of the following are reasons why Total Increasing level of dispersion of my primary care part of the covid of the	Total (A) 1.060 1.	Male (B) 493 493 493 493 493 493 493 493 493 493	Gender Female (C) 555 139 319 319 319 319 319 319 319 319 319	18-34 (D) 311 303 303 105 105 105 133 12 18-34 (D) 311 20 6 first time during the	35-44 (E) 178 179 60 90 105 4 35-44 (E) 178 178 179 122 122 5	153 142 55 95 4 Age 45-54 (F) 153 142 40 7 Please select all that a	182 146 40 142 0 55-64 (G) 182 146 34 146 2	226 293 34 199 3 65+ (H) 226 293 24 211 1	153 110 50 96 7 7 18-34 (0) 153 110 2	88 • 82 • 40 • 46 • 1 1 35-44 (J) 88 • 82 • 32 55 1 1	65 43 26 39 0	88 - 44 - 20 - 68 - 0 - 0	108 146 13 95 0 65+(M) 108 146 11 97 0	158 190 56 97 5 18-34 (N) 158 190 50 104 4	90 97 28 58 58 3 3 3 3 5-44 (O) 90 97 19 67 4	88 99 29 55 4 Female Age 45-54 (P) 88 7 7	94 102 20 74 0 0 55-64 (Q) 94 102 12 81 2 3	128 147 21 104 3 65+(R) 128 147 13 114 1	185 210 68 113 4 Northeast (5) 185 210 49 134 2	412 445 125 281 6 South (T) 412 445 97 301 14	220 208 52 165 3 Region Milowest (U) 220 208 50 167 3 Region Milowest (U) 150 167 17 188 188 188 188 188 188 188 188 188	243 197 59 174 10 West (V) 243 197 38 204

Total Total (Unweighted) Total (Unweighted) Over a video call (on any device) Over a raudio call (e.g., over the phone) Other Count	Total (A) 234 239 135 123 94 1 1.51	Male (8) 116 94 69 61 42 1 1.49	Gender Female (C) 116 143 64 62 52 1 1.54	18-34 (D) 85 95 57 36 39 0	35-44 (E) 51 56 28 29 25 0	Age 45-54 (F) 40 39 25 23 15 0 1.57	55-64 (G) 34 22 19 22 6 0 1.36	65+(H) 24 27 7 13 9 1 1.22	18-34 (I) 35 • 28 • 12 11 0 1.32	35-44 (J) 32 • 31 20 16 18 0	Male Age 45-54 (K) 17 14 13 11 7 0 1.77	55-64 (L) 22 10 11 16 4 0 1.35	65+ (M) 11	18-34 (N) 50 • 67 34 25 28 0	35-44 (0) 19 ** 25 ** 9 13 7 0 1.55	Female Age 45-54 (P) 23 25 12 13 8 0 1.43	55-64 (Q) 12 ··· 12 ··· 8 6 2 0 1.40	65+(R) 13 15 3 6 6 1 1.17	Northeast (5) 49 ° 60 ° 35 20 26 0	South (T) 97 100 49 53 37 1	Region Midwest (U) 50 * 44 * 31 28 19 0 1.55	West (V) 38 35 20 23 13 0 1.44
* Table Base:	RECEIVED MENTA	AL HEALTHCARE FROM	A PROFESSIONAL DU	RING THE PANDEMIC																		
QS2Q6: Which of the following best describes how	the mental healthca	are you received durin	ng the COVID-19 pand	lemic was paid for? If y	you paid using more th	han one of the follow	ing means, please sele	ct the one you used i	nost often.													
	Total (A)	Male (B)	Gender Female (C)	18-34 (D)	35-44 (E)	Age 45-54 (F)	55-64 (G)	65+ (H)	18-34 (I)	35-44 (J)	Male Age 45-54 (K)	55-64 (L)	65+ (M)	18-34 (N)	35-44 (0)	Female Age 45-54 (P)	55-64 (Q)	65+ (R)	Northeast (S)	South (T)	Region Midwest (U)	West (V)
Total	234	116	116	85	51 *	40 *	34	24 **	35	32 *	17 **	22 **	11 **	50	19 **	23 **	12 **	13 **	49	97	50 *	38 *
Total (Unweighted) Insurance covered the cost in full	239 102	94 • 51	143 50	95	56 • 16	39 *	22 **	27 **	28 **	31 10	14 ** 12	10 **	12 **	67	25 **	25 **	12 **	15 **	60 *	100 43	44 *	35 • 11
Insurance covered some or most of the cost, and I	101	31	30	31	10	2.5	**	**	**	10	**	13	-			10	,	,	20		**	**
had to pay a copay/coinsurance Completely out of pocket (insurance covered	66	37	29	28	18	7	4	10	14	11	3	3	6	14	7	5	0	4	11	28	18	10
nothing)	23	10	13	9	5	3	5	0	3	3	0	4	0	7	2	3	1	0	5	7	6	5
Sliding scale fee (i.e., pay what you can afford)	21	9	12 12	7	9	4	2	0	4	5	0	0	0	3	4	4	2	0	4	11	1	5
Nothing, it was free Other	20	8	12	1	3	0	0	1	2	3	2	0	1	,	0	0	0	0	0	8	3	,
* Table Base:	RECEIVED MENTA	AL HEALTHCARE FROM	A PROFESSIONAL DU	RING THE PANDEMIC	-	-					-				-			-	-			
QS2Q7: Do you plan to continue receiving mental	healthcare from a pr	ofessional after the Ci	OVID-19 pandemic ha	is ended?																		
Total Total (Unweighted) Yes No Not sure	Total (A) 234 239 186 34	Male (B) 116 94 87 20	Gender Female (C) 116 143 97 14 5	18-34 (D) 85 95 67 14	35-44 (E) 51 56 43 7	Age 45-54 (F) 40 39 34 1	55-64 (G) 34 22 26 5	65+ (H) 24 •• 27 •• 15 6	18-34 (I) 35 • 28 •• 26 7	35-44 (J) 32 • 31 • 27 4	Male Age 45-54 (K) 17 ** 14 ** 13 1	55-64 (L) 22 10 18 3	65+ (M) 11 ** 12 ** 4 4	18-34 (N) 50 67 41 7	35-44 (O) 19 ** 25 ** 16 2	Female Age 45-54 (P) 23 ** 25 ** 21 1	55-64 (Q) 12 12 9 2	65+ (R) 13 ** 15 ** 11 2	Northeast (S) 49 60 44 5	South (T) 97 100 75 13	Region Midwest (U) 50 44 38 9	West (V) 38 35 30 7 2

QS2S1: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

QS2S1: Which of the following type(s) of health in	surance do you curre	ntly have? Please sele	ect all that apply.																								
Tabl **Tabl Unweighted) **Authorn/Michael **Implies separated by g, halfs housestap produce **Implies separated by g, halfs housestap produce **Implies separated by g, halfs housestap produced **Implies separated by manager produced on pro- **Implies separated by manager produced **Implies separated by manager produced **Implies separated by parent's agranted his housestar bor malent **Implies separated by parent's agranted his housestap **Implies separated by parent's agranted his housestap **Implies separated by parent's agranted his **Implies separated by parent's agranted his **Implies separated his parent's agranted his **Implies separated his parent's agranted his **Implies separated his parent his parent his **Implies separated his parent his parent his **Implies separated his parent his parent his parent his **Implies separated his parent hi	Total (A) N=1050 N=1050 N=1050 38% d d 33% b) (5% 5% 5% 1 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	Less than \$50K [N-120] N-120] \$416 CDE 16% 7% 5% 28 12% 12% 12% 12% 12% 12% 12% 12% 12% 12%	Head Side Strate Strat	sehold income	D) \$100K+ (E) N-399 N-196 24% 49% BC 20% 8c 8X 8t 8t 8t 1% 0% 0% 0% 0% 8X 1.34	HS or Less (F) N=322 N=315 44% H 22% 6% 6% 3% 3% 25% 6% 6H 1.13	Education Some College (G) N-963 37% H 35% F 11% 35% 4% 1% 3% 1% 1% 1% 1% 1% 1% 1%	College Grad+ (H) N-2-00 N-2-20 N-2-25 20% 41% F 22% FG 8% 8% f 5% 8 1% ON 1% 1% 1% 5% 1.18	Yes (0) N=407 N=407 N=407 N=407 N=407 N=407 N=418 N=41	Employed No (1) N-433 N-	Ves (K) N=376 N=348 26N 37N 19N L 12K L 7N 5N I 1N 0N SN L 11N 1N 11N 12S	Children in 1881 No (3.) No-GSA No-73.2 45% K 33.% 11% 4% 4% 4% 2% 12% 12% 2% 12% 12% 12% 12% 12% 12%	Parent Ves (Md) N=0300 N=0308 27% 41% N 20% N 13% N 15% N 15% N 15% N 15% 15% 15% 15% 15% 15% 15% 15% 15% 15%	no (Child Under 18 No (N) No (No-702 No	mmo Dumarship N=257 N=257 N=254 415 415 265 65 05 27 27 05 27 27 05 27 27 05 27 05 27 05 115 109 115 109 115 109 109 115 109 115	Naminal (Q) N=500 N=503 36% 47% R 16% 6% 7% r 4% 0% 0% 15, 15, 15, 15, 15, 15, 15, 15,	Markal Status No married (R) No-540 No-550 No-537 40% 20% 12% 6% 4% 3% 4% Q 2% Q 1.13	White (\$) N=054 N=753 45% 1U 37% 45% 55% 25% 25% 15% 15% 15% 15% 15% 15% 118	Race/Ethnici AA (T) N=225 N=207 33% 28% 12% 5% 5% 15% 5% 156 156 156 156 157 158 158 158 158 158 158 158 158 158 158	by Hispanic (U) N-161 N-161 N-167 28% 25% 13% 5% 5% 5% 5% 13% 5% 5% 11% 5% 5% 11% 12% 5% 11% 11% 11% 11% 11% 11% 11% 11% 11%	White Cleb / INC /	on Miss Hispanic (G) N=107 N=101 N=107 K 2856 1356 1256 756 656 F 136 056 85 F 136 136 1376 1376	Race/EX Black Chorle (Not I) N - 125 N - 127 33% 1 28% 12% 5% 5% 1% 1% 5% 1% 1% 5% 1% 1% 5%	thinking (Expanded) 1858 Asian Order) 1858 Asian Order) 1858 Asian Order) 1859	E Miss. All Other (Not it Not	N=-05 of Color (K) N=-05 of Color (K) N=-07 N=-08 N=-09 N=-09 N=-08 N=-0
QS2Q1: Which of the following medical services h	rve you put off in the	last 3 months due to	the COVID-19 punder	mic? Please select all	that apply.																						
Tail of Tail (Investighted) Desired exemplicating NET NON-ACTIVE APPOINTMENTS Special factor appointment (e.g., Special factor appointment (e.g., Countries) And the Appointment (e.g., Countries) And the Appointment (e.g., Countries) And desired-polyherial Diller Diller None N(A)—None not medical services in the Count	Total (A) N=1080 N=1080 30% 28% ist] 18% § 14% 6% 25% 24% 3% 25% 25% 25% 25% 25% 25% 25% 25% 25% 25	Less than \$50K (N=299 N=459 24% 15% 10% 4% 22% 23% 29% 29% 22% 1.55	Hou	sehold income 1	D) \$100K+ (E) N-359 N-196 31% 33% B 25% ED 15% 9% Ec 27% 25% C 24% 19% 1.77	NS or Less (F) N=322 N=315 25% 28% 16% 12% 5% 19% 18% 3% 3% 24% 24%	Education Some College (G) N=363 N=356 331% 269% 24% 25% F 65% H 23% F 23% F 25% H 23% 25% H 25% H 25% H 25% 4 25% H 25%	Collage Grad+ (M) N-240 N-258 37% F 29% F 20% 5 55% G 26% f 15% G 26% F 11% 26% 1 12% 1 126% 1	Yes (0) N=607 N=548 378 J 38% J 24% J 19% J 9% J 31% J 2% 17% 17% 1.87	Employed No (I) N-453 N-512 20% 15% 9% 7% 218 218 35% 15% 36% 1 219 139	Yes (K) N=376 N=948 35% L 26% L 21% L 9% L 28% L 28% 1 3% 14% 20% 1.89	Children in 1881 No (5) No-684 No-712 27% 22% 14% 10% 48, 20% 22% 48, 31% \$	Parent (Ma) N=330 N=303 N=303 N=404 N N=305 N=305 N N=	no (Ni) theder 18 No (N) N-730 N-732 N-752 276 226 13% 9% 4% 20% 20% 30% 31% M 23% 1.52	No. 1938 N-758 N-707 22% 29% 19% 13% 7% 27% 25% 26 26 19% 1.71	mmo Demorship Renter (P) Renter (P) N-257 N-314 27% 30% 16% 15% 5% 22% 22% 22% 22% 22% 22% 22% 23% 156	Married (Q) N=500 N=503 29% 27% 17% 12% 8% 24% 25% 27% 21% 1.66	Marchal Status Not married (R) No-560 No-557 31% 20% 20% 20% 25% 26% 25% 26% 23% 25% 25% 25% 25% 25% 25% 25% 25% 25% 25	White (\$) N=554 N=753 27% 22% 15% 10% 4% 21% 21% 21% 29% 29% U 154	Race/thnicit AA (T) N=125 N=107 28% 37% 5 13% 27% 5 5% 31% 19% 19% 19% 19% 1161	Ny Hispanic (U) N-161 N-107 36% 44% 5 29% 5T 18% 5 34% 5 37% 5T 5% 17% 12% 198	White Only IN: N=654 N=793 27% 22% 22% 15% 10% 4% 21% 21% 3% 29% 6X 1.54	ot Miss Hispanic (G) N=161 N=167 36% 44% F 269% FH 1894 F 1154 F 1796 1796 1155 1156 1156 1156 1156	Race/Et Black Only (Not Not Not Not Not Not Not Not Not Not	thinking (Expanded) Irliso Asian Onto (M N-67 N-10 N-67 N-10 N-67 N-10 N-61 N-61 N-61 N-61 N-61 N-61 N-61 N-61	E Hiso All Other finot I N=52	Missar People of Color (x) N=406 N=406 N=207 34% f 39% F 22% F 20% F 31% F 29% F 44% 19% 19% 185
* Table Base:	US RESPONDENT																										
QS2Q2: Have you ever used telehealth services (i.	e., health-related serv	ices or appointments	over a phone, tablet,	, or computer) during	each of the following	timeframes?																					
Any time before the COVID-19 pandemic Total Total (Unweighted) Yes No * Table Basic:	Total (A) N=1060 N=1060 23% 77% US RESPONDENTS	Less than \$50K (N=299 N=459 21% 79%	N=167 N=167 N=216 23% 77%	sehold Income C) \$75K - \$99.9K (I N=137 N=132 16% 84% E	D) \$100K+ (E) N-399 N-196 28% D 72%	HS or Less (F) N=322 N=315 18% 82% H	Education Some College (G) N=363 N=356 22% 78%	College Grad+ (H) N=240 N=258 29% F 71%	Yes (0) N=607 N=548 29% J 72%	Employed No (r) N=453 N=512 16% 84%		Children in HM No (L) N=684 N=712 17% 83% K	Paren Yes (M) N=330 N=303 36% N 64%	nt of Child Under 18 No (N) N=730 N=752 18% 82% M	Homeowner (C N=758 N=707 24% 76%	ome Ownership 0) Renter (P) N=257 N=314 22% 78%	Married (Q) N=500 N=503 24% 76%	Marital Status Not married (R) N=550 N=557 23% 77%	White (5) N=654 N=753 19% 81% TU	Race/Ethnicit AA (T) N=125 N=107 35% S 65%	Hispanic (U) N=161 N=107 35% S 65%	White Only INc N=654 N=753 19% 81% GHS	ot Miss Mispanic (Q) N=161 N=107 35% Fi C 65%	Race/fit Black Only (Not N=125 N=107 35% Fi 65%	thnicity (Expanded) Hiso Asian Only (No N=67 N=41 16% 84% gh	N-52 N-52 N-52 N-52 27% 73%	Missas People of Color (K) N=405 N=307 31% F
Since the CDVID-19 pandemic begin Total Total (Unweighted) Yes No * Table Base:	Total (A) N=1060 N=1060 49% 51% US RESPONDENT:	Less than \$50K (N=299 N=459 45% 55% C	N=167 N=216 S5% 8 44%	sehold Income E) \$75K - \$99.9K (I N=137 N=132 52% 48%	D) \$100K+(E) N=399 N=196 51% 49%	HS or Less (F) N=322 N=315 37% 63% GH	Education Some College (G) N=363 N=356 49% F 51%	College Grad+ (H) N=240 N=258 55% F 45%	Yes (0) N-607 N-548 53% J 47%	Employed No (I) N=453 N=512 43% 57%	Yes (K) N=376 N=348 58% L 42%	Children in HM No (L) N=684 N=712 44% 56% K	Panen Yes (MI) N=330 N=303 59% N 41%	nt of Child Under 18 No (N) N-730 N-752 44% 56% M	Homeowner (C N=758 N=707 50% 50%	ome Ownership I) Renter (P) N=257 N=314 47% 53%	Married (Q) N-500 N-503 50% 50%	Marital Status Not married (R) N=560 N=557 48% 52%	White (5) N=654 N=753 47% 53% U	Race/Ethnicit AA (T) N=125 N=107 52% 48%	N=161 N=161 N=107 60% S	White Only (No N=654 N=753 47% 53% G	N=161 N=161 N=107 60% #j	Race/ft Black Only (Not N=125 N=107 52% 48%	thnicity (Expanded) thisp Asian Only (No N=67 N=41 46% 54%	N-52 * N-52 * N-52 * 41% 59% g	Nispar People of Color (K) N=405 N=307 53% 47%
QS2Q3: Have you ever received mental healthcare	from a professional	e.g., counselor, then	spist, psychiatrist) dur	ing each of the follow	ing time frames?																						
Any time before the COVID-19 pandemic																											
Total Total (Unweighted) Yes No Decline to answer	Total (A) N=1060 N=1060 29% 69% 2%	Less than \$50K (N=299 N=459 30% 66% 4% C	Hou 8) \$50K - \$74.9K (6 N=167 N=216 29% 71% 0%	sehold income c) \$75K - \$99.9K (N=137 N=132 27% 72% 1%	0) \$100K+(E) N-999 N-196 30% 69% 1%	HS or Less (F) N=322 N=315 23% 74% g 3% h	Education Some College (G) N=363 N=356 31% f 66% 3% h	College Grad+ (M) N=240 N=258 31% f 68% 0%	Yes (f) N=607 N=548 33% J 66% 1%	Employed No (I) N=453 N=512 24% 74% 3%	Yes (K) N=376 N=348 38% L 59% 3% I	Children in HM No (L) N=684 N=712 24% 75% K 1%	Yes (M) N=330 N=303 40% N 57% 3%	nt of Child Under 18 No (N) N=730 N=752 23% 75% M	Homeowner (C N=758 N=707 27% 72% p 2%	ome Ownership 0) Renter (P) N=257 N=314 34% 0 64% 2%	Married (Q) N=500 N=503 26% 73% R 0%	Marital Status Not married (R) N=560 N=557 31% 66% 4% Q	White (5) N=654 N=753 28% 73% 256	Race/Ethnicit AA (T) N=125 N=107 37% 62% 1%	N=161 N=161 N=107 30% 66% 4%	White Only IN: N=654 N=753 28% 71% 2%	ot Misc Mispanic (G) N=161 N=107 30% 66% 4%	Race/ft Black Only (Not N=125 N=107 37% 62% 2%	thricity (Expanded) Hiso Asian Only (No N=67 N=41 19% 80% 2%	N-52 N-52 N-52 31% 62% F	Missar People of Color (K) N=406 N=307 31% 66% 3%
* Table Base: Since the COVID-19 pandemic began	US RESPONDENTS																										
Total Total (Unweighted) Yes No Decline to answer	Total (A) N=1060 N=1060 22% 76% 2%	Less than \$50K (N=299 N=459 23% 74% 4% Cd	Hou: 8) \$50K - \$74.9K (6) N=167 N=216 19% 81% 0%	sehold Income c) \$75K - \$99.9K () N=137 N=132 23% 77% 0%	D) \$100K+ (E) N=399 N=196 24% 75% 1%	HS or Less (F) N=322 N=315 17% 79% 4% H	Education Some College (G) N=363 N=356 24% 75% 2%	College Grad+ (H) N=240 N=258 24% 76% 0%	Yes (0) N=607 N=548 26% J 73% 0%	Employed No (I) N=653 N=512 16% 80% 4%	Yes (K) N=376 N=348 32% L 65% 3% I	Children in HH No (L) N=684 N=712 17% 82% K	Paren Yes (M) N=330 N=303 33% N 65% 2%	No (N) No (N) N-730 N-752 17% 81% M	Homeowner (C N=758 N=707 22% 77% 1%	me Ownership 0) Renter (P) N=257 N=314 23% 74% 4% O	Married (Q) N=500 N=503 23% 78% 0%	Marital Status Not married (R) N=560 N=557 22% 75% 3% Q	White (5) N=654 N=753 21% 78% t	Race/Ethnicis AA (T) N=125 N=107 31% s 67% 2%	Hispanic (U) N=161 N=107 19% 79% 2%	White Only INc N=654 N=753 21% 78% h	ot Miss Mispanic (G) N=161 N=107 19% 79% 2%	Race/fit Black Only (Not N=125 N=107 31% f 67% 2%	thnicity (Expanded) t Hiso Asian Only (No N=67 N=41 22% 69% 9% Fg	N-52 N-52 N-52 25% 71% 4%	N=406 N=406 N=307 24% 73% 3% f
* Table Base:	US RESPONDENTS																										
QS2Q4: Which of the following are reasons why yo	ou chose to seek men	tal healthcare from a	professional for the f	irst time during the CI	OVID-19 pandemic? Pla	ease select all that appl	у.																				
Total Tendency (and a single content of the conten	Total (A) N=55 N=52 S1% 399% 365% 344% 211% 165% 165% 144% 127% 127% 127% 127% 127% 127% 127% 127	Less than \$50K [N=14 ** N=20 ** N=20 ** 67%	8) \$30K - \$74.9K (6 No. 5 No. 5 No. 1 No.	sehold income 1	0) \$100K (E) N-27 N-15	HS or Less (F) N-13 N-15 N-15 19% 28% 40% 22% 21% 11% 4% 12% 11% 5% 2.21	Education Some College (G) N=19 N=16 -64% f 613% f 44% 27% 433% -64% 45% -65% -65% -65% -65% -65% -65% -65% -6	College Grade (16) N=13 N=13 78% F 48% 43% 6% 8% 8% 47% 38% 6% 8% 17% 42% 9% 10% 0% 3.40	Yes (0) N=40 N=80 N=38 51% 44% 33% 43% 21% 20% 15% 19% 17% 13% 6% 2.82	Employed No (I) N-15 N-14 SON 20% 445 20% 5% 47% 6% 6% 17% 4% 0% 10% 11% 4% 2.02	Yes (K) N+25 N+28 38% 45% 34% 45% 32% 20% 17% 23% 8% 11% 9% 2% 2.72	Children in Hel No (i,1) N-31 N-24	Parent Yes [M] N=20	No (N) N-15 No (N) No (N) N-15 No (N) No	N=12	meno Ouronship N=12	Macried (Q) N=32 N=27 515 455 455 455 55 126 55 176 35 45 176 35 45 176 35 45 176 35 45 176 35 45 176 35 45 176 35 45 176 35 45 176 35 45 176 35 45 2.31	Northal Status Not married (R) N-24	White (53) N-34 8 N-34 9 N-35 9 N-36	Race/Ethnicit AA (T) N=8 133% 24% 21% 52% 40% 67% 5 45% 41% 19% 21% 05% 05% 05% 05% 05% 05% 05%	Hispanic (U) N-7 N-6 29% 34% 11% 11% 12% 33% 0% 0% 0% 0% 33% 11% 0%	White Only (Nat N=34 N=33 50% 45% 39% 26% 19% 8% 5% 14% 3% 6% 9% 45% 2.27	on Hispanic (G) N-7 N-6 N-7 N-6 20% 34% 11% 11% 12% 23% 0% 0% 0% 0% 1156 0% 1176 1176 1176 1176 1176 1176 1176 117	Black Only (Not Not Not Not Not Not Not Not Not Not	thinking (Expanded) (Expanded) (File Asian Only (No. N-3 - N	** Hisp All Other (Not I N=1	Primar Progle of Color (K) N=71
* Table Base:	RECEIVED MENTA	L HEALTHCARE FROM	A PROFESSIONAL DU	RING THE PANDEMIC	ONLY		•		-	•						•				•	-			•	-	•	-
QS2Q5: In which of the following ways have you n	net with a mental hea	Ithcare professional	during the COVID-19 p	pandemic? Please sele	ect all that apply.																						
Total (Unweighted) Over a video call (in any device) In person Over a vado call (e.g., over the phone) Other Count * Table Base:	Total (A) N=234 N=239 58% 53% 40% 1% 1.51 RECEIVED MENTA	Less than \$50K (N=68 N=101 50% 61% 37% 1% 1.48 L HEALTHCARE FROM	8) \$50K - \$74.9K (6) N=32	sehold Income 1) \$73K - 599.9K () N=31 N=32 3996 57% 43% 0% 1.39	D) \$100K+ (E) N-97 - N-58 - 70% ED 47% 45% 1% 1.63	HS or Less (F) N=56 N=65 42% 58% 44% 0%	Education Some College (G) N=86 * N=84 * 52% 52% 12% 1.45	College Grad+ (H) N=57 * N=61 * 55% 61% 57% 1% 1.55	Yes (0) N-160 N-156 61% 51% 41% 0% 1.53	Employed No (I) N-74 N-83 50% 57% 32% 1% 1.46	Yes (K) N=118 N=118 64% 50% 47% 0% 1.61	Children in HM No (L) N=115 N=121 51% 55% 34% 1%	Paren Yes (M) N=109 N=110 64% 52% 47% 0% 1.63	nt of Child Under 18 No (N) N=125 N=129 S2% S3% S4% 1% 1.41	Homeowner (C N=164 N=156 56% 52% 38% 1% 1.47	me Ownership) Renter (P) N-53 N-73 60% 54% 48% 0% 1.63	Macried (Q) N=120 N=122 68% R 41% 43% 1% 1.53	Marikal Status Not married (R) N=123 N=127 48% 63% Q 37% 1% 1.49	White (5) N=137 N=161 62% 50% t 41% u 0% 1.53	Race/Ethnicit AA (1) N=39 • N=35 • 67% • 30% 40% U 2% 1.48	Hispanic (U) N=31 - N=21 - 49% 76% sT 15% 0% 1.39	White Only (No. N=137) N=161 62% J 50% h 41% 8 0% 1.53	N=31 N=31 N=31 N=31 N=31 N=31 N=31 N=31	Race/fit Black Celly (Not N=39 * N=35 * 67% J 30% 49% G 2% 1.48	thnicity (Expanded) 1 Hiso Asian Only (No. N=15	t Hiso All Other (Not 1 N=13 *** N=14 *** 23% H 73% H 75% fGk 0% 1.72	N=97 N=98 S1% S7% H 39% E 1% L48
QS2Q6: Which of the following best describes how	the mental healthca	ne you received durin	g the COVID-19 pands	emic was paid for? If	you paid using more th	nan one of the following	means, please select	the one you used mo	st aften.																		
Total Total (Unweighted) Total (Total (A) N=234 N=239 44% aad 28%	Less than \$50K (N=68 N=101 47% 18%	Neu S50K - 574.9K (c N-32 N-44 S2% S2% S2%	sehold Income c) \$75K - \$99.9K () N=31 N=32 44% 34%	D) \$100K+ (E) N=97 - N=58 - 39% 57% 5	HS or Less (F) N=56 • N=65 • 46% 18%	Education Some College (G) N=86 * N=84 * 53% H	College Grad+ (H) N=57 ° N=51 ° 30% \$35% f 10% 16% g	Yes (f) N=160 N=156 38% 33% 12% 12% 12%	Employed No (J) N=74 N=83 56% 1 23%	Yes (K) N=118 N=118 43% 31% 7% 12% 6%	Children in MM No (L) N=115 N=121 45% 26%	Paren Yes (M) N=109 N=110 44% 31%	nt of Child Under 18 No (N) N=125 N=129 44% 26%	Homeowner (C N=164 N=156 38% 32%	ome Ownership (i) Renter (P) N=58 N=73 59% C 22%	Married (Q) N=110 N=112 42% 39% R	Marikal Status Not married (it) N=123 N=127 45% 19% 12%	White (5) N=137 N=161 43% 33%	Race/Ethnicis AA (T) N=39 N=35 42% 29%	Hispanic (U) N=31 N=21 60% 14%	White Only (No N=137 N=161 43% 33%	nt Miss Mispanic (G) N=31 N=21 60% i	Race/fit Black Only (Not N=39 ** N=35 ** 42% 29% 7% 16% 6%	thnicity (Expanded) Hisp Asian Only (No N=15 N=8 +4% 13% 28% 26% g 29% f	t Hisp. All Other (Not 1 N=13 N=14 60% 26%	Nispar People of Color (K) N=97 N=78 44% 21% 12% 13%
Nothing, it was free	8%	15% •	5%	4%	5%	12%	5%	7%	7%	12%	6%	10%	3%	13% M	6%	9%	3%	13% Q	5%	6%	13%	5%	13%	6%	29% f	11%	13%

Other	1%	0%	3%	0%	1%	1%	1%	1%	0%	2%	1%	1%	1%	1%	1%	1%	1%	1%	1%	0%	0%	1%	0%	0%	0%	0%	0%
* Table Base:	RECEIVED MENTAL	L HEALTHCARE FROM A	PROFESSIONAL DURIN	IG THE PANDEMIC																							
Q52Q7: Do you plan to continue receiving mental he	althcare from a prof	fessional after the COV	IID-19 pandemic has en	nded?																							
			Househ	old Income			Education			Employed	Ch	ildren in HH	Parent of	Child Under 18	Home	Ownership	Mar	rital Status		Race/Ethnicity				Race/Ethnic	ity (Expanded)		
	Total (A)	Less than \$50K (B)	\$50K - \$74.9K (C)	\$75K - \$99.9K (D)	\$100K+ (E)	HS or Less (F)	Some College (G)	College Grad+ (H)	Yes (I)	No (I)	Yes (K)	No (L)	Yes (M)	No (N)	Homeowner (O)	Renter (P)	Married (Q)	Not married (R)	White (5)	AA (T)	Hispanic (U)	White Only (Not Hi	ist Hispanic (G)	Black Only (Not His	Asian Only (Not Hi	isp All Other (Not Hisp	ar People of Color (K)
Total	N=234	N=68 *	N=32 *	N=31 *	N=97 •	N=56 *	N=86 *	N=57 *	N=160	N=74 *	N=118	N=115	N=109	N=125	N=164	N=58 *	N=110	N=123	N=137	N=39 *	N=31 *	N=137	N=31 *	N=39 *	N=15 ***	N=13 ***	N=97 *
Total (Unweighted)	N=239	N=101	N=44 *	N=32 *	N=58 *	N=65 *	N=84 *	N=61 *	N=156	N=83 *	N=118	N=121	N=110	N=129	N=156	N=73 *	N=112	N=127	N=161	N=35	N=21 ***	N=161	N=21 ***	N=35	N=8 ***	N=14 **	N=78 *
Yes	80%	81%	72%	71%	86%	73%	75%	85%	82%	75%	80%	79%	85%	75%	80%	82%	78%	81%	78%	78%	88%	78%	88%	78%	83%	82%	83%
No	14%	13%	19%	16%	12%	18%	21%	10%	15%	13%	16%	13%	15%	14%	15%	11%	16%	13%	16%	12%	12%	16%	12%	12%	17%	12%	13%
Not sure	6%	6%	10%	12%	2%	9%	4%	5%	3%	12%	4%	8%	1%	10% M	5%	7%	6%	5%	7%	10%	0%	7%	0%	10%	0%	6%	5%
* Table Base:	RECEIVED MENTAL	L HEALTHCARE FROM A	PROFESSIONAL DURIN	IG THE PANDEMIC																							

QS2S1: Which of the following type(s) of health in	surance do you cume	ntly have? Please sele	ct all that apply.																								
Tabl **Tabl (Investighted) **Anticles/Nykledical **Inplice systems of lig., hall historical product **Inplice systems of lig., hall historical **Inplice systems of light syste	Total (A) 1,050 1,050 403 d 349)) 148 by 69 54 3 39 n 22 13 10 30 108 1.17 US RESPONDENT:	Less than \$50K (8 299 459 162 49 22 15 9 4 4 4 15 46 1.11 55		whold income 137 137 137 132 51 53 23 6 2 10 6 0 3 2 5 1.16	D) \$100K+ (E) 399 196 95 196 79 33 30 20 5 3 2 0 32 1.24	HS or Less (F) 322 315 315 143 71 20 19 20 30 8 6 1 23 52 1.13	Education Some College (G) 363 356 3356 135 127 40 22 15 5 11 5 5 3 5 39 1.12	College Grad+ (N) 240 258 62 99 53 19 18 12 2 1 4 1 12 1.18	Yes (0 607 140 140 140 140 140 140 140 140 140 140	Employed No (i) 153 153 152 264 67 35 13 20 3 4 7 10 22 68 1.13	Yes (K) 376 348 96 140 70 43 26 21 8 5 0 18 43 125	Children in Net No (L) (84 712 307 210 78 25 29 18 13 8 10 12 65 1.13	Parent Yes (Ms) 330 330 308 89 134 67 41 24 19 3 3 0 4 32 1.27	1 of Child Under 18 No (N) No (N) 70 752 314 215 81 27 30 20 19 10 10 25 75 1.13	No. Monacounter (C 758	mmo Ouerarship Renter (P) Renter (P) 314 106 66 16 28 15 1 5 4 1 9 28 1.00	Macrised (Q) 500 500 503 182 2 286 82 2 32 35 20 2 1 4 4 4 16 1.23	Interial Status Not married (R) 500 507 221 114 66 36 20 19 20 12 6 6 6 10 11 11 11 11 11 11 1	White (\$) 654 753 291 243 88 29 31 13 5 6 9 6 40 1.18	Race/Ethnicit AA (T) 125 107 41 36 15 14 6 7 2 2 1 6 6 24 1.21	by Hilliagamic (U) 161 107 46 41 21 20 8 8 11 100 2 0 11 2 11 11 11 11 11 11 11 11 11 11 11 1	White Only (N 654 654 753 291 243 88 29 31 13 5 6 9 6 49 1.18	oot Miss Mispanic (G) 161 167 167 46 41 21 20 8 11 10 2 0 12 2 11 11 10	Ruse/fb Ruse/ fb Ruse	theisty (Expanded) 1958 Asian Only INS 41 7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	E Hiso All Other (Not it) 52	fisions People of Color (K) 406 507 507 112 107 60 39 23 25 17 7 1 1 2 2 59 1.16
QS2Q1: Which of the following medical services ha	rve you put off in the	last 3 months due to I	he COVID-19 pandem	nic? Please select all I	that apply.																						
Teld Teld (Investighted) Count of amy Counting Front State Teld (Investighted) First Under Teld (Inves	Total (A) 1,050 1,050 1,050 317 301 istl 191 5 145 64 267 253 34 264 pa 226 US RESPONDENTI	Less than \$10K (8 299 459 88 771 45 99 10 67 62 9 85 67 1.55 5	Mouse \$50K-\$74.9K (C 167 216 54 50 35 21 6 45 48 1 38 31 1.67	abold Income 3	0) \$100K* (E) 399 196 126 126 130 92 59 35 107 98 18 96 77 1.77	HS or Less (F) 322 315 315 79 89 51 51 57 97 16 60 77 97 88 84 1.47	Education Some College (G) 363 355 113 94 50 10 102 92 20 84 78 1.66	College Grad+ (N) 240 258 88 69 48 35 22 63 71 3 62 42 1.80	Yes (0) 607 548 224 233 149 116 53 187 185 14 101 105 1.87	Employed No (I) 453 512 91 68 42 30 11 80 08 20 163 121 139	Yes (K) 376 348 133 148 96 79 33 129 105 9 51 75	Children in 18th No (L) 684 712 184 1554 94 67 310 138 149 25 213 151 153	Parent Yes (M) 3300 3008 117 144 92 76 33 118 104 13 40 58 1.98	Ted Child Under 18 No (N) 730 732 200 158 98 69 31 149 21 224 167	No Momeowner (C 758 707 241 229 147 102 50 120 127 196 147 1.71	me Ownership Rentar (P) Rentar (P) Rentar (P)	Married (Q) 500 503 146 137 85 62 38 119 125 12 136 107 1.66	Markat Status (R) 500 Not married (R) 500 557 171 164 105 105 105 105 105 105 105 105 105 105	White (5) 654 753 178 142 100 63 27 139 137 18 186 160 154	Rece/Ethnicit AA (T) 125 107 36 47 16 33 7 38 24 1 1 24 22 1.61	Hispanic (U) 161 107 58 71 46 29 18 54 60 7 7 198	White Only IN 634 753 178 142 100 63 27 119 137 18 186 160 1.54	ot Mix Mispanic (G) 161 167 188 71 46 29 18 54 60 7 28 17 1.98	Black Only (Not) 125 107 36 47 16 33 7 38 24 1 24 22 1.61	thickly (Expanded) 1960 Allan Only 196 Allan Only 1	t Hiso All Other (Not) 52 52 52 52 52 52 52 52 52 52 52 52 52	/discar People of Color (X) 406 307 139 90 82 37 128 127 128 127 66 185
QS2Q2: Have you ever used telehealth services (i.e	e., health-related sen	vices or appointments	over a phone, tablet,	or computer) during	each of the following t	timeframes?																					
Any time before the COVID-19 pandemic Total Total (Unweighted) You 1 Table State: 1 Table State: 1 Table State: 1 Total Total	Total (A) 1,060 1,050 247 813 US RESPONDENT: Total (A) 1,060	s			D) \$100K+ (E) 399 196 111 288 D) \$100K+ (E) 399 196 203 195		Education	College Grad+ (M) 240 258 69 170 College Grad+ (M) 240		Employed No (I) 453 512 73 380 Employed No (I) 453 512 196 257		Children in HM No (L) 684 712 117 568 Children in HM No (L) 684 712 117 568 Children in HM No (L) 684 712 304 380 0	Parent Yes (M) 330 308 118 212 Yes (M) 330 308 195 134	t of Child Under 18 No (N) 730 752 129 601 t of Child Under 18 No (N) 730	Homeowner (C 758 707 180 578 Homeowner (C 758 707 180 578 707 382 377 378 707 382 377 707 382 377 707 707 707 707 707 707 707 707 707	me Ownership () Renter (P) 257 314 56 201 me Ownership () Renter (P) 257							ot Miss Mispanic (G) 161 107 57 104 ot Miss Mispanic (G) 161	Bara (III	Shalaba Nasasadadi		
Total (Unweighted) Yes	1,060 520	459 135	216 93	132 70	196 203	315 118	Some College (G) 363 356 177 187	258 132	Yes (I) 607 548 324 283	512 196	Yes (K) 376 348 216	712 304	308 195	752 325	707 382	314 121	503 249	Not married (R) 560 557 271 289	753 305	Race/Ethnici AA (T) 125 107 66 60	107 97	753 305	ot Misş Mispanic (G) 161 107 97	107 66	41 ·	52 ·	Hispar People of Color (K) 406 307 215 191
No * Table Base:	US RESPONDENTS	104	74	66	195	204	187	108	283	257	160	380	134	406	377	136	251	289	349	60	64	349	64	60	36	31	191
QS2Q3: Have you ever received mental healthcare	from a professional	(e.g., counselor, therap	oist, psychiatrist) durin	ng each of the follow	ving time frames?																						
Any time before the COVID-19 pandemic			Maria	ehold Income			Education			fmolwed		Children in HH	Danam	t of Child Hoder 18	Ho	me Ownershin		Marital Status		Bare (Ythericit	h.			Bare/ft	theirity (Evenended)		
Total Total (Unweighted) Yes No Dockine to answer * Table State: Since the COVID-19 pandemic began	US RESPONDENT	s			D) \$100K+(E) 399 196 118 275 6			College Grad+ (H) 240 258 75 164		Employed No (i) 453 512 106 333 13													ot Miss Mispanic (G) 161 107 49 106 7				
Total Total (Unweighted) Yes No Decline to answer	Total (A) 1,060 1,060 234 806 20	Less than \$50K (8 299 459 68 220 11) \$50K-\$74.9K(C) 167 216 32 135 0	375K-\$99.9K (I 137 132 31 105 0	D) \$100K+(E) 399 196 97 297 5	HS or Less (F) 322 315 56 253 13	Some College (G) 363 356 86 272 6	College Grad+ (H) 240 258 57 182	Yes (I) 607 548 160 445 3	Employed No (J) 453 512 74 361 17	Yes (K) 376 348 118 245 12	Children in HM No (t) 684 712 115 561 8	Yes (M) 330 308 109 214 7	No (N) 730 752 125 592 14	Homeowner (C 758 707 164 587 7	(P) Renter (P) 257 314 58 189 10	Married (Q) 500 503 110 389	Not married (R) 560 557 123 417 19	White (5) 654 753 137 510 7	AA (T) 125 107 39 84 3	Hispanic (U) 161 107 31 128 3	White Only IN 654 753 137 510 7	ot His: Hispanic (G) 161 107 31 128 3	Black Only (Not 125 107 39 84 3	15 46 6	52 • 52 13 37 2	Histoar People of Color (K) 406 307 97 296 13
* Table Base:	US RESPONDENT	s																									
Q52Q4: Which of the following are reasons why yo	ou chose to seek men	dal healthcare from a g	professional for the fir	ist time during the CC schold Income	OVID-19 pandemic? Ple	rase select all that app	ly. Education			Employed		Children in HM	Paren	t of Child Under 18	Но	me Ownership		Marital Status		Race/Ethnicit	ty			Race-Mu	iti (US Net 2 for RPR)		
Faul (Downspheral) Interessing loss of anomy Interessing loss of depression Interession	Total (A) 55	Less than \$50K (B 14 14 20 9 6 5 4 1 3 2 3 2 3 2 3 2 3 LINEAR FROM NL HEALTHCARE FROM NL HEALTHCARE FROM	9 9 90 - 574.9K (CI) 50 - 574.9K (CI) 50 - 50 - 574.9K (CI) 11 - 12 2 2 2 2 1 0 0 0 1 1 1 0 1 2.45	3 575X-599.3K (6 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	O) \$100K+ (E) 27 15 12 12 12 12 12 15 15 15 15 15 15 15 15 15 15 15 15 15	HS or Less (F) 13 13 15 15 15 2 4 5 3 3 1 1 0 1 1 1 2 2 1	Some College (G)	College Grade (re) 13 13 10 6 6 5 1 1 5 2 6 1 1 0 3.40	Yes (0) 40 38 20 177 133 177 8 8 6 7 7 7 5 3 3 1 2.82	reproject (a) (b) (b) (c) (c) (c) (c) (c) (c) (c) (c) (c) (c	Yes (K) 25 28 9 11 8 8 7 7 5 4 6 2 3 2 1 2.72	No (1) 31 2 2 2 2 1 2 2 2 1 2 2 5 0	Yes (Md)	No (N) 35 29 12 12 11 5 4 7 2 5 5 3 1 2.50	Momeowner (0 41	Nemter (P) Nemter (P)	Married (Q) 32 2 27 216 14 11 8 6 6 4 2 5 1 1 3 1 2.31	Not married (R) 24	winte (5) 33 31 17 15 13 9 6 3 2 5 11 2 2 3 1 2 2 7	AA (T) 8	Hilipamic (U) 7 7 2 2 1 1 2 0 0 2 1 1 2 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	White Only (M 34	od Misy Mispanic (G) 7 6 6 2 2 1 1 2 0 0 0 2 1 1 2 1 2 0 0 1 9 1 9 1 9 1 9 1 9 1 9 1 9 1 9 1 9	Black Conly (Not) 8	1 Hisp, Asian Only (No. 5	Note Note Note Note Note Note Note Note	Trippar Prople of Color (%) 10 ** 11 6 6 7 10 5 6 7 3 6 4 1 0 112
Q52Q5: In which of the following ways have you m	net with a mental hea	althcare professional d	uring the COVID-19 pa	andemic? Please sele	ect all that apply.																						
Total (Unweighted) Over a video call (on any device) In person Over an audio call (e.g., over the phone) Other Count * Table Base:	Total (A) 234 239 135 123 94 1 1.51 RECEIVED MENTA	Less than \$50K (8 68 101 34 41 25 1 1.48 M. HEALTHCARE FROM	House \$50K - \$74.9K (c) \$2 44 18 15 12 0 1.41 A PROFESSIONAL DUR	\$75K - 599.9K (1) \$75K - 599.9K (1) 31 32 12 18 13 0 1.39 NING THE PANDEMIC	0) \$100K+(E) 97 - 58 - 68 46 43 1 1.63	HS or Less (F) 56 65 24 32 24 0 1.44	Education Some College (G) 86 84 50 45 28 1 1.45	College Grad+ (N) 57 61 32 35 22 1 1.55	Yes (0) 150 156 98 81 66 1 1.53	Employed No (J) 74 83 37 42 28 1 1.46	Yes (K) 118 118 76 59 55 0 1.61	Children in HM No (L) 115 121 58 64 39 1 1.41	Parent Yes (M) 109 110 70 57 51 0 1.63	tor Child Under 18 No (N) 125 129 65 67 43 1 1-41	Homeowner (CI 164 156 92 85 62 1 1.47	mme Ownership () Renter (P) 58 - 73 - 35 - 31 - 28 - 0 1.63	Married (Q) 110 112 75 46 48 1 1.53	Marikal Status Not married (R) 123 127 59 78 46 1 1.49	White (5) 137 161 85 68 56 1 1.53	Race/Ethnicis AA (T) 39 35 26 12 19 1 1.48	Hispanic (U) 31 21 25 25 23 4 0 1.39	White Only IN 137 161 85 68 56 1 1.53	ot His Hispanic (G) 31 21 15 23 4 0 1.39	Race-Mul Black Only (Not 39 35 26 12 19 1 1.48	ms (US Net 2 for RPR) Hiso Asian Only (No. 15	t Hiso All Other (Not) 13	History People of Color (K) 97 - 78 - 50 55 - 58 - 1 1.48
QS2Q6: Which of the following best describes how	the mental healthca	ne you received during	the COVID-19 pande House	mic was paid for? If y whold Income	you paid using more th	an one of the followin	g means, please select Education	t the one you used mor	st often.	Employed		Children in HH	Paren	t of Child Under 18	Но	me Ownership		Marital Status		Race/Ethnicit	ty			Race-Mu	iti (US Net 2 for RPR)		
Total Total (Unweighted) Insurance covered the cost in full Insurance covered the cost in full Insurance covered terms or most of the cost, and I in to pay a copyrightenizance Competety out of pocket (insurance covered northic Stiding teal fee (in p. pay what you can affond) Nothing, It was free	Total (A) 234 239 102 sad 66 103 23 21 20	Less than \$50K (8 63 101 32 12 8 6	House \$30K - \$74.9K (C) \$2 44 17 7 3 3 2	31 - 32 - 32 - 32 - 32 - 32 - 32 - 32 -	97	HS or Less (F) 56 65 25 10 8 5	Some College (G) 26 84 45 27 6 3 4	College Grad+ (H) 57 61 77 61 77 62 77 62 77 62 77 77 77 77 77 77 77 77 77 77 77 77 77	Yes (0) 160 156 61 49 20 19	Employed No (f) 74 83 42 17 3 2 9	Yes (K) 118 118 51 37 8 15	Children in HM No (L) 115 121 52 30 15 6 12	Yes (M) 109 110 48 34 8 15 4	No (N) 125 129 55 32 15 6 16	Homeowner (C 164 156 62 52 19 19	me Ownership Renter (P) 58	Married (Q) 110 112 46 43 8 10 3	Not married (R) 123 127 56 24 15 11	White (5) 137 161 59 46 12 11 7	AA(T) 39 35 16 11 2	Hispanic (U) 31 21 18 4	White Only (N 137 161 59 46 12 11 7	ot Hispanic (G) 31 21 28 4 4 4 0 4	Black Only (Not 39 35 16 11 3 6	Hisp Asian Only (No. 15 8 1 2 2 4 4 4 4 4	t Hisp. All Other (Not 1 13	Hispan People of Color (K) 97 98 43 21 11 10 12

				Household Incom	10			Edu	acation			Employed		Children in HH	Parent o	of Child Under 18	Hom	e Ownership	Ma	erital Status		Race/Ethnicit	v			Race-Mr	ulti (US Net 2 for RF	41)		
	Total (A)	Less than \$50K ((B) \$50K - \$74.5	K (C) \$75K - \$	599.9K (D)	\$100K+ (E)	HS or Less (F)			College Grad+ (H		No (1)	Yes (K)	No (L)		No (N)	Homeowner (O)		Married (Q)	Not married (R)		AA (T)	Hispanic (U)		t Hist Hispanic (G)		ot Hisp Asian Only ()			
Total	234	68 *	32 *	31	•	97	56	86	•	57	160	74	118	115	109	125	164	58 *	110	123	137	39	31 .	137	31 *	39 •	15	13	•• 97	
Total (Unweighted)	239	101	44 *	32	•	58	65	84	•	61 *	156	83 *	118	121	110	129	156	73	112	127	161	35	21 ***	161	21 ***	35	8 .	14	** 78	
Yes	186	55	23	22		83	40	64		49	131	56	95	92	93	94	131	47	86	100	106	30	27	106	27	30	13	11	80	
No	34	9	6	5		12	10	18		6	24	9	19	15	16	18	25	6	17	17	21	5	4	21	4	5	3	2	12	
Not sure	14	4	3	4		2	5	3		3	4	9	5	9	1	13	8	4	7	7	9	4	0	9	0	4	0	1	5	

QS2S1: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

Total	Total (A) N=1060		Gen Z 18- N=121	-24 (B)	Millennia N=305	als 25-40 (C)	Gen X 41	-56 (D)	Boomers N=309	57-75 (E)	Silent 76- N=73	93 (F)
				*								*
Total (Unweighted)	N=1060		N=97	•	N=318		N=233		N=333		N=79	
Medicare/Medicaid	38%	BCD	23%		25%		20%		60%	ABCD	87%	ABCDE
Employer-sponsored (e.g., health insurance provided	i											
by an employer, COBRA)	33%	BF	9%		40%	aBF	42%	ABF	34%	BF	6%	
			400/			_						_
Private (i.e., health insurance purchased on my own)			12%		16%	E	16%	е	9%		20%	E
Public marketplace (i.e., health insurance provided b	У											
federal or state government)	6%	Ef	10%	EF	9%	EF	8%	Ef	2%		0%	
Veterans insurance	5%		1%		5%		7%	b	4%		12%	aBce
School-sponsored (i.e., health insurance for students	;											
provided by a university)	4%	E	11%	ADEF	7%	ADEf	1%		1%		0%	
I am covered by a parent's or guardian's insurance in												
addition to another insurance account	2%	E	12%	ACDEF	2%	dE	0%		0%		0%	
I am only covered by a parent's or guardian's												
insurance account	1%		9%	ACDEF	1%		0%		0%		0%	
Other	1%		0%		0%		0%		1%		8%	ABCDE
Not sure	3%		13%	ACDEF	3%		1%		1%		0%	
N/A - I do not have health insurance.	10%	EF	20%	AdEF	15%	aEF	11%	EF	4%		0%	
Count	1.17		1.19		1.24		1.06		1.16		1.33	

^{*} Table Base: US RESPONDENTS

QS2Q1: Which of the following medical services have you put off in the last 3 months due to the COVID-19 pandemic? Please select all that apply.

	Total (A)	Gen Z 1	8-24 (B)	Millenni	als 25-40 (0	C) Gen X 4	1-56 (D)	Boomer	s 57-75 (E)	Silent 76	5-93 (F)
Total	N=1060		N=121		N=305		N=252		N=309		N=73	*
Total (Unweighted)	N=1060		N=97	*	N=318		N=233		N=333		N=79	*
Dental exam/cleaning	30%	EF	36%	EF	37%	aEF	35%	EF	21%	f	10%	
NET: NON-ROUTINE APPOINTMENTS	28%	EF	38%	EF	44%	ADEF	26%	EF	16%	F	3%	
Specialist doctor appointment (e.g., dermatologis	t,											
orthopedic doctor, cardiologist)	18%	EF	21%	EF	29%	ADEF	16%	F	11%	F	2%	
Mental health appointment (e.g., counseling or												
therapy)	14%	EF	23%	aEF	22%	AdEF	13%	EF	6%		0%	
Non-life-threatening surgery	6%	E	3%		11%	AbEF	8%	E	2%		2%	
Annual check-up/physical	25%	EF	24%	F	37%	AbdEF	27%	EF	17%		9%	
Eye exam	24%	bF	14%		31%	aBeF	27%	BF	23%	F	7%	
Other	3%		3%		2%		6%	С	3%		2%	
None	25%	С	19%		13%		20%		37%	ABCD	52%	ABCDe
N/A - I have not needed any medical services in the	oa 21%		18%		18%		19%		26%	С	28%	
Count	1.66		1.60		2.00		1.70		1.45		1.13	

^{*} Table Base: US RESPONDENTS

QS2Q2: Have you ever used telehealth services (i.e., health-related services or appointments over a phone, tablet, or computer) during each of the following timeframes?

	Total (A)	Gen Z 18-24 (B)	Millennials 25-40 (C) Gen X 41-56 (D)	Boomers 57-75 (E)	Silent 76-93 (F)
Total	N=1060	N=121	N=305	N=252	N=309	N=73 *
Total (Unweighted)	N=1060	N=97 *	N=318	N=233	N=333	N=79 *
Yes	23% E	20%	39% ABDEF	20%	13%	18%
No	77% C	80% C	61%	80% C	87% AC	82% C
* Table Base:	US RESPONDENT	-s				
Since the COVID-19 pandemic began						
	Total (A)	Gen Z 18-24 (B)	Millennials 25-40 (C) Gen X 41-56 (D)	Boomers 57-75 (E)	Silent 76-93 (F)
Total	N=1060	N=121	N=305	N=252	N=309	N=73 *
Total (Unweighted)	N=1060	N=97 *	N=318	N=233	N=333	N=79 *
Yes	49% E	47%	61% ABDEf	46%	41%	46%
No	51% C	53% C	39%	54% C	59% AC	54% c
* Table Base:	US RESPONDENT	-S				
QS2Q3: Have you ever received ment	al healthcare from a professiona	l (e.g., counselor, thera	pist, psychiatrist) durir	ng each of the followi	ng time frames?	
Any time before the COVID-19 pander	mic					
	Total (A)	Gen Z 18-24 (B)	Millennials 25-40 (C) Gen X 41-56 (D)	Boomers 57-75 (E)	Silent 76-93 (F)
Total	N=1060	N=121	N=305	N=252	N=309	N=73 *
Total (Unweighted)	N=1060	N=97 *	N=318	N=233	N=333	N=79 *

Total	N=1060		N=121		N=305		N=252		N=309		N=73	*
Total (Unweighted)	N=1060		N=97	*	N=318		N=233		N=333		N=79	*
Yes	29%	EF	29%	eF	38%	AEF	34%	EF	18%		13%	
No	69%	С	66%		58%		64%		81%	ABCD	87%	ABCD
Decline to answer	2%		5%	E	3%		1%		1%		0%	
* Table Base:	US RESP	ONDENTS	;									
Since the COVID-19 pandemic began												
	Total (A)	Gen Z 1	8-24 (B)	Millenni	ials 25-40	(C) Gen X 4	1-56 (D)	Boomer	s 57-75 (E)	Silent 76	5-93 (F)
Total	N=1060		N=121		N=305		N=252		N=309		N=73	*
Total (Unweighted)	N=1060		N=97	*	N=318		N=233		N=333		N=79	*
Yes	22%	EF	22%	eF	31%	AEF	28%	EF	13%	F	2%	
No	76%	С	73%		67%		70%		86%	ABCD	98%	ABCDE

* Table Base: US RESPONDENTS

Decline to answer

2%

QS2Q4: Which of the following are reasons why you chose to seek mental healthcare from a professional for the first time during the COVID-19 pandemic? Please select all that apply.

3%

1%

0%

	Total (A	.)	Gen Z 1	8-24 (B)	Millenn	ials 25-40	(C) Gen X 4	1-56 (D)	Boomei	rs 57-75 (E)	Silent 7	6-93 (F)
Total	N=55	*	N=8	**	N=22	**	N=15	**	N=11	**	N=0	**
Total (Unweighted)	N=52	*	N=10	**	N=22	**	N=12	**	N=8	**	N=0	**
Increasing level of anxiety	51%		34%		46%		70%		45%		0%	
Increasing level of depression	39%		35%		53%		35%		17%		0%	
Another medical professional or my primary car	e											
physician recommended it	36%		21%		32%		44%		44%		0%	
Work-related stress or problems	34%		18%		33%		67%	E	0%		0%	
Relationship-related stress or problems	21%		35%		38%		4%		0%		0%	
I planned to start before the pandemic, but fina	lly got											
around to it during the pandemic	16%		37%		27%		0%		0%		0%	

Change in my financial situation allowed me to a	fford					
mental healthcare	15%	31%	9%	28%	0%	0%
Stress or problems related to a change in my fina	ncial					
situation	14%	18%	28%	4%	0%	0%
Change in my personal schedule that allowed me	e to					
start making appointments	12%	6%	9%	28%	0%	0%
A friend of family member recommended it	12%	12%	11%	22%	0%	0%
Availability of teletherapy	8%	12%	7%	4%	10%	0%
Other	3%	8%	0%	6%	0%	0%
Count	2.60	2.66	2.92	3.11	1.16	0.00

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC ONLY

QS2Q5: In which of the following ways have you met with a mental healthcare professional during the COVID-19 pandemic? Please select all that apply.

	Total (A)	Gen Z 18-24 (B)		Millennials 25-40 (C) Gen X 41-56 (D)		Boomers 57-75 (E)		Silent 76-93 (F)			
Total	N=234	N=27	**	N=95	*	N=70	*	N=41	*	N=2	**
Total (Unweighted)	N=239	N=26	**	N=106		N=66	*	N=37	*	N=4	**
Over a video call (on any device)	58%	57%		67%	d	49%		53%		40%	
In person	53%	45%		49%		63%		49%		80%	
Over an audio call (e.g., over the phone)	40%	58%	df	46%	d	29%		34%		0%	
Other	1%	0%		0%		0%		3%		0%	
Count	1.51	1.60		1.62		1.41		1.39		1.20	

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS2Q6: Which of the following best describes how the mental healthcare you received during the COVID-19 pandemic was paid for? If you paid using more than one of the following means, please select the one you used most often.

	Total (A)	Gen Z 18-2	24 (B)	Millennial	s 25-40 (C)	Gen X 41-	56 (D)	Boomers !	57-75 (E)	Silent 76-9	93 (F)
Total	N=234	N=27	**	N=95	*	N=70	*	N=41	*	N=2	**
Total (Unweighted)	N=239	N=26	**	N=106		N=66	*	N=37	*	N=4	**
Insurance covered the cost in full	44%	36%		35%		50%		59%	С	20%	
Insurance covered some or most of the cost, and I											
had to pay a copay/coinsurance	28%	28%		35%		19%		29%		49%	
Completely out of pocket (insurance covered nothing)	10%	11%		12%		11%		3%		0%	
Sliding scale fee (i.e., pay what you can afford)	9%	11%	e	11%	е	10%		0%		0%	
Nothing, it was free	8%	12%		7%		10%		6%		31%	
Other	1%	2%		0%		0%		3%		0%	

* Table Base: RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS2Q7: Do you plan to continue receiving mental healthcare from a professional after the COVID-19 pandemic has ended?

	Total (A)	Gen Z 18-24 (B)	Millennials 25-40 (C) Gen X 41-	56 (D) Boomers	s 57-75 (E)	Silent 76-93 (F)	
Total	N=234	N=27 **	N=95 * N=70	* N=41	*	N=2 **	
Total (Unweighted)	N=239	N=26 **	N=106 N=66	* N=37	*	N=4 **	
Yes	80%	75%	82% 82%	73%		100%	
No	14%	23%	15% 11%	15%		0%	
Not sure	6%	2%	3% 7%	12%	С	0%	

QS2S1: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

T-4-1	Total (A)	Gen Z 18-	24 (B)	Millennials 25-40 (C)	• •	Boomers 57-75 (E)	Silent 76-9	93 (F)
Total	1,060	121	*	305	252	309	73	1
Total (Unweighted)	1,060	97	*	318	233	333	79	*
Medicare/Medicaid	403	28		76	51	185	64	
Employer-sponsored (e.g., health insurance provided	l							
by an employer, COBRA)	349	11		123	107	104	5	
Private (i.e., health insurance purchased on my own)		14		49	41	29	14	
Public marketplace (i.e., health insurance provided b	у							
federal or state government)	69	12		28	20	7	0	
Veterans insurance	54	1		14	17	14	9	
School-sponsored (i.e., health insurance for students	;							
provided by a university)	39	13		22	2	2	0	
I am covered by a parent's or guardian's insurance in								
addition to another insurance account	22	15		7	0	0	0	
I am only covered by a parent's or guardian's								
insurance account	13	10		2	0	0	0	
Other	10	0		0	0	4	6	
Not sure	30	16		9	1	3	0	
N/A - I do not have health insurance.	108	24		46	27	11	0	
Count	1.17	1.19		1.24	1.06	1.16	1.33	

* Table Base: US RESPONDENTS

QS2Q1: Which of the following medical services have you put off in the last 3 months due to the COVID-19 pandemic? Please select all that apply.

	Total (A)	Gen Z 18-24 (B)	Millennials 25-40 (C) Gen X 41-56 (D)	Boomers 57-75 (E)	Silent 76-93 (F)
Total	1,060	121	305	252	309	73 *
Total (Unweighted)	1,060	97 *	318	233	333	79 *
Dental exam/cleaning	317	43	114	88	65	8
NET: NON-ROUTINE APPOINTMENTS	301	46	135	67	51	2
Specialist doctor appointment (e.g., dermat	ologist,					
orthopedic doctor, cardiologist)	191	26	90	40	34	1
Mental health appointment (e.g., counseling	g or					
therapy)	145	28	67	33	17	0
Non-life-threatening surgery	64	4	33	20	6	1
Annual check-up/physical	267	28	111	68	52	6
Eye exam	253	16	93	68	71	5
Other	34	4	5	14	9	2
None	264	23	40	49	114	38
N/A - I have not needed any medical services in	n the pa 226	22	56	47	79	20
Count	1.66	1.60	2.00	1.70	1.45	1.13

* Table Base: US RESPONDENTS

QS2Q2: Have you ever used telehealth services (i.e., health-related services or appointments over a phone, tablet, or computer) during each of the following timeframes?

	Total (A)	Gen Z	18-24 (B)	Millennials 25-40 (C)	Gen X 41-56 (D)	Boomers 57-75 (E)	Silent 76	6-93 (F)
Total	1,060	121		305	252	309	73	*
Total (Unweighted)	1,060	97	*	318	233	333	79	*
Yes	247	24		120	49	41	13	
No	813	97		185	203	268	60	
* Table Base:	US RESPONDENT	S						
Since the COVID-19 pandemic began								
	Total (A)	Gen Z 18-24 (B)		Millennials 25-40 (C)	Gen X 41-56 (D)	Boomers 57-75 (E)	Silent 76	6-93 (F)
Total	1,060	121		305	252	309	73	*
Total (Unweighted)	1,060	97	*	318	233	333	79	*
Yes	520	57		187	117	126	33	
No	540	64		118	135	183	39	
* Table Base:	US RESPONDENT	S						

QS2Q3: Have you ever received mental healthcare from a professional (e.g., counselor, therapist, psychiatrist) during each of the following time frames?

Any time before the COVID-19 pandemic

	Total (A)	Gen Z 1	8-24 (B)	Millennials 25-40 (C	C) Gen X 41-56 (D)	Boomers 57-75 (E)	Silent 7	6-93 (F)
Total	1,060	121		305	252	309	73	*
Total (Unweighted)	1,060	97	*	318	233	333	79	*
Yes	304	35		117	86	56	10	
No	733	79		178	163	250	63	
Decline to answer	22	6		10	4	3	0	
* Table Base:	US RESPONDENTS							
Since the COVID-19 pandemic began								
	Total (A)	Gen Z 1	8-24 (B)	Millennials 25-40 (C) Gen X 41-56 (D)		Boomers 57-75 (E)	Silent 7	6-93 (F)
Total	1,060	121		305	252	309	73	*
Total (Unweighted)	1,060	97	*	318	233	333	79	*
Yes	234	27		95	70	41	2	
No	806	89		205	176	265	71	
Decline to answer	20	5		5	7	3	0	
* Table Base:	US RESPONDENTS							

QS2Q4: Which of the following are reasons why you chose to seek mental healthcare from a professional for the first time during the COVID-19 pandemic? Please select all that apply.

	Total (A)	Gen Z	18-24 (B)	Millen	nials 25-40	(C) Gen X	41-56 (D)	Boom	ers 57-75 (E)	Silent	76-93 (F)
Total	55	*	8	**	22	**	15	**	11	**	0	**
Total (Unweighted)	52	*	10	**	22	**	12	**	8	**	0	**
Increasing level of anxiety	28		3		10		10		5		0	
Increasing level of depression	21		3		12		5		2		0	
Another medical professional or my primary ca	ire											
physician recommended it	20		2		7		6		5		0	
Work-related stress or problems	19		1		7		10		0		0	
Relationship-related stress or problems	12		3		8		1		0		0	
I planned to start before the pandemic, but fin-	ally got											
around to it during the pandemic	9		3		6		0		0		0	

Change in my financial situation allowed me to a	fford					
mental healthcare	9	2	2	4	0	0
Stress or problems related to a change in my fina	ıncial					
situation	8	1	6	1	0	0
Change in my personal schedule that allowed me	e to					
start making appointments	7	0	2	4	0	0
A friend of family member recommended it	6	1	2	3	0	0
Availability of teletherapy	4	1	2	1	1	0
Other	1	1	0	1	0	0
Count	2.60	2.66	2.92	3.11	1.16	0.00

RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC ONLY

QS2Q5: In which of the following ways have you met with a mental healthcare professional during the COVID-19 pandemic? Please select all that apply.

	Total (A)	Gen Z 18-24 (B)		.,			Boome	rs 57-75 (E)	Silent 76-93 (F)		
Total	234	27	**	95	*	70	*	41	*	2	**
Total (Unweighted)	239	26	**	106		66	*	37	*	4	**
Over a video call (on any device)	135	15		63		34		22		1	
In person	123	12		46		44		20		1	
Over an audio call (e.g., over the phone)	94	16		44		21		14		0	
Other	1	0		0		0		1		0	
Count	1.51	1.60		1.62		1.41		1.39		1.20	

* Table Base:

RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS2Q6: Which of the following best describes how the mental healthcare you received during the COVID-19 pandemic was paid for? If you paid using more than one of the following means, please select the one you used most often.

	Total (A)	Gen Z 1	L8-24 (B)	Millenn	ials 25-40 (C)	Gen X	41-56 (D)	Boome	ers 57-75 (E)	Silent 7	6-93 (F)
Total	234	27	**	95	*	70	*	41	*	2	**
Total (Unweighted)	239	26	**	106		66	*	37	*	4	**
Insurance covered the cost in full	102	10		33		35		24		0	
Insurance covered some or most of the cost, and I											
had to pay a copay/coinsurance	66	7		33		13		12		1	
Completely out of pocket (insurance covered nothing)) 23	3		11		8		1		0	
Sliding scale fee (i.e., pay what you can afford)	21	3		11		7		0		0	
Nothing, it was free	20	3		7		7		3		1	
Other	2	1		0		0		1		0	

* Table Base:

RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS2Q7: Do you plan to continue receiving mental healthcare from a professional after the COVID-19 pandemic has ended?

	Total (A)	Gen Z 18	-24 (B)	Millenn	ials 25-40 (C	Gen X 4	1-56 (D)	Boome	rs 57-75 (E)	Silent 7	76-93 (F)
Total	234	27	**	95	*	70	*	41	*	2	**
Total (Unweighted)	239	26	**	106		66	*	37	*	4	**
Yes	186	20		78		57		30		2	
No	34	6		14		8		6		0	
Not sure	14	1		3		5		5		0	

* Table Base:

QS2S1: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

	Total (A)	Employe	er-sponsore	d Private (C)	Public m	arketplace	(I Private o	r Public Ma	ı Medicare	e/Medicaid	(Multiple	(G)
Total	N=1060	N=349		N=148		N=69	*	N=203		N=403		N=130	
Total (Unweighted)	N=1060	N=304		N=125		N=71	*	N=184		N=485		N=128	
Medicare/Medicaid	38%	12%		25%	В	20%		21%	В	100%	BCDEG	67%	BCDE
Employer-sponsored (e.g., health insurance provided	d												
by an employer, COBRA)	33%	100%	CDEFG	14%		25%	F	15%		11%		53%	CDEF
Private (i.e., health insurance purchased on my own)) 14%	6%		100%	BDEFG	19%	Bf	73%	BDFG	9%		42%	BDF
Public marketplace (i.e., health insurance provided b	у												
federal or state government)	6%	5%		9%	F	100%	BCEFG	34%	BCF	3%		25%	BCF
Veterans insurance	5%	4%		9%		12%	bF	7%		4%		23%	BCEF
School-sponsored (i.e., health insurance for students	S												
provided by a university)	4%	4%		8%	f	16%	BF	8%	f	3%		20%	BCEF
I am covered by a parent's or guardian's insurance in	1												
addition to another insurance account	2%	1%		1%		2%		1%		0%		6%	BcEF
I am only covered by a parent's or guardian's													
insurance account	1%	0%		0%		0%		0%		0%		0%	
Other	1%	0%		0%		0%		0%		2%	b	0%	
Not sure	3%	0%		0%		0%		0%		0%		0%	
N/A - I do not have health insurance.	10%	0%		0%		0%		0%		0%		0%	
Count	1.17	1.32		1.65		1.94		1.58		1.33		2.37	

^{*} Table Base: US RESPONDENTS

QS2Q1: Which of the following medical services have you put off in the last 3 months due to the COVID-19 pandemic? Please select all that apply.

	Total (A)	Employer	-sponsore	ed Private	(C)	Public n	narketplac	e (I Private	or Public N	Maı Medicaı	re/Medicaio	d (Multiple	e (G)
Total	N=1060	N=349		N=148		N=69	*	N=203		N=403		N=130	
Total (Unweighted)	N=1060	N=304		N=125		N=71	*	N=184		N=485		N=128	
Dental exam/cleaning	30%	30%		41%	bF	45%	bf	40%	F	29%		37%	
NET: NON-ROUTINE APPOINTMENTS	28%	30%		35%		66%	BCEF	41%	bF	28%		50%	BcF
Specialist doctor appointment (e.g., dermat	ologist,												
orthopedic doctor, cardiologist)	18%	20%		26%		36%	BF	26%	f	18%		31%	bF
Mental health appointment (e.g., counselin	g or												
therapy)	14%	14%		18%		42%	BCEF	23%	bF	14%		29%	BF
Non-life-threatening surgery	6%	7%		15%	bF	27%	BFg	16%	BF	6%		13%	F
Annual check-up/physical	25%	29%		36%	F	39%	f	36%	F	25%		35%	f
Eye exam	24%	29%		35%	f	38%		33%	f	25%		36%	f
Other	3%	0%		3%	В	2%		3%	b	4%	В	3%	
None	25%	21%		22%		12%		20%		31%	BcDEg	21%	
N/A - I have not needed any medical services i	n the pa 21%	23%	CDEG	12%		6%		11%		17%	g	9%	
Count	1.66	1.74		2.08		2.46		2.07		1.69		2.15	

^{*} Table Base: US RESPONDENTS

QS2Q2: Have you ever used telehealth services (i.e., health-related services or appointments over a phone, tablet, or computer) during each of the following timeframes?

Total Total (Unweighted) Yes No	Total (A) N=1060 N=1060 23% 77%	Employ N=349 N=304 22% 78%	yer-sponsoi DEg	N=148 N=125 25% 75%	(c)	Public n N=69 N=71 62% 38%	narketplace * * BCEFG	N=203 N=184 34% 66%	or Public I Bf D	Mai Medicai N=403 N=485 25% 75%	e/Medica	id (Multiple N=130 N=128 32% 68%	b D
* Table Base: Since the COVID-19 pandemic began	US RESPONDENTS												
	Total (A)	Employ	yer-sponsoi	red Private	(C)	Public n	narketplace	(I Private	or Public I	Mar Medicar	e/Medica	id (Multiple	e (G)
Total	N=1060	N=349		N=148		N=69	*	N=203		N=403		N=130	
Total (Unweighted)	N=1060	N=304		N=125		N=71	*	N=184		N=485		N=128	
Yes	49%	47%		56%		68%	В	58%	b	54%		67%	BF
No	51%	53%	DeG	44%		32%		42%		46%	G	33%	
* Table Base:	US RESPONDENTS												

QS2Q3: Have you ever received mental healthcare from a professional (e.g., counselor, therapist, psychiatrist) during each of the following time frames?

US RESPONDENTS

Any time before the COVID-19 pandemic

* Table Base:

	Total (A)	Employ	er-sponso	red Private	(C)	Public n	narketplace	(I Private	or Public N	/lai Medicai	e/Medicai	id (Multiple	(G)
Total	N=1060	N=349		N=148		N=69	*	N=203		N=403		N=130	
Total (Unweighted)	N=1060	N=304		N=125		N=71	*	N=184		N=485		N=128	
Yes	29%	31%		28%		68%	BCEFG	39%	f	30%		37%	
No	69%	69%	D	72%	D	32%		60%	D	69%	D	63%	D
Decline to answer	2%	0%		1%		0%		0%		1%		0%	
* Table Base:	US RESPONDENTS												
Since the COVID-19 pandemic began													
	Total (A)	Employ	er-sponso	red Private	(C)	Public n	narketplace	(I Private	or Public N	Лаı Medicaı	e/Medicai	id (Multiple	(G)
Total	N=1060	N=349		N=148		N=69	*	N=203		N=403		N=130	
Total (Unweighted)	N=1060	N=304		N=125		N=71	*	N=184		N=485		N=128	
Yes	22%	24%		29%		39%	bF	30%		23%		29%	
No	76%	76%	D	70%		60%		69%		75%	d	70%	
Decline to answer	2%	0%		1%		1%		1%		1%		1%	

QS2Q4: Which of the following are reasons why you chose to seek mental healthcare from a professional for the first time during the COVID-19 pandemic? Please select all that apply.

	Total (A))	Employ	er-sponso	red Private	(C)	Public i	marketpla	e (I Private	or Public	Maı Medicaı	re/Medic	aid (Multipl	le (G)
Total	N=55	*	N=18	**	N=13	**	N=3	**	N=15	**	N=19	**	N=7	**
Total (Unweighted)	N=52	*	N=13	**	N=10	**	N=4	**	N=13	**	N=22	**	N=7	**
Increasing level of anxiety	51%		37%		74%		49%		67%		62%		55%	
Increasing level of depression	39%		58%		19%		49%		19%		28%		29%	
Another medical professional or my primary care	e													
physician recommended it	36%		27%		45%		80%		48%		45%		29%	
Work-related stress or problems	34%		44%		54%		31%		54%	f	18%		29%	
Relationship-related stress or problems	21%		34%		4%		11%		6%		20%		12%	
I planned to start before the pandemic, but final	lly got													
around to it during the pandemic	16%		8%		22%		0%		19%		13%		27%	

Change in my financial situation allowed me to afford	d										
mental healthcare	15%	1%	41%	bF	0%		36%	bF	3%	0%	
Stress or problems related to a change in my financia	al										
situation	14%	3%	22%		49%	b	21%		15%	49%	b
Change in my personal schedule that allowed me to											
start making appointments	12%	3%	36%	f	11%		34%	f	3%	11%	
A friend of family member recommended it	12%	12%	3%		31%		9%		13%	5%	
Availability of teletherapy	8%	2%	13%		38%		11%		12%	24%	
Other	3%	0%	0%		0%		0%		7%	0%	
Count	2.60	2.30	3.32		3.51		3.23		2.40	2.69	

RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC ONLY

QS2Q5: In which of the following ways have you met with a mental healthcare professional during the COVID-19 pandemic? Please select all that apply.

	Total (A)	Employe	er-sponso	red Private	(C)	Public n	narketpla	ce (I Private	or Public	Maı Medicar	e/Medica	id (Multipl	e (G)
Total	N=234	N=83	*	N=43	*	N=27	**	N=62	*	N=93	*	N=38	*
Total (Unweighted)	N=239	N=81	*	N=34	*	N=28	**	N=53	*	N=106		N=40	*
Over a video call (on any device)	58%	60%		67%		79%		70%		58%		73%	
In person	53%	54%		49%		55%		50%		52%		49%	
Over an audio call (e.g., over the phone)	40%	35%		61%	В	65%	b	57%	b	43%		61%	В
Other	1%	0%		0%		0%		0%		1%		0%	
Count	1.51	1.49		1.77		1.99		1.77		1.55		1.83	

* Table Base:

RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS2Q6: Which of the following best describes how the mental healthcare you received during the COVID-19 pandemic was paid for? If you paid using more than one of the following means, please select the one you used most often.

	Total (A)	Employe	er-sponso	red Private	(C)	Public n	narketpla	ce (I Private	or Public	Mar Medicar	e/Medica	aid (Multiple (G)	,
Total	N=234	N=83	*	N=43	*	N=27	**	N=62	*	N=93	*	N=38 *	
Total (Unweighted)	N=239	N=81	*	N=34	*	N=28	**	N=53	*	N=106		N=40 *	
Insurance covered the cost in full	44%	40%		39%		38%		42%		52%		47%	
Insurance covered some or most of the cost, and I													
had to pay a copay/coinsurance	28%	40%	cfg	19%		31%		24%		24%		20%	
Completely out of pocket (insurance covered noth	ing) 10%	8%		19%	f	12%		16%		6%		9%	
Sliding scale fee (i.e., pay what you can afford)	9%	12%		21%		13%		15%		9%		21%	
Nothing, it was free	8%	1%		2%		6%		3%		8%	b	3%	
Other	1%	0%		0%		0%		0%		2%		0%	

* Table Base:

RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS2Q7: Do you plan to continue receiving mental healthcare from a professional after the COVID-19 pandemic has ended?

	Total (A)	Employe	er-sponso	ored Private	(C)	Public n	narketpla	ce (I Private	or Public	Mar Medicar	e/Medica	id (Multiple	(G)
Total	N=234	N=83	*	N=43	*	N=27	**	N=62	*	N=93	*	N=38	*
Total (Unweighted)	N=239	N=81	*	N=34	*	N=28	**	N=53	*	N=106		N=40	*
Yes	80%	86%		96%	F	79%		89%		77%		91%	
No	14%	13%		3%		21%	С	9%		12%		8%	
Not sure	6%	1%		2%		0%		1%		11%	В	1%	

* Table Base:

QS2S1: Which of the following type(s) of health insurance do you currently have? Please select all that apply.

	Total (A)	Employer-sponsored	l Private (C)	Public mark	etplace (I	Private or Public Ma	Medicare/Medicaid	(Multiple (G)
Total	1,060	349	148	69 *		203	403	130
Total (Unweighted)	1,060	304	125	71 *		184	485	128
Medicare/Medicaid	403	43	37	13		44	403	86
Employer-sponsored (e.g., health insurance provided								
by an employer, COBRA)	349	349	21	17		30	43	69
Private (i.e., health insurance purchased on my own)	148	21	148	13		148	37	55
Public marketplace (i.e., health insurance provided by	/							
federal or state government)	69	17	13	69		69	13	33
Veterans insurance	54	15	13	8		14	17	29
School-sponsored (i.e., health insurance for students								
provided by a university)	39	14	12	11		15	14	26
I am covered by a parent's or guardian's insurance in								
addition to another insurance account	22	2	1	1		2	2	8
I am only covered by a parent's or guardian's								
insurance account	13	0	0	0		0	0	0
Other	10	0	0	0		0	7	1
Not sure	30	0	0	0		0	0	0
N/A - I do not have health insurance.	108	0	0	0		0	0	0
Count	1.17	1.32	1.65	1.94		1.58	1.33	2.37

^{*} Table Base: US RESPONDENTS

QS2Q1: Which of the following medical services have you put off in the last 3 months due to the COVID-19 pandemic? Please select all that apply.

	Total (A)	Employer-spor	nsored Private (C)	Public marketplace (I Private or Public Mar Medicare/Medicaid (Multi							
Total	1,060	349	148	69	* 203	403	130				
Total (Unweighted)	1,060	304	125	71	* 184	485	128				
Dental exam/cleaning	317	106	61	31	81	117	48				
NET: NON-ROUTINE APPOINTMENTS	301	106	51	45	83	112	65				
Specialist doctor appointment (e.g., dermatolog	gist,										
orthopedic doctor, cardiologist)	191	69	38	25	53	73	40				
Mental health appointment (e.g., counseling or											
therapy)	145	51	27	29	46	55	38				
Non-life-threatening surgery	64	26	22	18	33	24	17				
Annual check-up/physical	267	100	54	27	73	100	46				
Eye exam	253	103	51	26	68	99	46				
Other	34	1	5	1	6	17	3				
None	264	75	32	8	40	127	28				
N/A - I have not needed any medical services in th	e pa 226	79	18	4	22	69	12				
Count	1.66	1.74	2.08	2.46	2.07	1.69	2.15				

^{*} Table Base: US RESPONDENTS

QS2Q2: Have you ever used telehealth services (i.e., health-related services or appointments over a phone, tablet, or computer) during each of the following timeframes?

	Total (A)	Employer-sp	Public	marketpla	ace (I Private or P	ublic Maı Medicare/M	ledicaid (Multiple (G)		
Total	1,060	349	148	69	*	203	403	130	
Total (Unweighted)	1,060	304	125	71	*	184	485	128	
Yes	247	76	37	43		70	100	42	
No	813	274	112	26		134	304	88	
* Table Base:	US RESPONDEN	ITS							
Since the COVID-19 pandemic began									
	Total (A)	Employer-sp	oonsored Private (C)	Public	marketpla	ace (I Private or P	ublic Maı Medicare/Medicaid (Multiple (G		
Total	1,060	349	148	69	*	203	403	130	
Total (Unweighted)	1,060	304	125	71	*	184	485	128	
Yes	520	163	83	47		119	218	87	
No	540	186	65	22		85	185	43	

* Table Base: US RESPONDENTS

QS2Q3: Have you ever received mental healthcare from a professional (e.g., counselor, therapist, psychiatrist) during each of the following time frames?

Total (A)

US RESPONDENTS

Any time before the COVID-19 pandemic

* Table Base:

	, ,							
Total	1,060	349	148	69	*	203	403	130
Total (Unweighted)	1,060	304	125	71	*	184	485	128
Yes	304	108	41	47		80	119	47
No	733	241	106	22		123	278	82
Decline to answer	22	0	1	0		1	6	0
* Table Base:	US RESPONDEN	ITS						
Since the COVID-19 pandemic began								
	Total (A)	Employer-sp	oonsored Private (C)	Public	marketpla	ice (I Private or Pu	olic Maı Medicare/M	edicaid (Multiple (G)
Total	Total (A) 1,060	Employer-sp 349	oonsored Private (C) 148	Public 69	marketpla	ice (I Private or Pu	olic Maı Medicare/M 403	edicaid (Multiple (G) 130
Total Total (Unweighted)			• •		marketpla * *	•	•	
	1,060	349	148	69	marketpla * *	203	403	130
Total (Unweighted)	1,060 1,060	349 304	148 125	69 71	marketpla * *	203 184	403 485	130 128
Total (Unweighted) Yes	1,060 1,060 234	349 304 83	148 125 43	69 71 27	marketpla * *	203 184 62	403 485 93	130 128 38

Public marketplace (I Private or Public Mar Medicare/Medicaid (Multiple (G)

Employer-sponsored Private (C)

QS2Q4: Which of the following are reasons why you chose to seek mental healthcare from a professional for the first time during the COVID-19 pandemic? Please select all that apply.

	Total (A)		Emplo	Employer-sponsored Private (C)				Public marketplace (I Private or Public Mar Medicare/Medicaid (Multiple (G)								
Total	55	*	18	**	13	**	3	**	15	**	19	**	7	**		
Total (Unweighted)	52	*	13	**	10	**	4	**	13	**	22	**	7	**		
Increasing level of anxiety	28		7		10		1		10		12		4			
Increasing level of depression	21		11		2		1		3		5		2			
Another medical professional or my primary ca	re															
physician recommended it	20		5		6		2		7		9		2			
Work-related stress or problems	19		8		7		1		8		3		2			
Relationship-related stress or problems	12		6		1		0		1		4		1			
I planned to start before the pandemic, but fina	ally got															
around to it during the pandemic	9		2		3		0		3		2		2			

Change in my financial situation allowed me to a	fford						
mental healthcare	9	0	5	0	5	1	0
Stress or problems related to a change in my fina	incial						
situation	8	1	3	1	3	3	3
Change in my personal schedule that allowed me	e to						
start making appointments	7	1	5	0	5	1	1
A friend of family member recommended it	6	2	0	1	1	3	0
Availability of teletherapy	4	0	2	1	2	2	2
Other	1	0	0	0	0	1	0
Count	2.60	2.30	3.32	3.51	3.23	2.40	2.69

RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC ONLY

QS2Q5: In which of the following ways have you met with a mental healthcare professional during the COVID-19 pandemic? Please select all that apply.

	Total (A)	Employer-sponsored Private (C)					Public marketplace (I Private or Public Mar Medicare/Medicaid (Multiple (G								
Total	234	83	*	43	*	27	**	62	*	93	*	38	*		
Total (Unweighted)	239	81	*	34	*	28	**	53	*	106		40	*		
Over a video call (on any device)	135	50		29		21		43		54		28			
In person	123	45		21		15		31		49		19			
Over an audio call (e.g., over the phone)	94	29		26		17		35		40		23			
Other	1	0		0		0		0		1		0			
Count	1.51	1.49		1.77		1.99		1.77		1.55		1.83			

* Table Base:

RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS2Q6: Which of the following best describes how the mental healthcare you received during the COVID-19 pandemic was paid for? If you paid using more than one of the following means, please select the one you used most often.

	Total (A)	Employer-sponsored Private (C)				Public marketplace (I Private or Public Mar Medicare/Medicaid (Multiple (
Total	234	83	*	43	*	27	**	62	*	93	*	38	*
Total (Unweighted)	239	81	*	34	*	28	**	53	*	106		40	*
Insurance covered the cost in full	102	33		17		10		26		48		18	
Insurance covered some or most of the cost, and I													
had to pay a copay/coinsurance	66	33		8		8		15		22		8	
Completely out of pocket (insurance covered nothing	ng) 23	7		8		3		10		6		3	
Sliding scale fee (i.e., pay what you can afford)	21	10		9		4		9		8		8	
Nothing, it was free	20	1		1		2		2		7		1	
Other	2	0		0		0		0		2		0	

* Table Base:

RECEIVED MENTAL HEALTHCARE FROM A PROFESSIONAL DURING THE PANDEMIC

QS2Q7: Do you plan to continue receiving mental healthcare from a professional after the COVID-19 pandemic has ended?

	Total (A)	Emplo	yer-sponso	ored Privat	e (C)	Public	marketpla	ce (I Private	e or Public	Maı Medica	re/Medic	aid (Multip	le (G)
Total	234	83	*	43	*	27	**	62	*	93	*	38	*
Total (Unweighted)	239	81	*	34	*	28	**	53	*	106		40	*
Yes	186	72		41		21		55		72		35	
No	34	10		1		6		6		11		3	
Not sure	14	1		1		0		1		11		0	

* Table Base: